

# COVID-19 positive or exposed

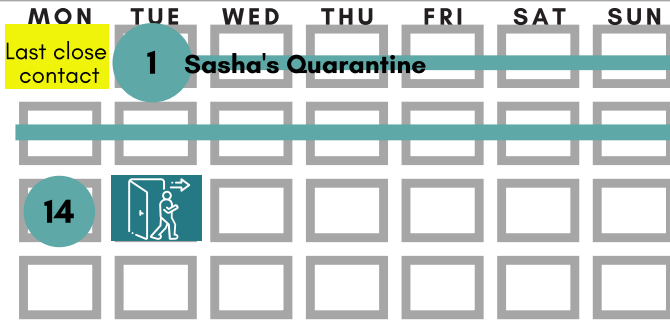


LET'S HELP STOP THE SPREAD OF  
CORONAVIRUS

WHEN CAN I BE AROUND  
OTHERS AGAIN?

## Close Contact and Quarantine SCENARIO 1

Sasha's partner gets sick on Monday and isolates in a separate room. Sasha feels well, but she was in close contact with her partner until Monday so she needs to quarantine for 14 days.



Sasha never has symptoms. Quarantine ends after day 14.

## Isolation with Lingering Symptoms SCENARIO 2

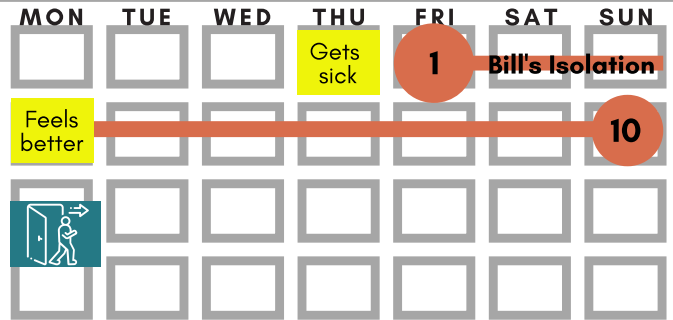
Alberto gets sick on Wednesday and has a fever and cough for ten days. He cannot end isolation until it's been ten days and he's fever-free for 24 hours.



Alberto isolates the ten days plus one extra day.

## Isolation with Brief Illness SCENARIO 3

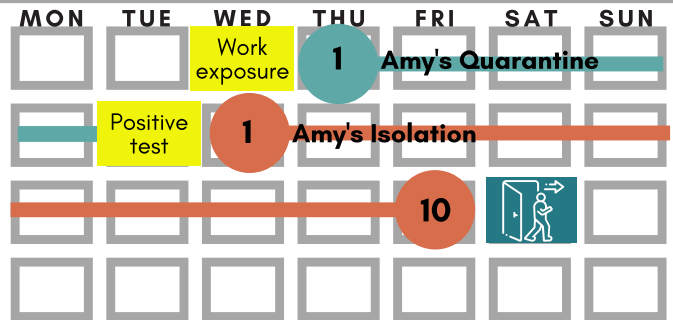
Bill gets sick on Thursday. He feels better and his fever ends on Monday. Even though he seems well earlier, he still must isolate for a full ten days since his symptoms started.



Bill's isolation ends after ten days.

## Asymptomatic Case SCENARIO 4

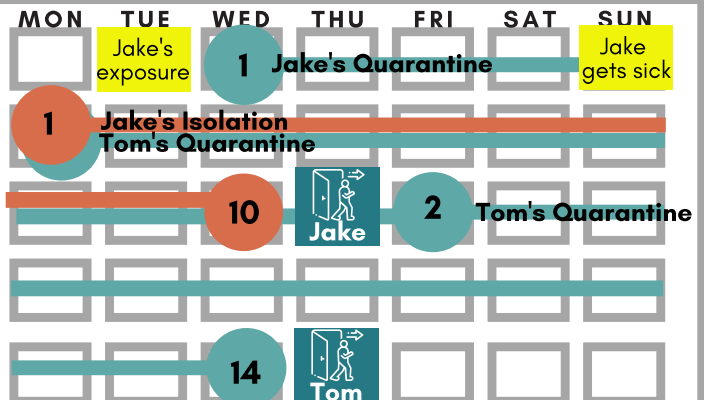
Amy's co-worker tested positive for COVID-19. Amy began to quarantine and decided to get tested after 5 days even though she never felt sick. Her test comes back positive.



The positive test starts isolation since Amy is asymptomatic.

## Household Quarantine and Isolation SCENARIO 5

Tom's son, Jake, was exposed at school. Jake quarantines for 4 days and gets sick. Now, Jake isolates and Tom quarantines. Tom cares for Jake. He is exposed until Jake's isolation ends.



Tom's quarantine starts as soon as Jake gets sick, but the 14 day count starts after Tom's last exposure to Jake.

Isolation- for people with symptoms or a positive COVID-19 test.  
Quarantine- for people who are well but who are close contacts of (i.e. exposed to) someone who is ill.  
Close contact- someone who was within 6 feet of a person who is sick for 15 minutes or more (can be cumulative) within a 24-hour period. This can be anytime during the sick person's isolation or two days before the person got sick. This is regardless of face mask use.