

ROCHESTER AREA

CHAMBER OF COMMERCE

Virtual AM Espresso | 02.05.2021
Chat

08:06:47 From **Karlene Tutewohl** :
yes!

08:08:59 From **Kayla Blunt** :
Thank you for doing everything you do Linda!

08:10:49 From **Doug Schommer** :
Thank you for what you do you have a good heart

08:11:00 From **Dawn Kirchner** :
We have come a long way including People with Disabilities within our communities and we still have work to do!

08:11:54 From **Kayla Blunt** :
What is the update on Wines of the World this year?

08:12:41 From **Melanie Brennan** :
Achieve an inclusive world!

08:12:50 From **Bear Creek Services --- Brian** :
Hi Kayla... no Wines of the World this year.... but we will be offering socially distanced wine dinners at various restaurants... and also have the online auction. More info coming soon!

08:12:55 From **Kelly Rae Kirkpatrick** :
Thank you, Linda. Having a sibling that relies on support from her group home, and day supports from PoSM, I care deeply about the current stressors that all of you are under. Thanks for your good work as one of only two non-profit long-term care providers in the community.

08:13:08 From **Tracy Schramm** :
Beautifully said Linda - on changing the world for people with disabilities.

08:13:43 From **Paulette Teigen** :
we love your services and will continue to be a Bear Creek supporter!

08:14:46 From **Andy Thilges : Linda and Brian**:
Thanks for providing a warm and caring community for so many members of our community. Good luck in 2021! Andy Thilges, Home2 Suites by Hilton.

Poll Responses

08:15:04 From **Melanie Brennan** : 1979

08:15:05 From **Kristine Ihrke** : 1968

08:15:05 From **Kai Giese** : 1978
08:15:05 From **LindseyHemker** : 1973
08:15:05 From **Kelly Rae Kirkpatrick** : 1970's
08:15:05 From **Ron D. Hanson** : 1970
08:15:06 From **Kurt Nelson - Metronet** : 1982
08:15:07 From **SUSANBOEHM - Workforce Development, Inc.** : 1985
08:15:07 From **Dawn Kirchner** : 1970
08:15:08 From **Kayla Blunt** : 1950
08:15:08 From **Julie Kiehne WSU** : 1966
08:15:10 From **Andy Thilges** : 1960
08:15:10 From **Jay Stoyles** : 1950
08:15:11 From **Karlene Tutewohl** : 1950
08:15:11 From **Nick** : 1955
08:15:12 From **Julie Haldeman** : 1989
08:15:12 From **Stephen Rose / SLR Computers** : 1958
08:15:14 From **Rochester Chamber** : 1968
08:15:15 From **Dan Nelson** : 1977
08:15:16 From **Brent Ackerman** : 1962
08:15:16 From **Jennifer Teske** : 1950
08:15:17 From **Libby Henslin** : 1986
08:15:24 From **Micah Johnson, Solar Connection** : 1642
08:15:25 From **Paulette Teigen** : 1970
08:15:26 From **Karen** : 1975

08:16:05 From **Kelly Rae Kirkpatrick** :
WHOA - Nice job!

08:18:22 From **Bear Creek Services- Linda Driessen** :
Congratulations ABC!

08:18:29 From **Julie Kiehne WSU** :
We appreciate ALL you in caring for all the people at ABC!

08:19:41 From **Paulette Teigen** :
congratulations ABC! you have such great services! Paulette Teigen -Premium Support

08:19:54 From **Doug Schommer** :
God bless you for what you do

08:20:41 From **Andy Thilges** :
ABC, a big salute to you on celebrating 65 years strong! May 2021 bring brighter days ahead. Andy Thilges, Home2 Suites.

08:21:47 From **Jay Stoyles** :
Congrats ABC for 65 Years! Such a great asset for our community

08:22:38 From **Karlene Tutewohl** :

Congrats on 65 years!!! Hi Crystal!

08:23:10 From Tracy Schramm :
Great story Crystal!

08:23:33 From Kayla Piltz :
65 years is such an accomplishment we all love what you're doing and so does the community! Thank you for all you do!

08:24:36 From Lisa Lingle Salt & Pepper Photography :
Congratulations on 65 years!

08:27:03 From Stephen Rose / SLR Computers :
Congratulations ABC on 65 strong years. You are a great asset to the community.

08:27:24 From Crystal Heim (Ability Building Community) :
Thank you everyone , we appreciate your support for ABC!

08:27:37 From LindseyHemker :
Hi Melanie! So great to see you!

08:27:41 From Ron Hanson - Madonna Meadows :
Happy Friday Morning from Ron Hanson, Benedictine Madonna Meadows (Proud Chamber Ambassador and newly elected Board President of ExercisAbilities). We are blessed to have such great organizations as featured today in our community. Three I am proud to support.

08:30:37 From Kai Giese :
my internship at Exercisabilities was so rewarding and such a great impact in the community. Great job Melanie!

08:30:52 From Wayne Stenberg - ABC :
Thank you, everyone!

08:30:57 From Paulette Teigen :
what a great business and filling such an important need. thank you Exercise Ability!

08:31:00 From Bear Creek Services- Linda Driessen :
We appreciate our partnership with Exercisabilities! Thanks for all you do.

08:31:52 From LindseyHemker :
Exercisabilities has been a great partner with the children's museum to provide resources during our Discovery Play nights for children with special needs! Thank you Melanie!

08:32:10 From Karlene Tutewohl :
What a great vision Melanie! Bless you! How do people get a hold of you and how do they contact Exercise Abilities?

08:32:19 From Bear Creek Services --- Brian :

A lot of people Bear Creek Services supports are also supported by ABC and ExerciseAbilities. All 3 organizations work very well together.

08:33:06 From Wayne Stenberg - ABC :
Great work Bear Creek Services and Exercisabilities! .

08:33:08 From Karen :
They have a great stroke program

08:33:53 From Tracy Schramm :
Glad you've been able to stay open. PT and exercise are so critical to our health as people with disabilities.

08:33:54 From Julie Kiehne WSU :
Hello Melanie, so inspiring to hear your story as we met early in your journey and now you have grown to 30 employees! Thank you for your valuable work!

08:35:34 From Andy Thilges- Home2 Suites by Hilton :
To Melanie and the Exercisabilities Team- Way to go! Congratulations on your 10 year anniversary. May you continue to thrive in your support for others! Andy Thilges, Home2 Suites by Hilton!

08:36:06 From Stephen Rose / SLR Computers :
Melanie thank you for all you do. It is great that Rochester has so many organizations that care about the underserved members of our community.

08:36:19 From Kelly Rae Kirkpatrick :
Way to go, Exercisabilities! Great story.

08:39:49 From Dawn Kirchner :
https://us02web.zoom.us/meeting/register/tZMpd-2qqDkrH9Clcq6jVUSWuExMpUkM61_Z

08:40:46 From Dawn Kirchner :
Please feel free to reach out to Dawn Kirchner at kirchner.dawn@mayo.edu to learn more about MaxAbility

08:40:59 From Melanie Brennan :
Thanks all! Yes, many of you have been to our open houses and seen us grow! It has been a great journey!

08:46:18 From Kelly Rae Kirkpatrick :
I have to jump off - great to listen and learn. Good wishes everyone!

08:46:46 From Gerard Goulet :
Gerard Goulet - Long-Term Care Insurance Specialist, 507-269-9036 or ggoulet@ieee.org. I specialize in providing the most detailed education on the pros - and cons - of long-term care insurance so that people can accurately decide whether (or not) long-term care insurance should be used as part of their plan to help them protect their retirement assets.Gerard Goulet

08:47:42 From **Stephen Rose / SLR Computers** :
Stephen Rose owner of SLR Computers 507-512-0857

08:48:06 From **Stephen Rose / SLR Computers** :
slrdirect1@yahoo.com

08:48:28 From **Stephen Rose / SLR Computers** :
"if I cannot fix it you do not pay"

08:48:47 From **John Van Camp** :
John Van Camp Edward Jones - john.vancamp@edwardjones.com

08:49:10 From **Julie Haldeman, Schmidt Goodman Office Furniture** :
Julie Haldeman

08:49:22 From **Julie Haldeman, Schmidt Goodman Office Furniture** :
j.haldeman@schmidtgoodman.com

08:49:50 From **Paulette Teigen** :
Paulette.teigen@scorevolunteer.org. paulette@premiumsupportpro.com

08:50:38 From **Cassie** :
Cassie Ray, RCTC Business and Workforce Education, a local training resource.
Cassie.ray@rctc.edu or 507-280-3113.

08:50:49 From **Kirk** :
Kirk Rubado Profile By Sanford-Rochester Your weight loss, health coach Program
kirk.rubado@profileplan.com

08:50:57 From **Kai Giese** :
Kai Giese, Northwestern Mutual, kai.giese@nm.com 507-271-5220

08:50:58 From **Julie Kiehne WSU** :
Need help planning your employee training program? Julie Kiehne, WSU-Rochester
jkiehne@winona.edu

08:51:03 From **Shannon Day** :
Shannon Day Sales Manager Madonna Towers Living Community and I am a Chamber
Ambassador! 507-206-2212 shannon.day@benedictineliving.org

08:51:26 From **Karlene Tutewohl** :
Selling Rochester one door at a time! karlenet@remax.net

08:52:05 From **Kayla Piltz** :
Kayla Piltz, ABC6 and Twelve36 Marketing let's grab a coffee and chat marketing to find
your Covid Pivot. I have some great data to share with you all! 715-829-1199
kpiltz@kaaltv.com

08:52:24 From **Katrina Pulham** :
Katrina Pulham - Air Insanity Katrina@airinsanity.com

08:52:42 **From Libby Henslin :**
conciierge@mayo.edu 507-538-8438

08:52:46 **From Jennifer Teske :**
Check out our new program focusing on equity in our community - Culturally Power Communities - <https://www.uwolmsted.org/culturally-powered-communities>

08:53:24 **From Jay Stoyles :**
Sorry everyone.. Had to jump off for a call... Good morning and Happy Friday... Jay Stoyles with Broadway Plaza a Better Hotel Alternative

08:53:53 **From Nicki Novotne :**
Nicki Novotne
Art on the Go
Aronthegorochester.com
The Cre8tive Place
IG: https://www.instagram.com/the_cre8tive_place/
FB Page... <https://www.facebook.com/place2BCre8tive>

08:53:59 **From Kurt Nelson - Metronet :**
kurt.nelson@metronetinc.com

08:54:07 **From Rochester Chamber :**
Thank you all for a great discussion and involvement! Looking forward to the next AM Espresso. I have a meeting at 9am to jump to...Everyone have a great weekend and stay well

08:54:27 **From Ron Hanson - Madonna Meadows :**
Ron Hanson, Sales and Marketing Coordinator, Benedictine Madonna Meadows Assisted Living and Memory Care. Experienced, personalized senior care. Chamber Ambassador. Ron.Hanson@benedictineLiving.org

08:54:34 **From Kayla Blunt :**
Kayla Blunt kayla@toppers.ninja (Toppers Pizza) kayla@facetimebusinessresources.com - Sales Representative (Promotional Products/ logo'd apparel/Printing/Signage) kblunt23@gmail.com- Rochester Elks Lodge #1091

08:55:21 **From Bear Creek Services- Linda Driessen :**
Thanks again everyone! I have a 9:00 webinar I need to move to. Enjoy the chilly weather!

08:55:53 **From Mike Seaberg - SeeMe Productions :**
Mike Seaberg, SeeMe Productions, mike@seemeproductions.com

08:56:03 **From Nick Folk - Heyn Brothers Roofing :**
Nick Folk - Heyn Brothers Roofing, nick@heybrothers.com, your professional roofer serving all of southern Minnesota. www.heybrothers.com

08:56:39 **From Judy Braatz :**

Judy Braatz, Think Bank - Business Development, (507) 272-8239 jbraatz@thinkbank.com

08:56:44 From Lisa Lingle Salt & Pepper Photography :

Have a great weekend everyone, stay warm. Lisa@saltandpepperphoto.com
capturing dreams and moments for the past 30 years. www.saltandpepperphoto.com

08:57:12 From Nancy R. Peterson :

Nancy R. Becker-Peterson Nancy's Home & Garden Extravaganza, LLC and Founder
and CEO of BENCH3 Consulting, LLC (BENCH3 Initiative-Communities United SE MN)
State University WI/MN/USA for Systemic Sustainability freyourmind@kmtel.com 507-
206-7882

08:57:56 From Melanie Brennan :

Have a great weekend! Don't put you or a struggling loved ones health on hold! We
are open and here to help you move and live better! Exercisabilities.org - 507-259-7570
info@exercisabilities.org

08:58:34 From Dawn Kirchner :

Happy Friday all!

08:59:24 From Doug Schommer :

Sorry need to jump off for another meeting have a great day

08:59:59 From Emily Watkins :

Emily Watkins, Rochester Women Magazine, Emily@rwmagazine.com and 507-250-4593.
Thanks!

09:00:11 From DoubleTree :

Melissa Wiles - DoubleTree by Hilton - Specializing in safe in person events as well as HD
hybrid and virtual events and meetings. Let me help you! melissa.wiles@hilton.com or
507-529-2428

09:00:29 From Miranda-Gift of Life Transplant House :

Miranda Halling Gift of Life Transplant House Miranda@gift-of-life.org
Follow us on Facebook :D

09:01:31 From Nicki Novotne :

If anyone wants to chat... use this link... <https://calendly.com/thecreativeplace/60min>

09:03:07 From Molly Lermon :

WOOOHOOOO I love winning!!

09:04:07 From Kayla Piltz :

Happy Friday :)