

**FOR IMMEDIATE RELEASE:**

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**CONTACT:**

**Dr. Alexys Hillman**

(850) 368-7528



**PENSACOLA  
OSTEOPATHS**

**PENSACOLA OSTEOPATHS OPENS IN-CLINIC FOOD PANTRY,  
ACCEPTING DONATIONS AND OPEN TO ALL**

**PENSACOLA, FL-** As of August 2020, Pensacola Osteopaths is one of the first medical clinics in town to offer an in-clinic food pantry for both patients and members of the community who are concerned about hunger and income during the COVID-19 crisis.

Pensacola Osteopaths in-clinic food pantry is open and available any time that the clinic is open, which is typically Monday through Friday, from 8:00 AM to 5:00 PM, however patients are encouraged to check the clinic's Facebook page for any scheduled closings. It is open to all people in the community, regardless of whether they are patients of the practice or not. There is no income requirement for families wishing to obtain food, and no need to show hardship in order for those in the community to use the pantry. Anyone is welcome for as long as there is food available- no questions asked.

Dr. Alexys Hillman, concerned about a decrease in income and troublesome economic circumstances of many patients due to COVID-19, decided to open the food pantry to her patients, as well as to anyone else who may need assistance obtaining non-perishable food nearby. Dr. Hillman states, "As a doctor, I cannot ensure good health outcomes when my patients are hungry, or when they're worried about their kids going hungry. I've never been the type to stand by, see a situation and not take action. If there's something I can do to help, I'm going to do it, and in this case, an in-clinic food pantry helps a lot of people."

Dr. Hillman emphasized that those in our community affected by food insecurity are often also affected by a lack of access to healthcare and transportation issues. After noticing that many of those patients who are coming in for disability exams tend to be people who typically fall into the category of the food/healthcare/transportation insecure, Dr. Hillman deduced that it would help to have resources readily available. Having non-perishable food items that her patients could actually take home with them, on site, that they are able to take advantage of while they're

already in-office, saves many from having to make another trip to another location to obtain food, which could be burdensome for those in need of transportation..

Pensacola Osteopaths is located 14 W. Jordan Street, Suite C and is open Monday through Friday, by appointment. They are accepting donations, and can be contacted at (850) 368-7528.

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### **About Pensacola Osteopaths**

**Pensacola Osteopaths** opened in May 2018 as Northwest Florida’s only dedicated osteopathic manipulation clinic, emphasizing holistic health care and manual medicine to treat a wide range of health issues and complaints. Dr Alexys Hillman is a former U.S. Army officer who graduated as a Distinguished Military Graduate from Temple University ROTC and then from Western University College of Osteopathic Medicine of the Pacific. She utilized her osteopathic skills in the Army and now, with her husband, is dedicated to the Pensacola area and helping the citizenry of NWFL in any way they can. They are parents to two boys, Ari and Dominic.

For more information, please visit [www.pensacolaosteopaths.com](http://www.pensacolaosteopaths.com)

