



Let's Tai Chi!

Flow smoothly and powerfully through a series of gentle movements that boost energy, relieve stress, improve coordination and more.

Bring your friends!

Every Monday | 9 a.m. - 10 a.m.

Florida Blue Center - Pensacola

1680 Airport Blvd, Pensacola, FL 32504

To attend this event, visit scheduler.floridablue.com or scan the QR code below.

As a hub for a healthier life, the Florida Blue Centers connect neighbors like you to services, support, and advice that help you achieve better health. As part of your community, we make it a priority to inspire and motivate you to take an active role in your health and wellness.



Scan the QR code to learn more.

1-850-202-4150
floridablue.com/center

Florida Blue 
Your local Blue Cross Blue Shield