



FOR IMMEDIATE RELEASE

## Baptist Health Care Offers Wellness Education Seminars and Classes in February

**PENSACOLA, Fla. (Jan. 27, 2020)** – As part of its Heart Month observance throughout February, Baptist Health Care will provide the following free educational seminars and classes about heart health. These seminars support Baptist's commitment to improving the quality of life for the communities we serve. Reservations are required and can be made by calling 850.469.7897.

### **Heart Health**

Wednesday, Feb. 12, 11:30 a.m. lunch; noon to 1 p.m. seminar  
Thabet Alsheikh, M.D., cardiac electrophysiologist, Baptist Heart & Vascular Institute  
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

### **Heart Health**

Friday, Feb. 14, 11:30 a.m. lunch; noon to 1 p.m. seminar  
Toinetta Coolie, MSN, R.N., Baptist Heart & Vascular Institute  
Baptist Medical Park – Navarre, 8880 Navarre Parkway, 2nd Floor Conference Room

### **Heart Health**

Thursday, Feb. 20, 11:30 a.m. lunch; noon to 1 p.m. seminar  
Brent Videau, M.D., FACC, cardiologist, Baptist Heart & Vascular Institute  
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

### **Implantable Devices to Manage Heart Rhythm Disorders**

Friday, Feb. 28, 11:30 a.m. lunch; noon to 1 p.m. seminar  
Natalia Hernandez, M.D., cardiac electrophysiologist, Baptist Heart & Vascular Institute  
Andrews Institute Athletic Performance & Research Pavilion, 1020 Gulf Breeze Parkway, Conference Room B

In addition, the Faith Health Network will offer Healthy Hearts. Reservations for this class can be made by calling 850.469.7729.

### **Faith Health Network: Healthy Hearts**

Thursday, Feb. 20, 6 to 8 p.m.  
Pelbreton C. Balfour Jr., M.D., Sc.M, cardiologist, Baptist Heart & Vascular Institute  
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

###

CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or [BHCMediaRelations@bhcpns.org](mailto:BHCMediaRelations@bhcpns.org).

*About Baptist Health Care*

*Baptist Health Care is a community-owned, not-for-profit health care organization based in northwest Florida that is committed to helping people throughout life's journey. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center and a large network of primary care and specialty physicians. With more than 7,300 employees and employed physicians, Baptist Health Care is the second largest non-governmental employer in northwest Florida.*

*Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants*