

## Tackling Substance Abuse and Mental Health Among Teens With David Magee

Today's world can be a daunting one for parents. Anxiety, depression, addiction, loneliness and social media can create a toxic mix for their teenagers.

Now, more than ever, parents and educators need better information about the challenges facing their children, what sorts of issues to expect and when, and the warning signs to look for.

David Magee offers guidance on raising teens amid these increasingly common challenges.

## Who is David Magee?

Award-winning author and student wellbeing activist, David Magee created The William Magee Institute for Wellbeing at The University of Mississippi after his son William died of an accidental drug overdose.

He is a sought after speaker in schools, universities and companies nationwide, addressing students and parents about mental health and substance misuse challenges and solutions.

David will be giving a **free** CivicCon presentation at the **Brownsville Community Center on Tuesday, August 15 from 6:00 - 7:30 p.m.** The event will also be livestreamed on the PNJ Facebook page for those who cannot attend in person. Scan the QR code to register.



Brownsville
Community Center
3200 West De Soto Street

Tuesday, August 15 6:00 - 7:30 p.m.