FOR IMMEDIATE RELEASE

Baptist Health Care Offers Wellness Education Seminars and Classes in February

PENSACOLA, Fla. (Jan. 27, 2020) – As part of its Heart Month observance throughout February, Baptist Health Care will provide the following free educational seminars and classes about heart health. These seminars support Baptist’s commitment to improving the quality of life for the communities we serve. Reservations are required and can be made by calling 850.469.7897.

Heart Health
Wednesday, Feb. 12, 11:30 a.m. lunch; noon to 1 p.m. seminar
Thabet Alsheikh, M.D., cardiac electrophysiologist, Baptist Heart & Vascular Institute
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

Heart Health
Friday, Feb. 14, 11:30 a.m. lunch; noon to 1 p.m. seminar
Toinetta Coolie, MSN, R.N., Baptist Heart & Vascular Institute
Baptist Medical Park – Navarre, 8880 Navarre Parkway, 2nd Floor Conference Room

Heart Health
Thursday, Feb. 20, 11:30 a.m. lunch; noon to 1 p.m. seminar
Brent Videau, M.D., FACC, cardiologist, Baptist Heart & Vascular Institute
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

Implantable Devices to Manage Heart Rhythm Disorders
Friday, Feb. 28, 11:30 a.m. lunch; noon to 1 p.m. seminar
Natalia Hernandez, M.D., cardiac electrophysiologist, Baptist Heart & Vascular Institute
Andrews Institute Athletic Performance & Research Pavilion, 1020 Gulf Breeze Parkway, Conference Room B

In addition, the Faith Health Network will offer Healthy Hearts. Reservations for this class can be made by calling 850.469.7729.

Faith Health Network: Healthy Hearts
Thursday, Feb. 20, 6 to 8 p.m.
Pelbreton C. Balfour Jr., M.D., Sc.M, cardiologist, Baptist Heart & Vascular Institute
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

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CONTACT BELOW IS FOR MEDIA USE ONLY
For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or BHCMediaRelations@bhcpns.org.

About Baptist Health Care
Baptist Health Care is a community-owned, not-for-profit health care organization based in northwest Florida that is committed to helping people throughout life’s journey. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center and a large network of primary care and specialty physicians. With more than 7,300 employees and employed physicians, Baptist Health Care is the second largest non-governmental employer in northwest Florida.