COVID POSITIVE OR WAITING FOR TEST RESULTS?
WHAT NOW?
FRANKLIN COUNTY RESOURCE GUIDE

IF SOMEONE IN YOUR HOME IS SICK
*Sick or not, this applies to everyone at home.*

**DO:**
- stay at home
- identify a "sick" room
- cover coughs and sneezes
- wash hands frequently
- clean surfaces often
- monitor symptoms
- stay in touch with your doctor

**DO NOT:**
- run errands
- use public transportation
- shop for groceries
- touch your face, nose, or mouth
- share personal items
- allow visitors

SEEK IMMEDIATE MEDICAL ATTENTION IF:
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or disorientation
- Bluish lips or face

FEELING SAD, NERVOUS, OR ANXIOUS? WE ARE HERE TO TALK.
Keystone Health Crisis Intervention, 24/7
717-264-2555 or 866-918-2555

Mental Health Assoc. of Franklin/Fulton Co. HelpLine
717-264-2916

The Mental Health Support Line can be reached toll-free, 24/7 at
1-855-284-2494 from anywhere in PA

National Crisis Text Line: HOME to 741741
LOCAL RESOURCES WITH NO-CONTACT DELIVERY

If you have been asked to self-isolate, please do not leave your home.

Grocery:

- **Aldi**
  www.shopaldi.us

- **Giant Direct**
  www.peapod.com

- **Weis Markets**
  www.weismarkets.com

- **www.instacart.com**
- **www.shipt.com**

**Pharmacy:**

- **www.riteaid.com/pharmacy**
  - Chambersburg 717–263–8040
  - Greencastle 717–597–4617
  - Waynesboro 717–762–9676
  - Fayetteville 717–352–3850
  - Shippensburg 717–530–9111

- **Chambersburg**
  Chambers Apothecary 717–263–0747
  Park Ave Pharmacy 717–264–7312

- **www.cvs.com/pharmacy**
  - Chambersburg 717–263–6788 (Wayne Ave.)
  - 717–263–9893 (W. Washington Street)
  - 717–709–2061 (Norland Ave in Target)
  - Shippensburg 717–530–1401 (King Street)
  - Greencastle 717–593–0170 (Baltimore Street)

**Food Emergency?**

Please call ahead (Info subject to change)

**AS OF 4/10**

- **Meals on Wheels (Food Delivery)**
  717–263–7228

- **Franklin County Office of Aging**
  717–263–2153

- **SCCAP Food Pantry**
  717–263–5060, Ext. 252

- **Shippensburg Community Resource Coalition**
  717–658–2092

**Chambersburg**

- First United Methodist Church Food Pantry, 717–263–8491
- Maranatha Food Pantry, 717–264–7785
- St. Paul United Methodist Church
  717–267–3085
- St. Thomas UM Church Food Pantry
  717–263–5060, ext. 252
- St. Vincent De Paul Society Food Distribution, Corpus Christi
  717–504–9702

- **Greencastle**
  - The Storehouse Community 717–597–8242
  - Five Forks Brethren in Christ Food Pantry, 717–762–2991

**Dry Run**

- Valley Ministries 717–349–0067
  (pantry once a month)

- **Waynesboro**
  - Waynesboro Community and Human Services Food Pantry 717–762–6941

For other food resources in Franklin County visit **www.sccap.org** or call **2–1–1**.

If you need additional resources for food, housing, employment, childcare, mental health, or other needs, call 2–1–1 or text your zip code to 898–211.