Junior League of Pensacola 2016 W. Garden Street Pensacola, Florida 32502 850-433-4421



Junior Iron Chef Kids Competition contacts: Lori Brabham & Tori Woods Email: communityimpact@juniorleagueofpensacola.org

FOR IMMEDIATE RELEASE

The Junior League of Pensacola Presents Annual Iron Chef Kids Competition

Kids showcase healthy recipes in a family-friendly cooking competition

Pensacola, Fla. (April 7, 2022): The Junior League of Pensacola and Ever'man Cooperative Grocery & Café are once again teaming up to offer children and families a little "healthy competition" in the kitchen.

The Iron Chef Kids Competition will be held Sunday, May 1st at the Ever'man Educational Center from 12:00 to 2pm. Children from the Junior League of Pensacola's Kids in the Kitchen program will participate in a cook-off guided by celebrity chefs including: Pensacola Country Club's Bradley Hamblin, Pensacola Yacht Club's Rudy Rudolph, and Jaco's Perdido's Sean Robinson. We will have a group of local celebrities choosing the winning recipe. This fun event is free and open to the public.

"Kids in the Kitchen is all about making healthy choices in the kitchen and grocery store fun," said Tori Woods, Junior Iron Chef committee chair of the Junior League of Pensacola. "Iron Chef Kids makes 'healthy' fun by letting kids do the two things they love most—get dirty and compete with each other."

One of the Junior League of Pensacola's community focuses is children's health and wellness, along with physical activity. Through its members' volunteer efforts and programs like Healthy Halloween and Kids in the Kitchen, the Junior League of Pensacola aims to help combat the troubling issue of childhood obesity and its impact on the Pensacola Bay Area.

Kids in the Kitchen partners with local elementary schools to encourage families to get into the kitchen together and have fun. The program's goal is to combat childhood obesity by getting kids to try, make, and love healthy food.

The Junior League of Pensacola is a women's volunteer group dedicated to service projects in the Pensacola Bay Area. Since 1956, Junior League of Pensacola members have contributed volunteer support and resources to a variety of community programs and causes.

Media Representatives: Please add this event to your public calendars.

If any additional graphics or information is needed, please contact us.

Event: Junior League of Pensacola's Iron Chef Kids Competition **What:** Kids showcase healthy recipes in a family-friendly cooking competition **When:** Sunday, May 1, 2022 from 12:00 PM to 2:00 PM **Where:** Ever'man Educational Center, 350 W. Garden St., Pensacola, FL 32502 **Tickets:** FREE to attend and open to the public – no tickets required

Members of the media planning to attend:

For more information, please call (850) 433-4421 or email Executive Director, Lexie Thorsen, at lexie@juniorleagueofpensacola.org.

###

About Junior League of Pensacola About Junior League of Pensacola

Since its founding in 1901 by social activist Mary Harriman, The Junior League has evolved into one of the oldest, largest and most effective women's volunteer organizations in the world, encompassing 140,000 women in 291 Leagues in four countries. The Junior League of Pensacola has been a driving force behind the initiatives and institutions that make our community a greater place to live since 1956. Comprised of more than 400 volunteers, The Junior League of Pensacola, Inc. is a non-profit organization of women dedicated to promoting volunteerism, developing the potential of women and making a difference in the lives of others, with the mission of "Women Building Better Communities." Learn more on <u>Facebook, Twitter</u>, or juniorleagueofpensacola.org. To make a donation please visit juniorleagueofpensacola.org/support.