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## LifeView Group selects 2023 Team Member of the Year

**Pensacola, Fla. (Feb. 20, 2024)** – Cathy Carter has been named LifeView Group’s Team Member of the Year for 2023. Cathy serves as medical records manager for LifeView Group.

Cathy is passionate about helping clients and teammates in need. She started working at Lakeview Center – now the behavioral health division of LifeView Group – in 2006. Shortly after, she started a Christmas wish list for kids receiving behavioral health care. A few years later, she expanded donations to include adults in Lakeview Center’s care. Today, 18 years later, countless children and adults have benefited from food and clothing donations she organized.

“It’s turned into something wonderful,” Cathy said. “I love seeing a client wearing a jacket from our closet to keep warm.”

As for her coworkers, they are like family too. One coworker’s husband was recently in the hospital. “She wouldn’t leave him, and I don’t blame her,” Cathy said. “I wouldn’t leave either, but she had needs at home, like laundry. I said, ‘I have a washer and dryer. I’ll be there in a minute.’ So I did her laundry. I made food that was easy to heat up at the hospital and took it to her. Doing something simple for someone can mean a lot. I’m sure she would do the same for me.”

Cathy learned to help others by watching her father. “My daddy taught me to always help your neighbor. He used to say, ‘bring something good to the table’. You get that feeling of love in your heart when you help someone. You just want to keep doing it.”

Cathy says that working at LifeView Group is rewarding every day. “I love everything about my job — the clients, coworkers, and what I do. We run into people all the time who need assistance. I consider it part of my job to do these things. It’s our mission. If everyone could do one thing each day to help someone else, it would mean a lot.”

For more information about LifeView Group team members like Cathy, visit [lifeviewgroup.org](https://lifeviewgroup.org).

### About LifeView Group

*LifeView Group is a nonprofit family of companies with a mission of “helping people.” Our 2,500 team members impact lives in multiple states and the District of Columbia. As a parent company, LifeView Group’s work encompasses three divisions – Lakeview Center’s behavioral health care, FamiliesFirst Network’s child welfare support and Global Connections to Employment’s career services for people with disabilities. Learn more at [LifeViewGroup.org](https://LifeViewGroup.org).*

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