



## Achieve a more enlightened you.

Feed your inner muse by enjoying your favorite art. Listen to some live music, see a play or a great movie, and visit a museum to keep up with new trends and ideas.

### Check out these featured events!

#### Vaccinations at Walgreens

September 7th and September 23rd

10:00 a.m. to 1:00 p.m.

Get your yearly flu shot to protect yourself and those around you. When you get your flu shot at a Florida Blue Center, you'll receive a FREE \$10 Publix gift card (while supplies last). RSVP today!

#### Lunch & Learn: Suicide Awareness

Wednesday, September 27th

12:00 p.m. to 1:00 p.m.

Join us to learn about suicide awareness and prevention. We will review the warning signs of suicide and the tools and resources available to help those in need. Gain insights from our clinical specialist. Together, we can save lives.

## FREE Events Calendar SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Personal Health Assessment Campaign</b> Members are eligible to receive a complimentary cookbook* when completing a PHA, while supplies last!				1 Barre 9:00 AM-10:00 AM	2 Let's Yoga! 9:00 AM-10:00 AM
4 Let's Tai Chi! 9:00 AM-10:00 AM  Happy Labor Day! Closing at 2 PM	5 Diabetes Prevention Week 12  9:00 AM-10:00 AM	6 Let's Yoga! 9:00 AM-10:00 AM  VITA Tax Assistance 9:00 AM-3:00 PM	7 Vaccinations with Walgreens  10:00 AM-1:00 PM	8 Barre 9:00 AM-10:00 AM	9 Let's Yoga! 9:00 AM-10:00 AM
11 Let's Tai Chi! 9:00 AM-10:00 AM	12 Diabetes Prevention Week 13  9:00 AM-10:00 AM	13 Yoga! 9-10:00 AM VITA Tax Assistance 9:00 AM-3:00 PM Lunch & Learn Mediterranean Style 12:00 PM-1:00 PM	14	15 Barre 9:00 AM-10:00 AM	16 Let's Yoga! 9:00 AM-10:00 AM
18 Let's Tai Chi! 9:00 AM-10:00 AM	19 Diabetes Prevention Week 14 9:00 AM-10:00 AM  Senior Technology 10:00 AM-11:30 AM	20 Let's Yoga! 9:00 AM-10:00 AM  VITA Tax Assistance 9:00 AM-3:00 PM	21	22 Barre 9:00 AM-10:00 AM	23 Let's Yoga! 9:00 AM-10:00 AM  Vaccinations with Walgreens 10:00 AM-1:00 PM
25 Let's Tai Chi! 9:00 AM-10:00 AM	26 Diabetes Prevention Week 15  9:00 AM-10:00 AM	27 Let's Yoga! 9:00 AM-10:00 AM  Lunch & Learn Suicide Awareness 12:00 PM-1:00 PM	28 Senior Game Day!  10:00 AM-11:00 AM	29 Barre 9:00 AM-10:00 AM	30 Let's Yoga! 9:00 AM-10:00 AM

### Florida Blue Center – Pensacola

1680 Airport Blvd  
Pensacola, FL 32504  
850-202-4150

Mon.-Fri: 9 a.m. - 7p.m.; Saturday, 9 a.m.-4 p.m.  
No appointments necessary

Find your local events by visiting [scheduler.floridablue.com](https://scheduler.floridablue.com) and entering your ZIP code. RSVP today!

[floridablue.com/center](https://floridablue.com/center)

