



FOR IMMEDIATE RELEASE

Baptist Medical Group – Ladies First OBGYN Welcomes Kristen Rardin, MSN, CNM, IBCLC

Pensacola, Fla. (Nov. 15, 2023) – Baptist Medical Group is pleased to welcome board-certified nurse midwife Kristen Rardin, MSN, CNM, IBCLC, to its multispecialty provider network. Rardin offers full-scope midwifery care for women and an alternative, holistic approach to wellness, pregnancy and childbirth. She specializes in lactation support for breastfeeding and provides homeopathic solutions for patients looking for an alternative method to women’s health and childbearing. Rardin offers quality, personalized care by supporting shared decision making and informed consent for patients at Baptist Medical Group – Ladies First OBGYN.

Rardin earned her Master of Science in nursing at East Carolina University in Greenville, North Carolina. She received her Bachelor of Science in nursing at James Madison University in Harrisonburg, Virginia. She has over 12 years of experience as a nurse across several states. Her experience spans various settings and specialties such as neonatal intensive care, pediatric primary care, labor and delivery and women’s health.

Rardin has also served in leadership roles such as student representative for her MSN-nurse midwifery class at East Carolina University and pioneered an outpatient lactation support clinic for Children’s Medical Group as an internationally board-certified lactation consultant for the Children’s Hospital of Wisconsin. She also has been responsible for training team members in labor and delivery settings and has experience both in and out of hospital birth. She is board certified by the American Midwifery Certification Board and the International Board of Lactation Consultant Examiners.

As part of Baptist Medical Group Ladies First – OBGYN, Rardin welcomes new patients at her clinic located at 125 Baptist Way, Suite 5A in Pensacola, Florida.

To learn more or to schedule an appointment, please visit BaptistMedicalGroup.org or call 448.227.6870.

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For more information about this press release or to schedule an interview, send an email to BHCMediaRelations@bhcpns.org or call 850.791.5254.

About Baptist Health Care

Baptist Health Care is a not-for-profit health care organization based in Northwest Florida that is committed to helping people throughout life's journey. Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedics & Sports Medicine and a large network of primary care and specialty physicians. Baptist Health Care is one of the largest non-governmental employers in Northwest Florida.

- Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital*
- *Baptist Medical Parks Airport, Nine Mile, Navarre and Pace • Andrews Institute • Baptist Medical Group*
 - *Baptist Heart & Vascular Institute • Baptist Health Care Foundation*