

Reminder: ECFR to Hold Physical Abilities Tests June 3 and 5

Escambia County Fire Rescue will hold two physical abilities tests Saturday, June 3, and Monday, June 5. Both tests will take place at Pensacola Fire Department Station 4, 1 N. "Q" St., at 8 a.m. and is open to anyone interested in joining Escambia County Fire Rescue. Participants should arrive 30 minutes early to sign in.

Florida-certified firefighters with a certificate of completion must sign up for the certified test. Those without Florida fire certifications must sign up for the cadet test. The certified test is also open to volunteer firefighters needing a physical abilities test. [Click here to apply for the certified firefighter or cadet positions.](#)

In order to become an Escambia County Firefighter, participants must pass the test. Interviews for those who pass the test on Saturday, June 3, will take place on Monday, June 5. Those that pass the test on Monday will interview on Tuesday, June 6.

The certified test consists of:

- 1 3/4" charged hose pull in 27 seconds
- Keiser sled in 60 seconds
- Tower evolution in six minutes

The cadet test consists of:

- 25 push-ups in two minutes
- 40 sit-ups in two minutes
- Run 1.5 miles in 15 minutes
- 1 3/4" charged hose pull in 27 seconds
- Keiser sled in 60 seconds
- Tower evolution in six minutes

Certified Escambia County Firefighters receive numerous benefits including competitive pay and health benefits, a 48/96 schedule, 14 paid holidays, special teams' incentive pay and more. [Learn more and apply online at MyEscambia.com/joinfire.](#) [Watch a video of the physical abilities test here.](#)



**NOW
RECRUITING**

**PARAMEDICS &
FF/PARAMEDICS**

BENEFITS:

- 48/96 schedule
- Specialty team opportunities
- Florida Retirement System - Special Risk
- Tuition reimbursement
- 14 paid holidays
- Paramedic incentive pay - \$15,000.00 annually

***HIRING BONUS
\$2,000.00**

*Applicants must have their Florida FF-II Certification to qualify for hiring bonus

Non-certified paramedics must obtain their Florida Minimum Standards Certification within first year of employment. Department will support fire cadet/paramedic through fire academy.

To learn more and apply online: MyEscambia.com/joinfire