



# Senior Painting

Unleash your creativity and a healthier you! Join us for a live painting class at your local Florida Blue Center. Painting can offer many proven health benefits, like reducing anxiety and depression. Also, studies show the way it stimulates the brain can improve problem-solving and communication skills. Don't miss this! RSVP is required, class is limited to 25 attendees.

**Tuesday, June 11th | 10:30 a.m. - 11:30 a.m.**

Florida Blue Center - Pensacola

1680 Airport Blvd, Pensacola, FL 32504

To attend this event, scan the QR code below or visit [scheduler.floridablue.com](https://scheduler.floridablue.com)

As a hub for a healthier life, the Florida Blue Centers connect neighbors like you to services, support, and advice that help you achieve better health. As part of your community, we make it a priority to inspire and motivate you to take an active role in your health and wellness.



**Scan the QR code to learn more.**

**1-850-202-4150**  
[FloridaBlue.com/center](https://FloridaBlue.com/center)

*Florida Blue*   
Your local Blue Cross Blue Shield