

FOR IMMEDIATE RELEASE

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Midwife joins Ascension Medical Group Sacred Heart

Pensacola, Fla. (July 15, 2021) – Certified nurse midwife <u>Ashley Baker, MSN, CNM</u>, has joined Ascension Medical Group Sacred Heart. She will provide prenatal and postpartum care for women, in addition to delivering babies at the Ascension Sacred Heart Maternity and Women's Center.

Ascension Medical Group Sacred Heart Midwives at Pensacola provide personalized, compassionate prenatal and follow-up care to women desiring a natural, low-intervention birth experience. Baker joins the office of midwives. Amber Price, MSN, CNM, and Alyssa Craig, MSN, CNM. The midwife office is in Ascension Sacred Heart Pensacola's Medical Office Building, located at 5153 N. Ninth Ave. For information or appointments, please call 850-416-6384.

Baker graduated cum laude with her bachelor's degree in nursing from the University of Arkansas at Little Rock, where she was named to Sigma Theta Tau Nursing Honor Society and Phi Kappa Phi National Academic Honor Society. She received her master's degree in nursing-midwifery from Frontier Nursing University in Hyden, Kentucky. Baker is board-certified by the American Midwifery Certification Board. She is a member of the American College of Obstetricians and Gynecologists, as well as the Association of Women's Health, Obstetric and Neonatal Nurses and the Association for Prenatal and Perinatal Psychology and Health. Baker's nursing background includes labor-and-delivery, as well as postpartum care. She comes to Pensacola from practicing as a midwife with Elite Women's Health in Fredericksburg, Virginia.

New private birthing suites at the <u>Ascension Sacred Heart Maternity and Women's Center</u> were designed for women expecting low-risk births. The birthing suites include tubs to be used in labor, as well as a selection of birthing balls, bars and other comfort aids. Specially trained obstetric nurses focus on methods of pain control including massage, breathing techniques, position maneuvers and aromatherapy.

Women wishing to utilize the birthing suites are asked to talk to their healthcare provider and schedule an appointment with Ascension Sacred Heart's birth designer, who meets with patients to learn about their labor and delivery preferences, including wishes for pain management and medications, room setup, visitors and support people, movement during labor, positions and amenities. The birthing suites are available for patients of Ascension Medical Group midwives and OB/GYNs, as well as any community OB/GYN with delivering privileges. To learn more or schedule a birth design appointment, call 850-416-6378 or visit SacredHeartBaby.com.

About Ascension Sacred Heart

In Florida, Ascension operates Ascension Sacred Heart based in Pensacola and Ascension St. Vincent's based in Jacksonville. Together, Ascension Florida operates seven hospitals and more than 100 other sites of care and employs more than 11,000 associates. Across the region, Ascension Sacred Heart and

Ascension St. Vincent's have served North Florida communities for more than 145 years. In fiscal year 2019, they provided nearly \$180 million in community benefit and care of persons living in poverty. Ascension is a faith-based healthcare organization committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension is one of the leading non-profit and Catholic health systems in the U.S., operating 2,600 sites of care – including 150 hospitals and more than 50 senior living facilities – in 20 states and the District of Columbia. Visit www.ascension.org and www.studerfamilychildrenshospital.com.