



FOR IMMEDIATE RELEASE

Baptist Health Care Offers Wellness Education Seminars in July

PENSACOLA, Fla. (June 28, 2022) – Baptist Health Care will offer the following wellness education seminars in July. Attendance is free, but registration is required. To register, visit ebaptisthealthcare.org/events. For more information, call 850.469.7897.

Bowel Obstructions in Adults

Wednesday, July 13, noon to 1 p.m. Light lunch served at 11:30 a.m.

Seth Vernon, M.D., FACS, RPVI, General Surgeon, Baptist Medical Group—General Surgery
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

Reducing Inflammation for Health, Healing and Longevity

Thursday, July 21, noon to 1 p.m. Light lunch served at 11:30 a.m.

Jessica Gilkey, Registered Dietitian, Baptist Health Care
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

Management of Hypertension and Hypotension

Friday, July 22, noon to 1 p.m. Light lunch served at 11:30 a.m.

Toinetta Coolie, MSN, R.N., FNP-BC, Nurse Practitioner, Baptist Heart & Vascular Institute
Andrews Institute Athletic Performance & Research Pavilion, 1020 Gulf Breeze Parkway, Conference Room B

Baptist will also present a fun and informative cooking class with registered dietitians. Ever'man charges \$5 for the class, and participants receive an Ever'man coupon for \$5 off purchases of \$25 or more. Registration is required. Register at ebaptisthealthcare.org/stroke/events. For questions, call 850.469.2068.

What's Cooking with Baptist

Thursday, July 21, noon to 2 p.m.

Ever'man Cooperative Grocery & Cafe, Learning Center
315 West Garden St.

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CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or BHCMediaRelations@bhcpns.org.

About Baptist Health Care

Baptist Health Care is a not-for-profit health care organization based in Northwest Florida that is committed to helping people throughout life's journey. The organization is a proud member of the Mayo Clinic Care Network. Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute

for Orthopaedics & Sports Medicine and a large network of primary care and specialty physicians. Baptist Health Care is one of the largest non-governmental employers in Northwest Florida.

*Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Baptist Medical Parks Airport, Nine Mile, Navarre and Pace • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute
• Baptist Health Care Foundation • Mayo Clinic Care Network*