



**FOR IMMEDIATE RELEASE**

## **Baptist Health Care Offers Wellness Education Seminars in November**

**PENSACOLA, FLA. (Nov. 1, 2023)** – Baptist Health Care will offer the following wellness education seminars in November. Attendance is free, but registration is required. To register, visit [ebaptisthealthcare.org/events](http://ebaptisthealthcare.org/events). For more information, call 850.469.7897.

### **Diabetes 101**

Friday, Nov. 3, 11:30 a.m. lunch; noon to 1 p.m. seminar

Sarimin Rivera, dietitian/diabetes educator, Baptist Medical Group – Endocrinology

Andrews Institute Athletic Performance & Research Pavilion

1020 Gulf Breeze Parkway, Conference Room B

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For more information about this press release or to schedule an interview, send an email to [BHCMediaRelations@bhcpns.org](mailto:BHCMediaRelations@bhcpns.org) or call 850.791.5254.

### *About Baptist Health Care*

*Baptist Health Care is a not-for-profit health care organization based in Northwest Florida that is committed to helping people throughout life's journey. Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedics & Sports Medicine and a large network of primary care and specialty physicians. Baptist Health Care is one of the largest non-governmental employers in Northwest Florida.*

- Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital*
- Baptist Medical Parks Airport, Nine Mile, Navarre and Pace • Andrews Institute • Baptist Medical Group*
- Baptist Heart & Vascular Institute • Baptist Health Care Foundation*