Human Resource Managers Roundtable Agenda

Wednesday, September 27, 2023 7:45 a.m. 418 W. Garden St. 4TH Floor Pensacola, FL 32502

- I. Welcome & Introduction Jan Miller
- II. Breakfast Host: Teri Haggerty: MBA,PCC,ODL, Certified Life Coach, Doorknob Life Purpose Books
- III. Announcements.
- IV. Presentation: GinNeal McVay, PHR, SHRM-CP, MSHRM, Amplified HR Solutions, "Managing Workplace Conflict",

Tired of being caught in the middle of workplace conflicts? In today's dynamic workplace, conflicts are inevitable, but the way you handle them can make all the difference. In Managing Workplace Conflict, participants will understand the types and causes of workplace conflict, discover their personal conflict management style, and assemble a toolbox for handling conflict courageously.

Next Meeting: October 18,2023

Breakfast Host: Briana Wigley, MS, CHES, Business Development Executive, OneDigital

Presentation: Kim La Montague, MBA, Wellbeing Director, HR Florida State Council

Mental Health in the Workplace: A Crucial Conversation for Leaders About Creating a Culture of Safety

Many leaders report feeling unprepared to open the dialog about mental health. As a result, in some workplaces, mental health is not being addressed properly which leads to decreased engagement, productivity, absenteeism, presenteeism, accidents, errors and turnover. The presentation will teach you the impact of unaddressed mental health signs and symptoms, the power of peer support and person-centered language, how to decrease sigma and create a safe workplace culture where everyone feels safe speaking openly about mental health without fear of judgement, retribution or job loss.

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