



FROM THE CEO: INDEPENDENCE DAY CELEBRATES FREEDOM

July 4 brings opportunities to celebrate freedoms we enjoy because of our democratic system of government. Independence Day celebrates the unanimous adoption of the Declaration of Independence by the Second Continental Congress in Philadelphia on July 4, 1776.

Though Congress has enjoyed fewer and fewer unanimous decisions as this nation ages, our daily freedoms of movement, religious choice, financial pursuits, press, gathering together, and free speech continue as they are supported by our Constitution based on the Declaration.

Therefore, as July 4 approaches, let us think about ways to enjoy and appreciate these freedoms. Interesting ways can include:

- **Support** one of your local recreational facilities, whether it is a local business or public-park-type facility, exercising the right to gather.
- **Talk** with a friend about local or national government issues and see if there may be ways to collaborate for improvement, using freedom of speech.
- **Read** a newspaper or the online application from a reputable news outlet to review how freedom of the press works.
- **Pray** or make an earnest wish for the well-being of your community and government to observe freedom of religion.
- **Gather** to enjoy a spectacular celebration that may include an afternoon of local attractions capped off by an exciting fireworks display.

As you move from point to point, reflect that there are numerous locations around Earth where the local populace cannot enjoy these freedoms. One only needs to watch the war in Ukraine or follow the events in the several authoritarian-based global governments where freedoms are either restricted or non-existent.

Join me in celebrating Independence Day 2022 with friends and family and be thankful that the fathers of our nation drafted the Declaration of Independence. Former president Franklin D. Roosevelt said it best: "In the truest sense, freedom cannot be bestowed; it must be achieved." Achieve your freedoms on July 4 by enjoying them with thanks.

Don Long

CEO, Lake Nona Regional Chamber of Commerce

Lake Nona Regional Chamber of Commerce Adopt-a-Highway Program

Chamber Members donated their time on Saturday, June 11, 2022 to clean up a portion of Narcoossee Road.



WELCOME NEW MEMBERS

Evolution Mortgage Loans, LLC
First Class Credit Repair, LLC
Go Travel
JND Networks LLC
Judge John Beamer
Nona Simple Healthcare LLC
Nona.FM
R.E.N.E.W. MedSpa & I.V. Bar
Tommy's Express Car Wash
Watson Realty Corp. - Cooke

RENEWED PARTNERS

Amazon MCO1 - Platinum
Starling Chevrolet Buick GMC of Saint Cloud - Gold
OneMed - Bronze

RENEWED MEMBERS

All-Star Dance Company
Byrge, Andrea
Center for Advanced Gastroenterology
Chicken Salad Chick
Coach Chris
Eagle Creek Golf Club & The Belfry Restaurant
EV Transports
Goodwill Industries of Central Florida

Laconic Digital
Lake Nona Insurance, Inc. / Beacon Insurance Agency
OG Fitness
Positively Osceola
Shamrock Auto Body & Service Center
The Bodysmith Inc.
USTA National Campus
Wild Florida

Chambers of FL HealthCare.com

Wait, we are coming to save you!

As you begin to look at the various types of plans and benefits extended to you, we encourage you to check out Chambers of FL HealthCare in your renewal journey. Health insurance is not a one-size fits all benefit. That is why we make healthcare coverage affordable, accessible, and customizable through our easy-to-use software. Remember that you do not have to overpay for confusing and unhelpful insurance. At Chambers of FL HealthCare, we simply don't make it an option. Seek out the healthcare you deserve this renewal season. Time is ticking.

EVENT GALLERY



Ribbon-Cutting Ceremony at Friends of Fisher House Orlando Summer Kitchen
Terri Turner (center), Fisher House manager, cuts the ribbon for the new summer kitchen located at their Lake Nona location on May 17. Turner retired on June 10 after more than 40 years of government service. (Photo by Danielle Conley)



Ribbon-Cutting Ceremony at Lightly Salted
Lightly Salted owners Mike (right) and Lauren Kirk (middle) receive the autographed souvenir ribbon from Chamber CEO Don Long (left) at the Grand Opening on May 19. (Photo by Danielle Conley)



Business Luncheon: Access to Justice With Clerk of Courts Tiffany Moore Russell
Tiffany Moore Russell, Orange County Clerk of Courts, delivers a presentation on the role of the Clerk of Courts at Ronald McDonald House Charities on May 20. (Photo by Danielle Conley)



Nona Professional Ladies' Luncheon: Helping the Government Meet Their Diversity Goals
The Nona Professional Ladies hear from Cynthia Washington, president of WCI of Florida LLC, on May 23 at Wycliffe Discovery Center. (Photo by Danielle Conley)



Ribbon-Cutting Ceremony at Gymboree Play & Music, Nona
Don Long (left), Chamber CEO, presents the signed ribbon souvenir to Amanda Sinianni, owner of Gymboree Play & Music, Nona, at the ribbon-cutting ceremony on May 24. (Photo by Danielle Conley)



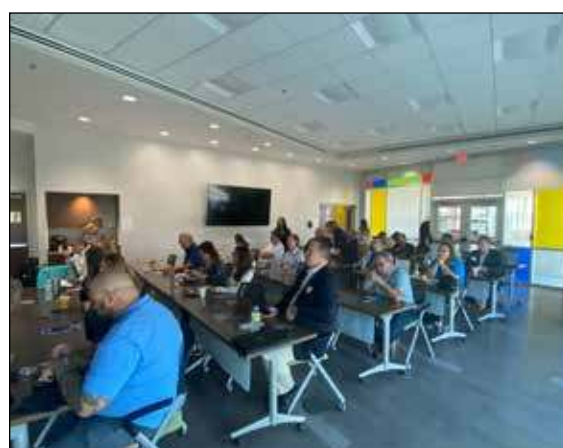
Ribbon-Cutting and Grand Opening Ceremony at Orlando Jewelers
Owner of Orlando Jewelers Luis Arroyo celebrates cutting the ribbon at the grand opening of his new store on May 26. (Photo by Danielle Conley)



Chamber Connections: New Member Showcase Networking Event
The Chamber Connections Group held a new member showcase at Wycliffe Bible Translators with the newest LNRCC Chamber members on June 2. (Photo by Danielle Conley)



First Tuesdays After Hours: Nona Adventure Park
Glenn Cooke (left) with Arcimoto talks about this latest fun electric vehicle option. Arcimoto, a Chamber Bronze Partner, sponsored this First Tuesdays After-Hours event on June 7 at Nona Adventure Park. LNRCC Chamber members sampled appetizers along with drink specials while enjoying professional networking with a sunset backdrop. (Photo by Danielle Conley)



Breakfast Connections: Let's Talk about Men's Health!
Lake Nona Regional Chamber of Commerce hosts an AdventHealth panel to discuss men's health at the Ronald McDonald House Charities in Lake Nona on June 9. (Photo by Danielle Conley)



Breakfast Connections: Let's Talk about Men's Health!
AdventHealth's panel of doctors with moderator on June 9. (L-R) Tom Johnson, executive producer of AdventHealth TV; Dr. Harrison Youmans, M.D., orthopedic sports medicine; Dr. Rikin Patel, M.D., urology; and Dr. Yaphet Tilahun, M.D., colorectal surgery.

Chamber Connections: Speed Networking
First Thursdays at 8:00 a.m.

Thursday, July 7

CULVER'S LAKE NONA
11978 Narcoossee Rd

JOIN US FOR NETWORKING AND A GAME
NONA FC x The Villages

SATURDAY, JULY 9

6:00 p.m. Networking 7:00 p.m. Game
AUSTIN-TINDALL SPORTS COMPLEX

2 for \$10 MEMBERS - KIDS FREE

Let's go Longhorns! #WEARENONA

Ribbon Cutting and Grand Opening
Earthwise Pet Lake Nona

Saturday, July 9
10 a.m. - 3 p.m.
Ribbon Cutting at 12:15 p.m.

10651 Narcoossee Road, Orlando, 32832

BREAKFAST CONNECTIONS: VISIT ORLANDO TRAVEL IMPACT AND MARKETING INITIATIVES FOR 2022

Thursday, July 14
8:00 - 9:30 a.m.

Ronald McDonald House Charities
6551 Nemours Parkway, Orlando 32827

Chief Marketing Officer
Danielle Hollander

Third Tuesdays After-Hours

Tuesday, July 19

5:30 - 7:30 P.M.

Lime Fresh Mexican Grill Patio
13052 Narcoossee Road

BUSINESS LUNCHEON: IMPACTING TRANSPORTATION - STATE & COUNTY UPDATES

Friday, July 29

11:30 a.m. - 1:00 p.m.

GuideWell Innovation Center
6555 Sanger Rd, Orlando, FL 32827

JOIN TODAY
Large, small, home businesses, organizations, charities, political candidates and nonbusiness - individuals welcome!

LAKE NONA REGIONAL CHAMBER

Progressively serving the Lake Nona Region with Opportunities that enable growth and success while Supporting our members through their journey.

Annual membership \$150 to Trustee levels available - www.lakenonacc.org

Check our website for free business resources and join us as a guest for an upcoming event.

THANK YOU CHAMBER PARTNERS

DIAMOND
NONA MEDIA
AdventHealth
amazon
ORLANDO HEALTH
FIMM
Northwestern Mutual
VERANDAH PROPERTIES, LLC

PLATINUM
GUIDEWELL Innovation
STARLING
FIRST COLONY BANK
Walmart
OSCEOLA COUNTY
TAVISTOCK RESTAURANT COLLECTION

GOLD
LAKE NONA SOCIETY
UCF Lake Nona Hospital
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KPMG
HAMMOCK BEACH RESORT

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