



SPECIAL OFFER FOR Chamber members!

Free Intro Class!

PLUS \$0 ENROLLMENT AND

10% OFF Memberships

Book your Free Intro class at clubpilates.com/pensacola

Valid at Club Pilates Pensacola only. Call details.850-857-8498



Club Pilates is a low-impact yet challenging workout that enhances your mind-body connection. Club Pilates helps lengthen and strengthen your muscles, and creates space for mental clarity and awareness. The classes are safe and effective for any age, and inclusive to every *body*.

Club Pilates and its supportive community will become the foundation of your workout routine and help you move better, feel better + live better.



EVERYBODY NEEDS PILATES.™
IMPROVE YOUR POSTURE • STRENGTHEN YOUR CORE • CORRECT MUSCLE IMBALANCES