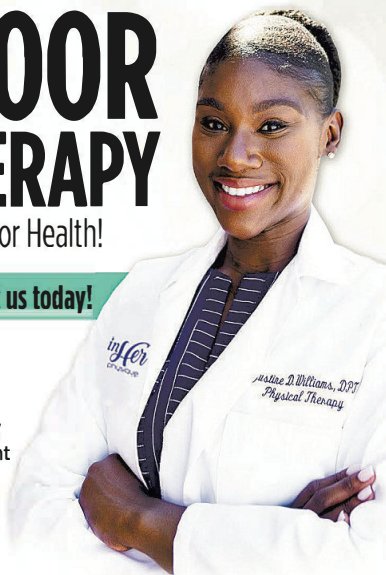


# PELVIC FLOOR PHYSICAL THERAPY

is your option for optimal Pelvic Floor Health!

Experiencing any of these systems? Visit us today!

- Urine or fecal leakage throughout the day or during exercise
- Urinary urgency or frequency
- Inability to empty bladder completely
- Frequent trips to the restroom at night
- Pain during or after intercourse
- Persistent low back or hip pain
- Postpartum weakness & discomfort
- Rectal pain
- Abdominal separation or weakness
- Recurrent abnormal pelvic symptoms after surgery
- Pubic bone pain during pregnancy



“ Surgery or medication doesn't have to be your only option. ”  
Dr. Justine W. Roper PT, DPT

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