

Lakeview Center



BAPTIST HEALTH CARE

FOR IMMEDIATE RELEASE

Baby Safety Month and Safe Bath Time

Pensacola, Fla. (September 1, 2020) – During September we heighten our awareness to baby safety during Baby Safety Month. Bath time is an important time for learning and bonding between baby and parent. However, there are instances when a child can quickly be put in danger. The Lakeview Center Infant Mental Health program is providing these safety tips to help prevent injury.

- Never leave baby unsupervised in a bath regardless of how shallow or how quick.
- Don't put your baby in the tub while the water is running. Have the bath ready beforehand to make sure it's the correct depth and temperature.
- Before you place your baby in the bath water, check the temperature with your wrist or the inside of your elbow.
- Childproof your tub.
 - A non-slip bath mat can create a better surface grip on the floor of the tub.
 - A baby bath or bath separator can create a smaller bath space in which your baby can play and bathe.
 - A baby-friendly spout cover can soften the sharp metal edges of the faucet.
 - Fill the tub with water no higher than your child's waist when sitting (about 2 to 4 inches).
 - Have clothes and diaper laid out to quickly dress your child after a bath to prevent them from becoming too cold.

"Babies melt our hearts and remind us of innocence, love, and new beginnings. Let's use this month to dedicate a little extra time and love to our babies as a way to celebrate baby safety month," said Shaun Dahle, M.S. LMHC, Director, School Based Services and Infant Mental Health.

To learn more about the importance of parent-child bonding and Lakeview Center's Infant Mental Health program visit <https://www.elakeviewcenter.org/MentalHealth/children/outpatient>.

CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Tish Pennewill at 850.469.3621 or Tish.Pennewill@bhcpns.org.

About Lakeview Center, Inc. Behavioral Health

The Mission of Lakeview Behavioral Health is to help people throughout life's journey. We specialize in providing effective, research-based services for children and adults with mental illnesses, drug and alcohol dependencies, and intellectual disabilities. Our services range from inpatient and residential treatment to outpatient counseling, psychiatry, case management, day treatment, and round-the-clock support for those with serious mental illnesses. Additionally, Lakeview Behavioral Health provides specialized trauma services, medication-assisted treatment for opiate dependency, and medically supervised drug and alcohol detoxification. In all, Lakeview Behavioral Health offers more than 60 programs and services for people in the northwest Florida area. To learn more, go online to eLakeviewCenter.org.

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