

# **High-fives for** healthy guys

Join Florida Blue in celebrating Men's health. Encourage the men in your life to prioritize their health for a brighter, stronger future.

## Check out these featured events!

### **Lunch & Learn: Staying Healthy**

Wednesday, June 12th 12:00 p.m. - 1:00 p.m.

Join us to learn why it's important to have a Primary Care Provider and schedule your annual wellness exam early in the year. Lunch will be provided!

#### **Blue Kids Book Club: Summer Series**

Wednesday, 6/13 & 6/27 11:30 a.m. - 12:30 p.m.

Join us for the Blue Kids Book Club! Our Florida Blue team will host a fun and interactive reading session for the kids that will energize imaginations! Lunch will be provided!

# FREE Events Calendar **JUNE 2024**



Pensacola

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Class Alert!  Join us for our Blue Kids Book Club on 6/27 at 11:30 AM. All are welcome!					1 Let's Yoga! 9:00 AM-10:00 AM
Tai Chi! 9:00 AM-10:00 AM	4	5 Let's Yoga! 9:00 AM-10:00 AM	6 Let's Zumba! 5:30 PM-6:30 PM	9:00 AM-10:00 AM	8 Let's Yoga! 9:00 AM-10:00 AM
10 Tai Chi! 9:00 AM-10:00 AM	Senior Painting 10:30 AM-11:30 AM	Let's Yoga! 9:00 AM-10:00 AM Lunch & Learn: Staying Healthy 12:00 PM-1:00 PM	Let's Zumba! 5:30 PM-6:30 PM Blue Kids Book Club 11:30 AM-12:30 PM	Barre 9:00 AM-10:00 AM Summer Volunteer Income Tax Assistance 10:00 AM-2:00 PM	15 Let's Yoga! 9:00 AM-10:00 AM
17 Tai Chi! 9:00 AM-10:00 AM	Senior Technology 10:00 AM-11:30 AM	Happy Juneteenth!  Center closes at 2 PM.	20 Let's Zumba! 5:30 PM-6:30 PM	21 Barre 9:00 AM-10:00 AM	22 Let's Yoga! 9:00 AM-10:00 AM
24 Tai Chi! 9:00 AM-10:00 AM	25	Let's Yoga! 9:00 AM-10:00 AM Lunch & Learn: The Science of Willpower 12:00 PM-1:00 PM	Senior Game Day 10:00 AM-11:00 AM Let's Zumba! 5:30 PM-6:30 PM Blue Kids Book Club 11:30 AM-12:30 PM	28 Barre 9:00 AM-10:00 AM	29 Let's Yoga! 9:00 AM-10:00 AM

### Florida Blue Center - Pensacola

1680 Airport Blvd Pensacola, FL 32504 850-202-4150

Mon.-Fri. 9 am-7pm; Sat., 9 am-4 pm No appointments necessary

Find your local events by visiting Scheduler.FloridaBlue.com and entering your ZIP code. RSVP today!

floridablue.com/center





