



## Realize a more giving you.

The best gifts come from the heart of the giver and touch the heart of the receiver. Quantity and cost add little value, but thoughtfulness and love can make gifts precious.

### Check out these featured events!

#### Food Smarts with Feeding Gulf Coast

Thursdays (12/7, 12/14, 12/21)

11:30 AM - 12:15 PM

Feeding the Gulf Coast focuses on teaching our community about nutrition in an enjoyable and empathic way, believing that this approach leads to making better choices when it comes to food.

#### Holiday Crafts with Friends!

Friday, December 15th

11:00 AM - 12:00 PM | \*RSVP required

Join us this holiday season and discover how crafting can boost mood, self-confidence, and improve fine motor skills. Holiday Crafts is an interactive, fun and artistic class you can enjoy with family and friends. Join us and RSVP today!

## FREE Events Calendar DECEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2024 Open Enrollment is ending soon.</b> Book your appointment with a Florida Blue agent today!					<b>1</b> Let's Yoga! 9:00 AM-10:00 AM
<b>4</b> Let's Tai Chi 9:00 AM-10:00 AM	<b>5</b>	<b>6</b> Let's Yoga! 9:00 AM-10:00 AM	<b>7</b> Food Smarts with Feeding Gulf Coast 11:30 AM-12:15 PM	<b>8</b> Barre 9:00 AM-10:00 AM	<b>9</b> Let's Yoga! 9:00 AM-10:00 AM
<b>11</b> Let's Tai Chi 9:00 AM-10:00 AM	<b>12</b>	<b>13</b> Let's Yoga! 9:00 AM-10:00 AM	<b>14</b> Food Smarts with Feeding Gulf Coast 11:30 AM-12:15 PM	<b>15</b> Barre 9:00 AM-10:00 AM  Holiday Crafts! *RSVP required 11:00 AM-12:00 PM	<b>16</b> Let's Yoga! 9:00 AM-10:00 AM
<b>18</b> Let's Tai Chi 9:00 AM-10:00 AM	<b>19</b>	<b>20</b> Let's Yoga! 9:00 AM-10:00 AM	<b>21</b> Food Smarts with Feeding Gulf Coast 11:30 AM-12:15 PM	<b>22</b> Barre 9:00 AM-10:00 AM	<b>23</b> Let's Yoga! 9:00 AM-10:00 AM
<b>25</b> Merry Christmas!  Center is closed.	<b>26</b>	<b>27</b> Let's Yoga! 9:00 AM-10:00 AM	<b>28</b> Senior Game Day! 10:00 AM-11:00 AM	<b>29</b> Barre 9:00 AM-10:00 AM	<b>30</b> Let's Yoga! 9:00 AM-10:00 AM

### Florida Blue Center – Pensacola

1680 Airport Blvd  
Pensacola, FL 32504  
850-202-4150

Mon.-Sat., 8 a.m.-7 p.m.; Sun. 12 p.m.-6 p.m.  
No appointments necessary

Find your local events by visiting [scheduler.floridablue.com](https://scheduler.floridablue.com) and entering your ZIP code. RSVP today!

[floridablue.com/center](https://floridablue.com/center)

