



FROM THE CEO

LAKE NONA, FL August 1, 2022 – With Orange County Public Schools (OCPS) reopening their doors August 10 this year, I hope families have already started planning and organizing so that the students can return with positive attitudes and drive to the classrooms. I researched several sources to compile a list that I believe both parents and students should use:

Review the goals and future of the students so that the classes where they enroll bring them satisfaction and a focus on the future.

- Think about the logistics of returning to school and how they affect budgets, transportation requirements, clothing, equipment/supplies, and one of the most important, scheduling so attendance and family time both receive emphasis.
- Families may want to start returning to a routine for personal hygiene, meals, and bed and wake-up times that are similar to the new school year schedule.
- Get those summer assignments finished and initiate learning habits by introducing books or learning materials that will help the students enter the classroom with confidence.
- Do not forget medical checkups and tests that may be needed for either classroom presence or sports participation.
- Identify the students' areas of interest with a focus on the possibility of volunteering or interning at a local business or non-profit where the students can earn volunteer points for OCPS volunteer programs. Parents might also think about how parents can help with the beginning or throughout the school year to enrich the education experience of all our students.
- Parents and students should plan a sincere sit-down meeting to discuss the entire plan, find challenges and concerns while also reaffirming the importance of a lifetime of learning.

Don Long *CEO, Lake Nona Regional Chamber of Commerce*

JOIN TODAY
Large, small, home businesses, organizations, charities, political candidates and nonbusiness - individuals welcome!

LAKE NONA REGIONAL CHAMBER

Progressively serving the Lake Nona Region with Opportunities that enable growth and success while Supporting our members through their journey.

Annual membership \$150 to Trustee levels available - www.lakenonacc.org

Check our website for free business resources and join us as a guest for an upcoming event.

WELCOME NEW MEMBERS

- | | |
|---|------------------------------------|
| Bluesun Medical Technologies LLC | Hotel Kid Care/ Nona Kid Care |
| Dream Car Gurus | IHRMC - Jan Gautam |
| Earthwise Pet Lake Nona Nutrition Center & Wellness Spa | Massage Envy of Lake Nona |
| EDesigns & Co. | Osceola History |
| F&M Accounting and Consulting, LLC | Render Analytics |
| Florida Relocation Real Estate | The Scout Guide Orlando |
| HJ Louis Vending Enterprises | Travelmation LLC - Melanie Kostrab |
| | Unik Title |
| | Urban E Recycling |

RENEWED PARTNERS

- Nona.Media (Nonahood News)-Diamond Media**
Tavistock Restaurant Collection - Bronze
Northwestern Mutual - Copper
Verandah Properties, LLC - Copper

RENEWED MEMBERS

- | | |
|-------------------------------|---------------------------------|
| A Clear Choice Title | Orange County Tax Collector |
| ADEK Management | Scott Randolph |
| Aflac - Erika Spencer | Orlando Party Essentials |
| Berlin & Denys Insurance | Osceola Heritage Park |
| Bozianich Photography | Pediatric Dental Group |
| Collaborative | Rukus Cycling Lake Nona |
| DMI Insurance Orlando | Shuffield Lowman and Wilson, PA |
| Fish Window Cleaning | Tranquil Waters Counseling LLC |
| Next Pro LLC | Visium Resources, Inc |
| Jones Homes USA | Wycliffe Bible Translators |
| Land Title Professionals, LLC | |
| New Era Advisory | |

First Tuesdays After-Hours

Tuesday, August 2

Courtyard & Residence Inn by Marriott
6955 Lake Nona Blvd, Orlando, 32827

5:30 - 7:30 P.M.

COURTYARD Residence Inn by SPRINGHILL SUITES

BREAKFAST CONNECTIONS: HELP FOR PTSD

Thursday, August 11
8:00 - 9:30 a.m.

Wycliffe Discovery Center
11221 John Wycliffe Blvd
Orlando, Florida 32832

BY THE LAKE NONA REGIONAL CHAMBER OF COMMERCE

NONA PROFESSIONAL LADIES' LUNCHEON:

Taxes, the Dos and Don'ts for Owners and Individuals

Monday, August 15
11:30 a.m. - 1:00 p.m.

XL Soccer World
12314 Suttner Avenue
Orlando, 32827

BUSINESS LUNCHEON:

13.5 THINGS YOU WON'T DO TO GROW YOUR BUSINESS

ERIC SHULMAN

Friday, August 26
11:30 a.m. - 1:00 p.m.

Ronald McDonald House
6551 Nemours Parkway, Orlando, 32827

Chamber Connections: Connecting over Coffee

First Thursdays at 8:00 a.m.

Thursday, August 4

CULVER'S LAKE NONA
11978 Narcoossee Rd
Orlando, 32832

Lake Nona Regional Chamber of Commerce

Adopt-a-Highway

VOLUNTEERS NEEDED EVERY OTHER MONTH ON SATURDAY MORNING

Saturday, August 13, 8:00 - 9:00 a.m.
Meet in Chilli's parking lot on Narcoossee Road and Irenic Way

Lake Nona Chamber has a section of Narcoossee Road that we maintain!

Orange County will provide safety equipment and supplies.
Volunteers must be at least 18 years old; bring proof of age; wear closed-toe shoes; register and complete the waiver online at www.lakenonacc.org

RIBBON-CUTTING

Coverage

Ribbon Cutting and Grand Opening

Massage Envy

Thursday, August 25
10:00 a.m. - 4:00 p.m.

Ribbon Cutting at 11:00 a.m.

13919 Narcoossee Road
ORLANDO, 32832

RIBBON-CUTTING

Coverage

Ribbon Cutting and Grand Opening

The DRIPBaR

Wednesday, August 31
5:00 - 7:00 p.m.

Ribbon Cutting at 6:00 p.m.

14152 Narcoossee Rd STE 330
Orlando, 32832

EVENT GALLERY



Nona Professional Ladies' Evening Social
Nona Professional Ladies' Group held an Evening Social at Azteca Mexican Restaurant June 28. Sponsor Red Door Title Group donated a fabulous door prize, and ladies enjoyed a whisky tasting from F&W Company LLC. (Photo/Danielle Conley)



Adopt-A-Highway
Chamber members and guests cleaned up a part of Narcoossee Road June 11 during the Adopt-a-Highway event. Thank you to: Wayne Alleyne, Nona Enviro Group; Mark Reid Beep, Inc.; Lori Robb, Comfort Keepers Oviedo & East Orlando; Michael Stewart, Elect Michael Stewart for Circuit Court Judge; Mercedes Fonseca, Mercedes Fonseca, Candidate for Orange County Commissioner District 4; Jennifer Massey, PNC Bank; Lawrence Lamos, Northpoint Mortgage; Keilah Rios, OG Fitness; Jim Klip, Rukus Cycling Lake Nona; Irma Sierra, Sierra Development & Construction, Inc.; Jasson Sierra and Jonathan Velez, Sierra Development & Construction, Inc.; Sergio Guarnizo, TransPremier; and Julianna Giordano, Watson Realty Corp Lake Nona.



Chamber Connections: Speed Networking
Chamber Connections Event: Speed Networking at Culver's Lake Nona July 7. (Photo/Danielle Conley)



Ribbon-Cutting Ceremony at Earthwise Pet in Lake Nona
Don Long (left), CEO of Lake Nona Regional Chamber of Commerce, presents the signed ribbon to Nick Marchio (center), owner of Earthwise Pet in Lake Nona at the Ribbon-Cutting Ceremony July 9. (Photo/Danielle Conley)



Breakfast Connections: Visit Orlando
Lake Nona Regional Chamber of Commerce members enjoy breakfast while Danielle Hollander, Chief Marketing Officer, Visit Orlando shares information about tourism in the Orlando region. Ronald McDonald House Lake Nona hosted the event and Cap's Kitchen Creations catered the breakfast. (Photo/Danielle Conley)

THANK YOU CHAMBER PARTNERS

DIAMOND	PLATINUM	GOLD	SILVER
NONA MEDIA	AdventHealth	amazon	Walmart
BRONZE	ORLANDO HEALTH	GUIDEWELL Innovation	STARLING
ARCIMOTO	UCF Lake Nona Hospital	onemed	FIRST COLONY BANK
COPPER	SYNOVUS	TRC	OSCEOLA COUNTY
NEMOURS CHILDREN'S HEALTH	CHASE	KPMG	TAVISTOCK
VERANDAH PROPERTIES, LLC	Northwestern Mutual	LIFESTYLE MAGAZINE	HAMMOCK BEACH RESORT

www.lakenonacc.org (407)796-2230

The Lake Nona Regional Chamber of Commerce is not affiliated with or sponsored by, Lake Nona Property Holdings, LLC or its affiliated entities.

CHAMBER SWING

FRIDAY, NOVEMBER 4
EAGLE CREEK GOLF CLUB
Sponsorships and player registration available now
Early bird prices

MEMBER APPRECIATION

ANNIVERSARY

CELEBRATING

10 YEARS

IN BUSINESS

HOLIDAY PARTY

Tuesday, December 6