

FOR IMMEDIATE RELEASE

Baptist Health Care Offers Wellness Education Seminars and Classes in December

PENSACOLA, Fla. (Dec. 2, 2019) – Baptist Health Care will provide the following free educational seminars and classes in December. These seminars support Baptist's commitment to improving the quality of life for the communities we serve.

Stroke: Causes, Symptoms and Treatment

Tuesday, Dec. 10, 11:30 a.m. lunch; noon to 1 p.m. seminar Margo Kermon, BSN, R.N., stroke coordinator, Baptist Hospital Andrews Institute Athletic Performance & Research Pavilion, 1020 Gulf Breeze Parkway, Conference Room B Reservations are required and can be made by calling 850.469.7897.

Pharmaceutical Q&A: Opioids, Foreign Pharmacies & More

Thursday, Dec. 19, 11:30 a.m. lunch; noon to 1 p.m. seminar

Dale Duce, Director of Outpatient Pharmacy Services

Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

For more information, visit www.ebaptisthealthcare.org/GoldenCare or call 850.469.7897

Baptist Health Care Stroke Program Presents: Cooking With Cruz

Thursday, Dec. 19, noon to 2 p.m. Ever'man Cooperative Grocery & Café, 315 West Garden St. To register, visit ebaptisthealthcare.org/stroke/events.

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CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or BHCMediaRelations@bhcpns.org.

About Baptist Health Care

Baptist Health Care is a community-owned, not-for-profit health care organization based in northwest Florida that is committed to helping people throughout life's journey. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center and a large network of primary care and specialty physicians. With more than 7,300 employees and employed physicians, Baptist Health Care is the second largest non-governmental employer in northwest Florida.

Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine
Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute •
Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants