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**Take action for Manna in the fight against hunger during Hunger Action Month**

**Pensacola, FL** (September 7, 2022) – September is Hunger Action Month, a time dedicated to taking action in the fight against hunger. Manna Food Bank, a local grassroots non-profit organization dedicated to fighting hunger in Escambia and Santa Rosa counties, joins the Hunger Action Month campaign to inspire people to take action and bring awareness to the local hunger crisis.

Now, more than ever, people are feeling the pinch of rising food costs. According to the USDA Economic Research Service Food Price Outlook Summary Findings, the food-at-home (grocery store or supermarket food purchases) Consumer Price Index for food rose 13.1 percent between July 2021 and July 2022. Manna has experienced increased demand for food assistance in 2022 and as a result, expanded several programs including the Emergency Food Assistance Program.

Manna fights hunger year-round by providing the healthiest food possible at no charge through its Emergency Food Assistance Pantry and 16 specialty programs with 21 community partners. These programs and partnerships with a variety of agencies address the hunger-related needs of some of the most vulnerable people in Escambia and Santa Rosa counties.

Here are some ways to support Manna and engage in the fight against hunger during Hunger Action Month:

1. Host a Food Drive! Manna relies on healthy food donations to support our neighbors in need.
2. Make a financial contribution! Manna can provide three healthy, balanced meals to a person in need with just five dollars.
3. Volunteer! Manna hosts both individual volunteers and groups of volunteers.
4. Share Manna's social media posts! Follow Manna at:  
Facebook: [mannahelps.org](https://www.facebook.com/mannahelps.org)  
Instagram: [mannafoodpantries](https://www.instagram.com/mannafoodpantries)  
Twitter: [mannafoodp](https://twitter.com/mannafoodp)

For food drive, financial gift, and volunteer information, or for more information about Manna's programs and partnerships, please visit [www.mannahelps.org](http://www.mannahelps.org).

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**About Manna**

Manna's mission is to offer emergency food assistance, service the food-related needs of vulnerable populations, and engage the entire community in the fight against hunger. A local grassroots organization with no national affiliation or government funding, Manna provided food to 31,014 people last year. Manna operates an emergency food assistance pantry and 16 specialty programs with 21 community partners in Escambia and Santa Rosa counties.