



Changes You Should Know

CDPHP takes its role in providing health care coverage for your employees and clients seriously. These changes take effect at the time of benefits renewal in 2023. Refer to plan documents for complete details.

LARGE GROUPS, SMALL GROUPS, INDIVIDUALS

\$0 virtual mental health care	There will be no member cost-share for mental health and substance use support from your smartphone, tablet, or computer with aptihealth, which provides personalized therapy for members ages 5 and above. The deductible will apply to qualified high deductible plans. This benefit does not apply to Individual Standard plans or Healthy New York.
Doula services reimbursement	Members can be reimbursed up to \$1,500 per pregnancy for services from a qualified doula.
Fitness tracker reimbursement	Subscribers can be reimbursed up to \$200 and covered dependents can be reimbursed up to a combined \$100 for designated wearable fitness trackers. This benefit is part of the CDPHP fitness reimbursement, and the funds count toward the maximum amount allowed for the fitness reimbursement. Healthy New York and Individual plans are now eligible for the fitness reimbursement.
CDPHP Health Hub, powered by Virgin Pulse	Complete healthy activities and challenges in a new digital wellness platform to earn CDPHP Life Points® Rewards that can be redeemed for gift cards, merchandise, or charitable donations.
Retail health clinics	Coverage at participating retail health clinics will take the primary care physician (PCP) cost-share.
Prior authorization	CDPHP would like to remind members that all genetic testing requires prior authorization.
Out-of-pocket maximum	The maximum allowable out-of-pocket maximum for HSA-qualified high deductible plans will be \$7,500 (individual) and \$15,000 (family) for 2023. The maximum allowable out-of-pocket maximum for non-high deductible plans will be \$9,100 (individual) and \$18,200 (family) for 2023.

INDIVIDUAL PLANS

Essential Plan vision network	Essential Plan members have access to the Davis Vision network which includes an expanded network of vision providers.
Individual Standard Plans	Plan design changes have been made pursuant to State and Federal requirements so the product fits into a compliant actuarial value. Some plans have been retired due to State regulations. Members will receive notification of any changes to their current plan.