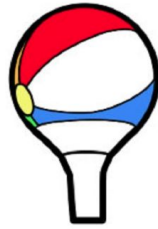


**FOR IMMEDIATE RELEASE:**  
Nov 6, 2020

**CONTACT:**  
**Dr. Alexys Hillman**  
(850) 368-7528



**PENSACOLA  
OSTEOPATHS**

**PENSACOLA OSTEOPATHS NOW ACCEPTING NOMINATIONS FOR THANKSGIVING  
DINNER GIVEAWAY**

PENSACOLA, FL- As of Friday, November 6th, Pensacola Osteopaths will be accepting applications and nominations for those who wish to receive a free Thanksgiving dinner. The bagged dinner will be pre-packaged and include a frozen turkey, two sides, and boxed stuffing.

Anyone in the community may nominate another individual or family for a free Thanksgiving dinner, or they may choose to nominate themselves. The nomination process is open to all people in our community, regardless of whether or not they are patients of the practice. Pensacola Osteopaths do not require any income verification or other proof of financial hardship, however priority will be given to families with demonstrated financial needs or who currently receive financial assistance or social services. Applications will be accepted until November 16th, at which point 40 applicants will be selected and notified via phone or email. Pick-up of the pre-packaged Thanksgiving dinners will be available during the week before Thanksgiving at the Pensacola Osteopaths clinic located off Jordan Street in Pensacola.

“We understand that this year has been difficult for many families in our community, and the holiday season is especially tough on those who are facing reduced work hours or unemployment due to COVID-19, Hurricane Sally, or other unforeseen circumstances,” says Dr. Alexys Hillman. Concerned about a decrease in income and troublesome economic circumstances of many patients due to COVID-19, earlier in the year, Dr. Hillman decided to expand the clinic’s food pantry availability to her patients, as well as to anyone else who may need assistance obtaining non-perishable food nearby. Dr. Hillman explains, “We are hoping to just provide a bright spot in an otherwise hard year for a few people, if we can. We want to help make Thanksgiving easier for those who may have been worried about providing a home-cooked meal for their family this holiday.”

Pensacola Osteopaths is located 14 W. Jordan Street, Suite C and is open Monday through Friday, by appointment. They can be contacted at [\(850\) 368-7528](tel:8503687528). To nominate a family for a free Thanksgiving dinner, please fill out the nomination form on the Pensacola Osteopaths Facebook page and at [www.pensacolaosteopaths.com](http://www.pensacolaosteopaths.com).

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## About Pensacola Osteopaths

Pensacola Osteopaths opened in May 2018 as Northwest Florida's only dedicated osteopathic manipulation clinic, emphasizing holistic health care and manual medicine to treat a wide range of health issues and complaints. In June 2019, it became the area's only informed consent clinic for gender-affirming healthcare. Dr Alexys Hillman is a former U.S. Army officer who graduated as a Distinguished Military Graduate from Temple University ROTC and then from Western University College of Osteopathic Medicine of the Pacific. She utilized her osteopathic skills in the Army and now, with her husband, is dedicated to the Pensacola area and helping the citizenry of NWFL in any way they can. They are parents to two boys, Ari and Dominic. For more information, please visit [www.pensacolaosteopaths.com](http://www.pensacolaosteopaths.com)

