

NEWSLETTER

FEBRUARY 2020

INFORMATIONAL MEETINGS REGARDING NEW DUES STRUCTURE

In an effort to better meet the needs of our members, we have created a new dues structure that will go into effect for all of our members on July 1, 2020. This dues structure was created from input we received from our members during focus groups that we held last spring. We are confident that this new dues structure will better serve each of you! We are hosting informational sessions that will better explain the tiers and benefits of each tier. Please email admin@siouxcenterchamber.com to sign up for a session that works the best for you! We will also be happy to individually meet with businesses. If you have any questions, please call our office at 712-722-3457.

THURSDAY, FEBRUARY 20

9-9:30 am
10-10:30 am
11-11:30 am

MONDAY, MARCH 2

11-11:30 am
12-12:30 pm

MONDAY, FEBRUARY 24

1-1:30 pm
2-2:30 pm
3-3:30 pm

TUESDAY, MARCH 3

11-11:30 am
12-12:30 pm

**ALL SESSIONS WILL BE HELD IN THE SIOUX
CENTER PUBLIC LIBRARY MEETING ROOM**

FEBRUARY 12

FEBRUARY CHAMBER MEETING

Wednesday, February 12

12-1 pm

Sioux Center Public Library

Immigration Updates for Employers

presented by Amanda Bahena, Attorney
with Woods, Fuller, Schultz & Smith, PLC

Learn more about immigration programs, statuses and hear creative solutions for employers. Helping the industries of Education, Hospitality, Healthcare, Agriculture, Tech, & Industrial Engineers.

Cost: \$10

Street Tacos catered by Casey's Bakery

No RSVP required. All chamber members and their employees are encouraged to attend!



MARK YOUR CALENDARS

Save the Date!

We have some exciting things planned for you this spring, so be sure to mark your calendars for these upcoming events!

MARCH 24

Annual Ag Breakfast

Sponsored by the Chamber Ag Committee

Tuesday, March 24

8:30-10:30 am

Terrace View Event Center

Featuring Mike Naig,

Iowa Deputy Secretary of Agriculture

MARCH 25-26

Indoor Fair

March 25-26

3:00-8:00 pm

All seasons Center

We are now accepting vendor registrations for the 60th annual Indoor Fair.

2020
sioux center
Indoor Fair

APRIL 17

Spirit of Community

Friday, April 17

6:00 pm

Terrace View Event Center

Featuring Tommy Ryman, stand-up comedian

www.tommyryman.com

DISCOVER SIOUX CENTER LUNCHEON

Have you recently hired someone new to our

community? Discover Sioux Center would like to invite them to lunch!

DISCOVER
Sioux Center

We are hosting an informational lunch on

Tuesday, February 18

11:45 am - 1:00 pm

Dordt Ag Stewardship Center

We welcome any of your new employees who you have hired within the last year to join us! This meeting will include an overview of our community, an update of things happening in Sioux Center, and an opportunity for involvement.

Cost for lunch is \$15. RSVP's are requested by Friday, February 14 by simply emailing admin@siouxcenterchamber.com to sign up your employee(s)!

WELCOME TO OUR NEW MEMBERS

Maassen Makeovers

Marv Maassen

mjmaassen@mtcnet.net

712-441-2119



Blue Mountain

George Jacobs

814 Lincoln Place SE

Orange City, IA 51041

712-737-3153

www.bluemountainemporium.net



NEWS & FASCINATING FACTS

About our Members

HOMECOMING GRANT

**SIoux CENTER CHAMBER OF COMMERCE
HOMECOMING GRANT AVAILABLE:
COLLEGE GRADUATES ENCOURAGED TO APPLY**



The Sioux Center Chamber is pleased to announce that they are now accepting applications for the third year of the Homecoming Grant. The Homecoming Grant is a program that awards \$6,000 to a college graduate who is originally from Sioux Center and has accepted employment in Sioux Center. Recruiting and retaining talent for local businesses continues to be a strategic priority of the Sioux Center Chamber. "Creating this grant has given us one more recruitment tool to bring talent back to Sioux Center and encourages college graduates to make Sioux Center their home," states Barb Den Herder, CEO of the Sioux Center Chamber.

THIS GRANT IS OPEN TO ANYONE WHO:

- has or will graduate from a two- or four-year college in 2018, 2019, or 2020
- lived in the 51250 ZIP code when they graduated from high school
- has accepted an offer for a position in Sioux Center
- has student debt more than \$6000.

The grant award is \$6000, which will be given over a 4-year period (\$1500 per year) and will be paid directly to the student's lender. Applicants must remain employed by the same employer for the 4-year period in order to receive the full grant amount. Eligible applicants can complete an application at www.sioxcenterchamber.com.

**APPLICATIONS MUST BE RECEIVED BY MARCH 1, 2020,
AND THE AWARD WILL BE ANNOUNCED BY APRIL 30, 2020.**

LEADERSHIP SIOUX CENTER

Our Leadership Sioux Center group received a fantastic tour of the Sioux County Jail at this month's session where we learned more about city and county government.



REFLECTIONS RIBBON CUTTING



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THE 22ND ANNUAL BRIDAL SHOWCASE WAS A SUCCESS!

Thank you to all of our businesses who sponsored items for the goodie bags and donated some gorgeous door prizes.

Also a huge shout-out to our vendors who make this such a fun event for brides and their guests! And last but not least, thank you to our committee who volunteer so much of their time to help make the event go smoothly!

It was a day filled with love, laughter and a few mimosas! **#cheers**



NEW BOARD APPOINTMENT

Barbara Den Herder (CEO of the Sioux Center Chamber) has recently been selected to serve on the Iowa Chamber of Commerce Executive (ICCE) Board of Directors and looks forward to representing and serving NW Iowa in this role.

Improving Chambers, Improving

IOWA

Iowa Chamber of Commerce Executives

NEWS & FASCINATING FACTS

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Thank you to all the businesses that participated and helped make the 6th annual **Your Future @ Work** a success! Over 500 students got exposure to the many exciting careers available right here in Sioux County!



10TH ANNIVERSARY WINE GALA & AUCTION MARCH 13, 2020

Terrace View Event Center

230 St. Andrews Way, Sioux Center, IA

Doors Open at 5pm

Auction begins at 7pm

Tickets \$25

at Melissa's Hope Chest in Sioux Center

**WINERIES • LIVE AUCTION
HORS D'OEUVRES • DESSERT BAR**

Sponsorship opportunities and VIP tables available!



For more info:
712.722.4404
fcc@familycrisiscenters.org

Save the Date

PLEASE JOIN US FOR AN EVENING CELEBRATING SIOUX CENTER

FRIDAY, APRIL 17, 2020
TERRACE VIEW EVENT CENTER
DOORS AND CASH BAR OPEN AT 5:30 PM
DINNER AT 6:00 PM

Spirit of Community

Recognizing our community's award recipients plus
featured Keynote Speaker:

Tommy Ryman, Stand-Up Comedian

Tickets will be available for sale in February.
Contact the Chamber Office at 712-722-3457 for further
information and details.

NEWS & FASCINATING FACTS

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FEBRUARY 2020 LIBRARY ANNOUNCEMENTS

The Sioux Center Public Library is excited to hold their annual **Valentine's Cards & Craft program** on Monday, February 3, at 7:00pm. Adults are invited to make some Valentine candies, a candy jar and a few cards to pass along to loved ones this Valentine's Day. Registration is required. Sign up now through our website's calendar at www.siouxcenterlibrary.org.

Parents – do you have a high school child taking the ACT? Have them come to the library for a drop-in **ACT study night** on Thursday, February 20 at 7:00pm! We'll demonstrate online sources you can use to study for the ACT, as well as provide tutoring for the specific subjects - Math, English/Reading, and Science. Come with questions - popcorn provided!

The **Winter Reading Program** has begun for teens and adults! Participants are invited to cozy up this winter and start reading for prizes! Stop in at the library for more information!

Join us at the Sioux Center Library to learn about the life and art of **Vincent Van Gogh**. The first night of this 2-part program will be held on Tuesday, February 18, in a session where you will learn about the life and art of this misunderstood man, and be inspired to see the people around you through new eyes. The second night will be held on Tuesday, February 25, where you will learn how to make your very own Van Gogh masterpiece on canvas through a step-by-step process taught by our very own librarians. Registration is required for the second evening painting event.

Drop-In Tech Help will be available on Thursday, February 27 from 1-3:00pm at the library. Adults can drop in for assistance with topics like the library's electronic resources, basic computer use, email essentials, and more! Hope to see you there with your computer related questions!

Need an afternoon activity to unwind? Teens and tweens invited to come to **Unplugged Gamers** to play board games on Wednesday, February 26 from 2:30-4:00pm! We'll meet once per month after school to unwind with board games! All teens are welcome - no registration required.



When: March 28th, 2020 from 9:00 a.m. to 3:00 p.m.

Where: The Terrace View Event Center, 230 St. Andrews Way, Sioux Center, IA

Cost: FREE

Scientist/Speaker: Dr. Robert Carter:

BS in Applied Biology, PhD in Marine Biology (currently researching human genetics and other issues related to biblical creation as senior scientist and speaker for CMI-USA in Atlanta, GA)

Presentations on Saturday, March 28, 2020:

"Biblical Worldview as it Relates to Science"

"Genetics According to Jesus"

"Ancient DNA and the Bible"

Presentations on Sunday, March 29, 2020

11:00 a.m. - American Reformed Church, Hull, IA
(After the 9:30 am worship service)

7:15 p.m. - Doon United Reformed Church, Doon, IA
(After the 6:00 p.m. worship service)



Scan me

Register at:

www.ReformationGospelMinistries.org

* Reformation Gospel Ministries, a non-profit evangelism organization dedicated to spreading the Gospel of Jesus Christ laboring in partnership with local churches within the Reformed community. A faith supported ministry that welcomes your support: we need volunteers to help with the conference itself, as well as your prayers and any financial support the Lord leads you to give to help RGM spread the Gospel of Jesus Christ without compromise, according God's word. Your donations are tax deductible as allowed by law.



HEART HEALTH

February is American Heart Month

LOWER YOUR RISK OF HEART DISEASE

You can reduce your personal risk by adopting healthy lifestyle choices by eating right, exercising, and getting plenty of sleep. But when a healthy lifestyle isn't enough, our medical team of physicians and cardiology specialists can provide the most comprehensive care available.

Our Cardiac Rehab is a supervised program designed to help improve your cardiovascular health if you have experienced in any potential heart attack, stent placement, heart failure, open heart, or valve surgery.

The Cardiac Rehab sessions include:

- Monitored heart rate and rhythm
- Monitored blood pressure
- Customized exercise treatment
- Education sessions
- Dietician consult

TIPS FOR A HEART HEALTHY LIFESTYLE:

- Inform your doctor about health history
- Monitor high blood pressure
- Monitor cholesterol levels
- Develop an exercise program
- Maintain a healthy weight
- Control diabetes
- Limit alcohol intake
- Stop smoking
- Take medications as prescribed
- Attend a vascular screening

To schedule your appointment or if you have any questions or concerns about your health, call Cardiac Rehab at 712.722.8125.

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CONTINUING EDUCATION EVENTS

CULTURALLY-RESPONSIVE PRACTICE: ENGAGING WITH THE LATINO POPULATION

Friday, February 7, 2020

www.nwciowa.edu/journey

9am-4pm | \$65

This workshop will provide training for building richer, more authentic relationships with our Latin population. Any community member or professional in counseling, health care, education, social work, pastoral, mental health or therapeutic fields will benefit by attending.

Presenter: Dr. Carlos Canales, Psy.D., CGP, FAGPA, SEP™

Continuing Education Credit Available: 1 Education License Renewal credit \$50, 6 Nursing CEUs (IBON) \$20, 6 Social Work CEUs (Iowa NASW) \$20, 6 Behavioral Sciences CEUs (Iowa NASW) \$20, 6 Psychologist CEUs (Boards in the Bureau of Professional Licensure reviewed) \$20

This workshop is offered in partnership by Northwestern's Social Work department, Community Health Partners of Sioux County (CHP), Promise Community Health Center, Sioux Center Health and Orange City Area Health System.

JUNTOS NOCHE DE COMUNIDAD

Friday, February 7

www.nwciowa.edu/juntos

5-7pm | free meal, family friendly

The family event for the Latin@ community includes a meal provided by Lucy Trejo and a presentation by Dr. Carlos Canales, soccer for youth and a carnival for children. The event will be in Spanish only

INVOLVE CONFERENCE: FULLY EMBRACING ALL INTELLECTUAL ABILITIES

Tuesday, February 11th | 8:30am-4pm

www.nwciowa.edu/involve

\$60 | Full Day Conference | lunch included

\$30 | Half Day Conference (noon-4:00 pm) | lunch included

\$20 | Lunch and Learn Session (noon-1:00 pm)

The INVOLVE conference offers fresh insight into fully embracing individuals with different intellectual or developmental abilities in your community. Learn how to create a pattern of inclusion in your community, classroom, ministry or direct care. Keynote Dr. Benjamin Conner, Ph.D.

PELLA CORPORATION NEWS



We have some exciting Pella Corporation news for the Sioux Center Plant.....Production of one of Pella's product lines, the Lifestyle Series Triple Pane Casement product line, is being transitioned to be produced in Sioux Center! An assembly line, plus various parts-making pieces of equipment, are being moved from the Pella Plant to the Sioux Center Plant during January and February, 2020. Pella's Sioux Center Plant will begin production of this line during March.

More equipment moves will continue throughout the year, with the transition to Sioux Center being finalized in December, 2020. This line makes casements that feature 3 panes of glass and blinds and shades between the glass. Pella Lifestyle Series is the #1 performing wood window in the industry for the combination of sound, energy and value.

NEWS & FASCINATING FACTS

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COLLAGEN

NATIVE • TYPE 2

GUT • JOINT • SKIN

HEALTH FORMULA

Visit our new website at
www.sb-edge.com

COLLAGEN

Collagen is the most abundant protein in your body—30-40% of the total protein—and the key structural protein. Over time, natural collagen regeneration slows until your body is unable to repair or replace the collagen that has been lost.

COLLAGEN NATIVE TYPE 2 is used to rebuild collagen structures, stimulate collagen synthesis and reduce inflammation to promote overall health.

NATIVE

Native describes proteins that are in their natural, three-dimensional shape. While other collagen supplements contain proteins that have been broken into fragments, or peptides, **COLLAGEN NATIVE TYPE 2** maintains the protein's natural form.

TYPE 2

Type II collagen is found in your joints, ribs, eyes and spine. In addition, type II collagen can stimulate the production of type I collagen—the collagen found in your skin, tendons and bones.

[LEARN MORE](#)

GUT HEALTH

- Relieves the discomfort of digestive symptoms.
- Alleviates symptoms of leaky gut, ulcers/ulcerative colitis and irritable bowel syndrome (IBS).
- Reduces inflammation and promotes repair of the intestinal lining.

[LEARN MORE](#)

JOINT HEALTH

- Promotes cartilage regeneration and joint repair to relieve pain and stiffness.
- Alleviates symptoms of osteoarthritis and rheumatoid arthritis.
- Decreases age and activity-related joint pain.

[LEARN MORE](#)

SKIN HEALTH

- Improves skin elasticity, diminishes wrinkles and increases skin hydration.
- Promotes repair of damage due to UV exposure, eczema, psoriasis and other skin conditions.
- Helps wound and post surgical-healing.

[LEARN MORE](#)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Free Youth Mental Health First Aid Training

Iowa State University Extension & Outreach, in partnership with Project STOMP, is pleased to offer a training at a location near you. The training is open to ISU Extension & Outreach staff and interested community members.

To Register visit: <https://prosper-rx.ppsl.iastate.edu/vmhfa>

Feb 11th

Feb 27th

March 2nd

March 3rd

Orange City, IA

Spirit Lake, IA

Rock Rapids, IA

Sibley, IA

All Meetings are from 8:30 a.m. — 4 p.m.

Lunch and light refreshments will be provided. Space is limited. Register today.

Why Attend Youth Mental Health First Aid Training?

1 in 5
teens & young
adults live with a
Mental Health
Condition.

NAMI

64%
of youth with major
depression do not
receive any Mental
Health Treatment.

Mental Health America

1 in 4
11th graders in
Iowa have had
suicidal thoughts
in the past year.

2018 Iowa Youth Survey

Youth Mental Health First Aid teaches adults who work with 12-18-year old youth the skills they need to identify, understand, and respond to signs of mental health issues, including:

- Anxiety
- Depression
- Eating disorders
- Attention deficit hyperactivity disorder
- Substance use problems

This course will teach you how to apply the ALGEEaction plan:

- Assess** for risk of suicide or harm
- Listen** nonjudgmentally
- Give** reassurance and information
- Encourage** appropriate professional help
- Encourage** self-help and other support strategies

To learn more visit: www.MentalHealthFirstAid.org

SAMHSA

PROJECT STOMP

ISU

Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, racial origin, pregnancy, race, color, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran, or other protected classes. Direct inquiries to the Diversity Advisor: 515-294-1402, adiv@iastate.edu. This course is being supported by a Rural Opioid Technical Assistance grant [no. 1H79T001803-01] from the Substance Abuse and Mental Health Services Administration.

IOWA STATE UNIVERSITY
Extension and Outreach

SHARE WITH US

We try hard to stay on top of the news by scouring the local papers and websites for information about our members to include in our newsletter. But we would hate to miss anything so would appreciate your help. If you have news, congrats, awards, sympathies, events or any information about your business or your employees that you would like included in the next Chamber newsletter, please email it to me by the 22nd of the month. We'd love to help share your news!

SUBMISSIONS CAN BE MADE TO
BARBDH@SIOUXCENTERCHAMBER.COM