



FOR IMMEDIATE RELEASE

Baptist Health Care Offers Online Wellness Education Seminars in May

PENSACOLA, Fla. (April 29, 2021) – Baptist Health Care is committed to improving the quality of life for the northwest Florida community it serves. The following free wellness education seminars will be offered in May. All seminars will be presented via Zoom video conferencing. Registration is required. To register, visit eBaptistHealthCare.org/events. For more information, call 850.469.7897.

Nutrition to Manage Stress

Wednesday, May 12, noon to 1 p.m.

Jessica Gilkey, Registered Dietitian, LD/N, Baptist Health Care

Stroke: Signs, Symptoms and Treatment

Thursday, May 13, noon to 1 p.m.

Lydia Toenes, R.N., Stroke Program Coordinator, Baptist Hospital

Bunions Got You Blue? Back to Basics with the Podiatrist

Wednesday, May 19, noon to 1 p.m.

Grace Torres-Hodges, M.D., Podiatrist

*This provider is an independent member of medical staff at Baptist Hospital, Inc. and is not an employee or agent of Baptist Health Care.

Baptist Heart & Vascular Institute will present:

Is There a Role for Pacemaker and Other Implantable Electronic Devices in Atrial Fibrillation?

Tuesday, May 18, 6 p.m.

Thabet Alsheikh, M.D., FHRS, FACC

Register in advance for this Zoom seminar at afibwebinar@bhcpns.org or 850.430.7072.

The Faith Health Network Academy will present:

Dementia Education

Thursday, May 20, 6 p.m.

Register in advance for this Zoom seminar at ebaptisthealthcare.org/events. For more information, call 850.469.PRAY (7729).

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CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or BHCMediaRelations@bhcpns.org.

About Baptist Health Care

Baptist Health Care is a community-owned, not-for-profit health care organization based in northwest Florida that is committed to helping people throughout life's journey. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center and a large network of primary care and specialty physicians. With more than 7,300 employees and employed physicians, Baptist Health Care is the second largest non-governmental employer in northwest Florida.

Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants • Baptist Health Care Foundation