









## Killingworth Krier

July 2019
A Chamber of Commerce Publication

In This Issue

Profile– CT Access Remodeling

3

Happy Anniversary KCF

7

A Soldier on Memorial Day Ivy McNiel

11

Ice Cream Trail

Parmelee Farm

News

20

Vet's Corner

23

Town Hall

Middlesex

### From The President's Desk

#### Hello Killingworth!

This month, here in Middlesex County and around our great country, we celebrate Independence Day. The Fourth of July holiday is synonymous with patriotism, fireworks, and



Larry McHugh, President

enjoying the summer weather with family and friends. While we enjoy these celebrations and take pride in our national heritage, we should all take a moment to recognize the servicemen and servicewomen of the United States Armed Forces who protect this independence on a daily basis. I know that Memorial Day and Veterans Day are dedicated to those we lost and to those who have served, but we must also honor them on the day that we celebrate the birth of our nation. I hope that we all keep our servicemen and servicewomen in our thoughts and prayers, not only on the Fourth of July, but every day. I wish everyone in Middlesex County a safe, happy and healthy Independence Day, because America is certainly worth celebrating.

In addition to the Fourth of July holiday, this time of year also brings the start of the chamber's annual Summer Youth Employment Program. The work experience portion of the 2019 program begins on Monday, July 8 at over 30 different host worksites across our region and from many different industry sectors. The chamber is proud of all of its

workforce development initiatives, but this program is especially important because it deals with our youth population. Thanks to the leadership and support of Workforce Alliance, the City of Middletown, and a number of terrific private funders, we are able to put nearly 80 kids to work

this summer in constructive employment environments in Middlesex County.

Our appreciation extends to over 30 businesses and organizations that will serve as host worksites this summer. It is critical that we have host worksites stepping up to the plate to provide the work and supervision that is necessary to truly make this an effective workforce development initiative. All of these local supporters are providing a quality work experience to youngsters who need it, and in most cases, it is their very first work experience. As I have noted in the past, this program is truly developing the future of the workforce, and we appreciate everyone's strong support.

On Tuesday, July 9, the KeyBank Workshop Series will continue with two sessions of Sexual Harassment Prevention Training at the chamber beginning at 8 a.m., and at 10 a.m. Presented by Jackson Lewis, P.C., this critically important session will discuss the definition of sexual harassment, liability (your own and your organization's), and the prevention of sexual harassment in

Continued on page 5



#### President Larry McHugh

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Franco Piscitelli, CFP
Barnum Capital Management

#### The Killingworth Krier Est. 1993

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#### Hello Killingworth!



We hope you are having a great start to the summer. Parmelee Farm kicked off the season with a tremendous act at the first Summer Concert. On June 9th, Hip Joint played to a great crowd at the farm, the largest yet! Wonderful to see families among picnic blankets and chairs enjoying the

music and each other's company, the kids playing ball and enjoying the beautiful farm. The day was perfect and reminds me it was these type of events that brought my family to Killingworth. Please join us on July 14th for more of the same. A HUGE THANK YOU to Michaud, Accavallo, Woodbridge, Cusano, our main sponsor for the Summer Concert Series. They are a great partner to the chamber and we appreciate their support!

June was a busy month of events for the MCCC. While there are no Killingworth Division meetings in July or August, there are still plenty of events to keep our Chamber members busy. Check the events list on page 4 for details. A key event is Sexual Harassment Prevention Training for business owners and their employees held on July 9th. This is a very important topic in today's workplace. Learn how to protect yourself, your business, and employees by attending this informative workshop. The monthly Business After Work will be held on July 22nd at Courtyard By Marriot in Cromwell. These are free events for Chamber members.

Thank you to all members who have joined us from the Killingworth Chamber. We are receiving great feedback from everyone so far. If you were a past Killingworth Chamber member, you can still join the Middlesex Chamber at the discounted rates for a short time. Feedback is always welcome, send inquiries and suggestions to our publication e-mail - krier@killingworthct.com

Happy Summer, all – hope to see you around town!

Franco Piscitelli, Killingworth Chairman Middlesex County Chamber of Commerce



July 2019 2

## **Profile: CT Access Remodeling**

Owners: Richard & Eileen Pleines • Contact: (203) 631-1212 • richard@CtAccessRemodeling.com

Killingworth native Richard Pleines, and his wife Eileen, operate CT Access Remodeling, with over 30 years of general contracting experience, offering creative, custom and cost-effective building solutions. They are a full-service remodel/improvement contractor; indoor, outdoor and disability/elderly access specialists. Whether requiring a bathroom remodel, a kitchen redo, decks, siding, accessibility ramps and more, every client is treated like a member of the CT Access Remodeling family. Richard believes in working closely with the client, discussing each phase of a job and making changes accordingly, when necessary. Richard says, "Changes are inevitable when doing a remodel. We always adapt to best meet clients' needs and budget" and lives by the philosophy that "Everyone deserves the best possible outcome at the most reasonable expense". Some of Richard's handiwork can be seen every day at the Killingworth library which received new siding in the summer of 2016.

Richard and Eileen share their home with their three german shepherd dogs and can often be found entertaining in their newly remodeled gourmet kitchen, on the Connecticut River in their sailboat, or in the yard tending to their bee hives and gardens.



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## **Distinguished Citizen Award Recipients**

The Middlesex County Chamber of Commerce announced the 2019 recipients of the chamber's Distinguished Citizen Award. Each year, the chamber presents this award to individuals who serve as an inspiration to others, and are recognized by the Middlesex community as unselfishly giving his or her time and talent to produce a lasting benefit to the area. The Distinguished Citizen Committee chose the recipients from a list of over 230 nominees. This year's recipients are Anthony Assante, Geoffrey Jacobson, Bill Currlin and Nancy Currlin.

Chamber President Larry McHugh noted, "Once again, our Distinguished Citizen Committee has chosen four outstanding individuals. They are committed to making Middlesex County a better place to work and live, and we are extremely proud of all of them."

The 2019 Distinguished Citizen Award recipients were honored at the MCCC Annual Awards Dinner in June at the Red Lion Hotel in Cromwell.

The 2019 Michael L. Green Award was presented to Chief Denise Lamontagne of the Cromwell Police Department. The Michael L. Green Award is presented annually to a member of the police or fire community for his or her outstanding service to the community and to the chamber.

#### **Upcoming Chamber Events**

**KeyBank Workshop Series-Sexual Harassment** Prevention Training - Tuesday, July 9, Two sessions, 8 a.m. and 10:15 a.m. Middlesex County Chamber of Commerce. This session meets the State of Connecticut's requirement for two hours of sexual harassment prevention training for supervisors and managers.

**Business After Work Networking Reception -**Courtyard by Marriott, Cromwell. Monday, July 22-5 p.m. to 7 p.m. Free beer, wine, non-alcoholic drinks and the best networking around.

\* For Chamber events at Parmelee Farm, see page 20 for details.







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## From The President's Desk, continued from cover

the workplace. Attorneys from the law firm will show you and members of your team how to limit your company's exposure to damaging charges of sexual harassment. This session meets the State of Connecticut's requirement for two hours of sexual harassment training for supervisors and managers. For more information on this important chamber workshop, please visit www.middlesexchamber. com.

Switching gears a bit, it was a pleasure for the chamber to help kick off the 2019 Killingworth Summer Concert Series, sponsored by MAWC, LLC, back in June. This month, we look forward to the second installment on Sunday, July 14 featuring The Meadows Brothers. This four part concert series is held on the second Sunday of each month from June through September at Parmelee Farm. I again want to thank MAWC, LLC, Parmelee Farm, and the Town of Killingworth for its support of this important concert series.

On the Business After Work front, we look forward to Monday, July 22 when the Courtyard by Marriott in Cromwell will host a members-only networking reception from 5-7 p.m. We expect a great crowd for what is sure to be a fun night of networking and festivities in Cromwell. The Courtyard team, led by GM Anthony Covino, always does a terrific job with this annual event which will feature a great spread of food and drinks, and outstanding summer networking for our guests. We look forward to a fun evening! To register, please visit www.middlesexchamber.com.

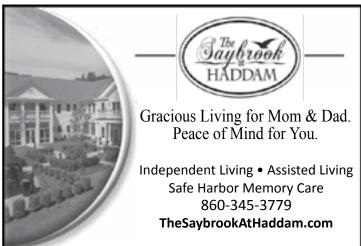
In closing, I again want to take a moment to express how much we appreciate the Killingworth businesses that have joined the Middlesex County Chamber of Commerce since the establishment of our Killingworth Division in April. As I noted last month, the Middlesex County Chamber of Commerce is very excited to have entered into an official partnership agreement with the Killingworth business community. We believe that this partnership will be a great thing for the Town of Killingworth, and for all of Middlesex County.

The chamber is on the move. Have a great month!

Larry McHugh, President

Middlesex County Chamber of Commerce









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## **Happy Anniversary, Killingworth Community Fund!**

The Killingworth Community Fund (KCF) builds and supports the community - one grant at a time - in partnership with the Community Foundation of Middlesex County (CFMC). In two short years KCF has supported many local nonprofits through grants. Here are just a few:

The purchase of a maple syrup filtering and bottling machine for the sugarhouse and general support at Parmelee Farm (yum!); The Memorial Day Poetry Awards given to the top three poetry submissions celebrating Memorial Day at Haddam Killingworth Middle School; Support for our young people at Youth & Family Services of Haddam-Killingworth; Making space at the Killingworth Library by helping to reconfigure the display area in the main foyer; New, high quality, sturdy backpacks ensure children in Killingworth, Haddam, and Higganum have food every weekend thanks to a grant to HK Backpack Program

We extend three cheers to the dedicated KCF Committee members who help "Build Community One Grant at a Time." KCF members (Joan Gay, Ed and Mary Anne Lisk, Cathy lino, Mary Meixell, and Wally Jones) recognize the many contributions of

the nonprofit organizations serving Killingworth.

To celebrate "All Things Killingworth", KCF is hosting a gathering on August 25th at the Barrel House. Let's have some fun and raise some funds to invest right in our own backyard to support our nonprofit organizations. Join us at The Barrel House on Sunday, August 25th from 4-7 p.m. For tickets please contact the Community Foundation at (860) 347-0025 or visit MiddlesexCountyCF.org and view our Events Calendar to purchase online.

Let's have a round of applause for everyone who is dedicated to building and preserving the wonderful community where we live, work, and play. Let's do even more, TOGETHER.

For tickets please contact the Community Foundation at (860) 347-0025 or visit our website Events Calendar at MiddlesexCountyCF.org for the "All Things Killingworth" event page and to purchase tickets online.





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## **Education**

### **KAA Scholarship Winners**

For the second consecutive year, five Haddam-Killingworth High School seniors have been named recipients of Killingworth Ambulance Association scholarships. Emily Jennings, Kyra Figuerelli, Brianna Livingston, Brianna Shipman and Mikayla Nuhn were honored in May at Haddam-Killingworth High's 2019 senior awards night, with all but Livingston present for the awards and all but Shipman planning to pursue careers in nursing.

The KAA annually grants scholarships to high-school seniors who reside in Killingworth, have been accepted to a two-or-four-year colleges, plan to major in the medical, emergency services or allied fields and have GPAs of 3.0 or better. The five honored checked all those boxes, and the roll call, please:

EMILY JENNINGS – A member of the Haddam-Killingworth volleyball team, Emily will attend Rivier University where she intends to pursue a Bachelor's of Nursing degree.

KYRA FIGUERELLI – A USA Junior Olympic gymnast the past 12 years, Kyra is a prospective nursing student who plans to attend SUNY College at Brockport.

BRIANNA LIVINGSTON – Among Brianna's 200-plus hours of community service was an internship the past year at the Westbrook ER. That experience convinced her to pursue pediatric nursing at Mt. St. Joseph.

BRIANNA SHIPMAN – The daughter of a volunteer firefighter and EMT, Brianna has been associated with the Killingworth Volunteer Fire Company the last four years. She spent over 300 hours volunteering at the Fire Compa-

ny and will study at the University of New Haven where she will major in paramedicine.

MIKAYLA NUHN – Mikayla also accumulated over 300 hours of community service and plans to major in nursing at Endicott College – hoping one day to work with children. A sixth winner, Grace Murphy, received a scholarship later at a Mercy High School awards night. Grace completed over 200 hours of community service, including mission trips with Mercy and St. Peter's Church.

The Killingworth Ambulance Association congratulates all recipients.



(L-R) Mikayla Nuhn, Brianna Shipman, Kyra Figuerelli and Emily Jennings. Not pictured is Brianna Livingston.

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July 2019 8

## **Education**

## Haddam-Killingworth Senior Recognized for Service

Sierra Stankiewicz was the designated 2019 recipient of the Connie Bombaci Service Award during the Haddam-Killingworth High School's Senior Awards Ceremony in May. Sierra dedicated herself in over 700 hours of working within the Haddam community and volunteering in the Haddam Volunteer Fire Department.

The Award was established by the former Superintendent and the Board of Education in 2006 as a means to recognize Mrs. Bombaci's exceptional service to the school district over her years of commitment and devotion to the students, staff, and H-K community. Bombaci spoke directly to the senior class during the ceremony, reminding them that we all must serve one another without expectation of personal gain but for lending the helping hand that makes an exceptional difference. This Award's purpose is to help ensure that the heart of "paying it forward" will continue to be present in our high school for many years to come. Sierra plans to earn a degree in Nursing. She states, "I believe that giving back to others is so important and can be life-changing. By going into the medical field, I want to continue my life by working in a way that will help others."

Funding for this award is possible through profits received from Bombaci's multi-award-winning book, Hogan's Hope, which is the inspirational story of an amazing, deaf dog who served others as a certified therapy dog and also paved the way for other deaf animals to be saved. Endorsed by Dateline NBC's correspondent, Dennis Murphy, and the foreword written by the renowned animal behaviorist, Dr. Nicholas H. Dodman of Tufts University, it is a story that

demonstrates that we can all accept, love, and serve one another, no matter what. Says Bombaci, "Hogan taught me how to live my life as a courageous journey and unconditional service to others. I determined that his life was going to be 'A gift that keeps on giving.'"





Connie Bombaci and Sierra Statkiewicz at HK Senior Awards Ceremony



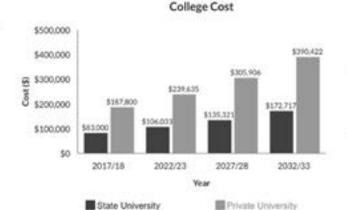
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July 2019 10

## **Education**

Every year there are two Memorial Day competitions at the H-K middle school. Eighth graders write an essay; the winner reads their submission at the Haddam observance. Seventh graders write poems. On the Friday before Memorial Day, a panel of judges, including the First Selectmen of the two towns, several veterans, and a retired teacher, among others, judge the competition. For the last several years, the Killingworth Community Fund has provided small prizes for the seventh grade winners. Ivy McNiel was a winner this year, her entry below....

#### A Soldier on Memorial Day

By Ivy McNiel

It's cold and dark where I am.
I have not seen the sun in a while.
No sunlight can be emitted
From the soil that surrounds me.

I'm laying down, all alone, As silence fills the air. Wooden walls on every side of me. This is now my new home.

Up above me is a newly placed headstone.
On the front of it Is my full name,
Carved into the smooth marble.

No flowers lay beside it. All that is there is worn out grass. It seems as if no one has visited me, Or even cares that I am gone.

A crunch of leaves wakes me from the absence, As a group of people huddle around me. They start to talk about my life, And everything I did.

These people, my family – Place a small flag directly above me. I feel peace and comfort, For the first time in a while.

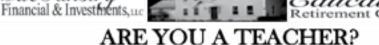
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# Francesco Lulaj

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Since relocating to America, Francesco proudly became a U.S. citizen in 2008 and has built a string of successful businesses.

Francesco Lulaj calls Killingworth home, where he and wife, Cassandra raise their four children.

Francesco Lulaj is dedicated to our community and will work to make Killingworth a better place to work, live, and raise a family. We can count on Francesco to bring a new brand of leadership to Town Hall by:

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- · Preserving our town's rural character
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July 2019 12

## Nathaniel B. Field Memorial Foundation Scholarship Awards

On May 28th Marie Field, president of the Foundation, presented four \$1000 scholarships to graduating seniors from the Haddam-Killingworth Regional School District #17 Class of 2019. The selection process for scholarship recipients was a very difficult one, as all candidates were highly qualified individuals who will continue to have a positive impact on society. This year's award recipients from left to right were Hannah McLeod, James Martino, Amber Edwards, and Morgan Bowles. The mission of the Nathaniel B. Field Memorial Foundation, Inc. is to prevent suicide through public awareness and education, to reduce the stigma of mental illness, and to provide hope and support.



## Thank You from the HK Backpack Program

The HK Backpack Program would like to express our deep appreciation to all the generous families, businesses, local philanthropic groups and individuals who graciously donated non perishable food items, cash and returnables throughout the 2018-2019 school year. Many local families lives were enriched by your kindness and our program would not be successful without your continued support. We are so very grateful!"

Amber Stamm, Director, HK Backpack
 Program



### Waterfall Swimming Holes In Connecticut

We've certainly got beaches nearby to help beat back the heat. To avoid crowds, consider also these scenic waterfall swimming holes. There is a quick hike to these spots but it's so worth the experience. Don't forget your picnic lunch – and make sure you bring your trash back home to discard properly.

Enders Falls, Enders State Forest on Route 219, Granby, CT - hailed as one of the most beautiful in the state. You can stand underneath the falls and there are several sets of falls to explore.

Wadsworth Falls, 721 Wadsworth Street, Middletown, CT - lovely falls with nearby picnic tables. Pets on leash allowed.

Indian Wells Falls, Indian Well State Park, 1 Indian Well Road, Shelton, CT – Crystal clear waters in what appears to be an enclosed crater. If you're feeling brave, you can jump from the rocks.

Riga Falls, Mount Riga State Park, off Route 4, Salisbury, CT - A remote location, trees provide ample shade, large pool with cool waters.

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## Linda's Team Specialists

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- Jim Foley
- Atia Hart
- Brenda Hanley
- Erin Wilson



## Chill out on the Connecticut Ice Cream Trail

Take a little time this summer to leave the grind behind and choose a destination on Connecticut's Ice Cream Trail, brought to you by the Connecticut Office of Tourism. Keep a checklist – take a series of day trips and choose your favorite by the end of the summer! For more details, google the names directly or visit onlyinyourstate.com and then search CT Ice Cream Trail, where you'll find a more detailed listing and photos of some of the delectable offerings statewide. Below is a quick list, as well as some of our local establishments.

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## **Events**

#### **Save The Date!**

The Harlem Wizards are coming to town to play against a team of our RSD 17 teachers! The game will take place Sunday, September 29th at 2 p.m. at the H-K High School. This event is sponsored by HKMS PTO. Advanced tickets can be purchased at HarlemWizards.com.



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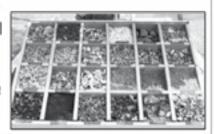
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## Middletown - Saturday, June

**July Fireworks** 

29th - 4th of July Fireworks Festival - Middletown Community Park (Festival starts 5 p.m., Fireworks 9:30 p.m.). Rain Date: None

Madison Fireworks – Wednesday, July 3rd - Waterfront area off of West Wharf Beach (9:30 p.m.). Rain Date: 7/5/2019

Haddam -Thursday, July 4th Search for Fireworks Sunset Cruise - RiverQuest & Adventure - Eagle Landing State Park (7:30 p.m. to 10 p.m.). Rain Date: None

**New London Sailfest & Fireworks** Extravaganza, Saturday, July 13th - Waterfront Park and State Pier, 9 p.m., no rain date. Saturday, July 13th -





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## **Events**

#### **Music and Words**

The Congregational Church in Killingworth Presents Two Special July Fund-Raising Events in its Historic Sanctuary -

MUSIC: On Sunday, July 14th from 4-7p.m., Madison native and Juilliard-trained organist Jeremiah Mead, joined by vocalist Paul Thomas, will perform on the church's historic organ. Among his many concerts was a performance in April at Manhattan's treasured Marble Collegiate Church. Mead studied organ with Dr. Ezequiel Menéndez at the Cathedral of Saint Joseph in Hartford, Connecticut and Dr. Andrew Kotylo at Trinity Church in New Haven. He also sang with the Trinity Church Men and Boys Choir. Thomas is a member of the New Haven Chorale and often sings with the St. Peters Church choir in Milford.

#### WORDS: On Friday, July 26th from 6:30-8:30 p.m.,

Connecticut morning radio personality, actress, voiceover pro and keynote speaker Randye Kaye will present "Happier Made Simple," an interactive and fun program to lift your life to greater success and self-esteem with seven simple phrases and is the subject of her most-recent book by the same name. In addition, Randye also speaks frequently to medical professionals, providers, legislators and families regarding coping with mental illnesses.

DETAILS: Admission to each event is \$10, refreshments will follow. All proceeds go directly to the Preservation 2020 Capital Campaign Fundraiser to restore the historic Congregational Church in Killingworth. For information, contact Preservation 2020 co-Committee Chairs Rachel Schemmerling (203) 500-9500 or Charlie Smith (860) 663-1583.

### KWO Tag Sale – Save The Date!

The 6th Annual Killingworth Women's Organization Community Tag Sale will be held on Saturday, September 21st at the Killingworth Elementary School from 8 a.m. to 1:30 p.m. Multiple sellers all in one location! For info or to reserve a space call or text Andrea Freibauer at 203) 641-3901, Genie Dethloff at (734) 417-1729, or go to the website at www.kwoct.org. Proceeds from

vendor fees will benefit the KWO Scholarship Fund.





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#### Arts Center seeks Volunteers

The Arts Center Killingworth and Spectrum Gallery seek volunteers for ongoing programs and events such as assisting at the Open Air Market & Festival at Wadsworth Mansion (Long Hill, August 25) and the Outdoor Arts Festival, Columbus Day Weekend (October 12-13). Teens earn community service credit. Also at Spectrum Gallery, the Summer Arts Festival Gallery Group Show closes July 14; New Summer Show: Birds, Bugs & Their Flowers Opens July 26. For more information about the Arts Center call (860) 663-5593 and artscenterkillingworth.org; Spectrum (860) 767-0742 spectrumartgallery.org.



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## Killingworth Farmers Market

Wednesday's 3-7pm May 22-October 9, 2019 Location: Recycle Way, Killingworth, CT







www.killingworthfarmersmarket.com

## **Library Notes**

#### **Book Clubs**

The July read for the **Mystery Book Club** at the Killingworth
Library is "The Girl Next Door", by
Ruth Rendell. The book club will
meet Thursday, July 18th at the
Library at 6:30 p.m. Books are
available at the Library and all are
welcome.

#### **Tuesday Book Discussion Group:**

Will meet on July 9th to discuss the beautifully written novel "A Place for Us" by Fatima Farheen Mirza. Discussion begins at 1 p.m. in the Killingworth Library Meeting Room. Books available at the library and all are welcome.



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# News From Parmelee Farm RARMELEE FARM



Ah, those lazy days of Summer have arrived! Have you hiked our trails yet? Great way to get in the recommended exercise, and we promise they're well marked. If you're bringing Fido or Fifi along, please keep him/her leashed and pick up after your dog so that the walking experience is pleasant for all.

The Killingworth Community Gardens are almost full, only two plots left. Both are rototilled, so if you are interested, applications are available at Town Hall or online at kwgarden.org, fee is \$30 payable to the Town. Shared Harvest Gardens have a new composting operation constructed by Master Gardener candidate, Cathy Alcorn, for which we are very thankful. We hope to have the market open in July on Wednesdays from 11 a.m.- 1 p.m. The hives are doing well. So... life is good in the gardens!

Our June Car Cruise and Free Concert were very well attended on a beautiful Sunday afternoon and evening. 70 vehicles participated in the Car Cruise and a large crowd enjoyed the music of HipJoint. In July we have 3 Free concerts scheduled and a Car Cruise. On Friday evening, July 12th from 7-8:30 p.m., we have the Park & Rec. concert featuring the band "Leaf Jumpers". On Sunday afternoon, July 14th we have a Car Cruise from 3-5 p.m. followed by our 2nd concert from 5-7 p.m. sponsored by the Chamber of Commerce featuring the band "The Meadows Bothers". Our 3rd concert is on Friday evening, July 26th, from 7-8:30 p.m. by Park and Rec. featuring the band "1974". We hope you'll join us for all these fun, family events. Bring lawn chairs, blanket, a picnic basket, family & friends for a

pleasant day and evening at Parmelee Farm. There will be more concerts and Car Cruises in August & September.

We're just a few months away from the **Parmelee Farm Artisan Market** – now even bigger and better than before. Something for everyone, mark your calendars for September 7th at the farm, rain or shine! Closing in on 90 talented vendors, and many from our town! This is an all volunteer run market and vendor fees are donated to the Town farm fund for upkeep and ongoing projects.

The Killingworth Historical Society will feature a display of postcards at its open houses this summer. Postcards illustrate history by depicting past times, scenes, events, and structures. Postcards from Killingworth include houses, churches, schools, the Images, Cowboy Valley, Chatfield Hollow, Nineveh Bridge, the Country Squire, and Kenilworth Castle in England. The farmhouse will be open during the Summer Concert Series: July 14th, August 11th, September 8th from 3-5 p.m. and the Artisan Farm Market on September 7th from 10 a.m.- 3 p.m.

Event Booking - All events should be booked well in advance with the Parmelee Farm Committee event coordinator, Peg Scofield at (203) 641-2341 or webmaster@ parmeleefarm.org

Want to volunteer? Many hands make light work and volunteers of all ages, skill levels and time availability are welcome. Call or e-mail Tim Gannon at: tim@gannonphoto.com or (860) 395-9887, to find out how you can participate and/or contribute.

Hope to see you at the farm!





Scenes from the concert and car cruise in June

Photos courtesy Tim Gannon

### **Nature Fest at Parmelee Farm**

Join A Place Called Hope at their Nature Fest on Saturday July 13th at Parmelee Farm from 12-5 p.m. This festival will celebrate animals, our planet, health and healing, art, rescue and conservation. Event begins with a ceremony at noon!

Live Birds of Prey programs at 1 p.m. and 2 p.m. Drum and Flute music at 3:30. Raffle and Silent auction at 4:30. For more details visit aplacecalledhoperaptors.com/nature-fest





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### **May 2019 Transfers**

Sally & Donald Chittenden to Pattaconk Farm 78 LLC 78 Parker Hill Rd. Ext. \$375,000

Robert Lemire & Emily Peluso-Lemire to Megan Dabrowski 62 Blueberry Hill Reserve \$460,000

Jensen's Inc. to Susan M. Arms 9 Bridlepath Trail \$168,360 Jensen's Inc. to Vincent G. Coppola 25 Boulder Trail \$173,750

Estate of Robert E. Beauton, Sr. to Elizabeth H. Terenzio 279 Roast Meat Hill Rd. \$244,220

Edward & Lorna Pucillo to Mary M. Giaccone 38 Chittenden Rd. \$270,000

Diane J. & Wendy K. Welter to Kevin E. Gorman 361 Roast Meat Hill Rd. \$361,000

John & Linda L. Scanlon to Matthew W. & Tiffany Cimini 45 Running Brook Dr. \$410,000



## The Vet's Corner



by Julie Berman, DVM, Lynda Perry, DVM, Michelle West, DVM

### Thunderstorms and Fireworks: Summertime Stress for Dogs

Summer is not a relaxing time for many dogs who suffer from noise phobia. It is heartbreaking to watch your normally content pup overwhelmed with fear during an unexpected storm or your neighbor's fireworks display: panting, shaking, whining, pacing, and hiding in the bathtub. Noise phobia is one of the most common canine behavioral concerns, and it can occur in any breed at any age.

A phobia goes above and beyond a normal fear response – it is an extreme, profound reaction which is not appropriate for the situation, with significant physical symptoms. The overwhelming fear can come on suddenly and often lasts beyond the end of the triggering event. The cause of noise phobia in dogs is unknown. Some dogs start having noise phobia after a scary triggering situation, but many seem to be born with a genetic tendency toward these severe reactions to sounds. During thunderstorms, dogs may be reacting to changing barometric pressure and static electricity as well as the thunder and lightning, which may be why dogs seem to know a storm is coming even before we do.

Here are some ways you can help your pup deal with noise phobia: \*Don't take your pup to parades and fireworks displays, and don't leave him outside or in a car during a thunderstorm. \*Keep yourself calm and try not to over react to your dog's fear. Dogs are very good at reading our body language and emotions. Stay nearby but don't go overboard trying to soothe him; you might actually be rewarding him for the anxious behavior. \*Provide a "safe space" where he can go when he's scared. Many dogs try

to hide in a bathroom. A small closet with no windows or a finished basement is also ideal to minimize sounds and visual cues. A crate can be comforting for some dogs, but can also cause increased anxiety if the dog is in escape mode. \*Mask sounds by playing soothing music or use a large fan to help drown out the noises. Try putting cotton balls in your dog's ears. \*A snug body wrap such as a ThunderShirt can provide significant calming effect. Pheromone collars and sprays also work well, especially in combination with other calming strategies.

Nutritional supplements containing calming herbs and L- theonine can help with mild symptoms. Ask your Veterinarian about prescribing a safe and effective medication for noise phobia. Ideally medication should be given prior to the start of the frightening event, but giving it at the onset of fearful behavior will also help. Severely fearful dogs may benefit from taking daily anxiety medication for the duration of the thunderstorm and fireworks season, and can still take additional short term medication for each scary event.

A veterinarian or veterinary behavior specialist can also guide you through the process of desensitizing your dog to sounds by exposing him to low level recordings over time, but this strategy is not always successful because of the numerous senses that are triggered during a storm. Treating noise phobia early can help prevent the dog's level of anxiety from getting worse with time. With a little preparation, you can help your dog enjoy his summer as much as you do!





23



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## **Notes from the Town Hall**

#### First Selectwoman Cathy lino



Road Work Ahead. Several town road paving projects will get going this month. The largest is the repaving of Roast Meat Hill Road south of Route 80, now that we have done a long-overdue drainage project. Also on the schedule for June are Welsch Farms Road and Saddlebrook Drive. (Other roads, including Coughlin, Fawn Hill, Beaver Dam, and Buell Hill,

are on the schedule to be addressed in August.) We do not expect any detours to be necessary, but there may be some delays. Please keep your eyes open for work crews.

New Town Hall hours. Starting in July, the Town Offices will begin a three-month pilot program offering evening hours each Thursday. The offices will be open Monday, Tuesday, and Wednesday from 8 a.m. to 4 p.m.; Thursday, from 8 a.m. to 7 p.m.; and Friday, from 8 a.m. to noon. We have had regular requests over the years for evening hours, and even though much business can now be done on line, we hope this will be helpful to those who cannot get to Town Hall between 8 a.m. and 4 p.m. Many of our neighboring towns close their town offices on Friday afternoons, so we do not expect that to be a major hardship. If, by the end of September, the new hours seem to be conve-

nient to the public, we may make the change permanent.

**Distracted dumping**. As most of you know, the Transfer Station is a busy place, with vehicles and pedestrians crossing paths and changing directions in a tight space. Please use caution when you are there. When you stop your vehicle, please use your emergency brake. And pay close attention to the commotion around you at all times.

The Transfer Station will be closed on Thursday, July 4.

**Protect our parks.** The Park & Recreation Commission reminds everyone not to ride horses on the playing fields in our parks. The hoof prints are dangerous for running feet. Such damage was recently found on fields

at Auer Park. You are welcome to ride on the trails leading from the parking area to the woods.

**Trooper news.** At the end of May, Scott Wisner, our resident state trooper since 2017, was abruptly reassigned to another division of the state police where his services were needed. Until a permanent replacement is selected, we have been fortunate to have Matt Weber as our temporary resident state trooper. Trooper Weber is a canine officer, so as a bonus, Taz, a 6-year-old shepherd from the Czech Republic, has been in town, too.

The state troopers remind you that if you wish to report a crime, suspicious activity, or other problem, please call the troop as soon as you can, so that they can respond while the incident is in progress, if possible. Call 911 in an emergency, or call (860) 663-1132. The call will be received at the barracks if Killingworth's resident state trooper is not in his office.

Check your tax bill on line. It's easy to check your tax bills on line: at townofkillingworth.com, go to Tax Collector in the Town Departments menu; then scroll down to the red bar that says "Click to pay or view your taxes."

Coffee with the First Selectwoman. Fridays, 8:30 a.m. Copper Skillet on July 12; Dunkin Donuts on July 19; and Cozy Corner Bakery on July 26. Please let me know what's on your mind.



July 2019 24



#### July 2019 Meetings

Wed.	7/03	7:00 PM	Parmelee Farm Committee	Pond Room, Parmelee I
Thurs.	7/04		INDEPENDENCE DAY – TOWN OFFICES CLOSED	
Mon.	7/08	7:00 PM	Board of Selectmen	Town Office Building
Mon.	7/08	7:30 PM	Killingworth Park & Recreation Commission	Town Office Building
Tues.	7/09	7:00 PM	Board of Finance	Town Office Building
Tues.	7/09	7:00 PM	Inland Wetlands and Watercourses Commission	Town Office Building
Wed.	7/10	7:00 PM	Public Health Agency	Town Office Building
Thurs.	7/11	7:00 PM	Killingworth Conservation Commission	Town Office Building
Tues.	7/16	7:00 PM	Planning & Zoning Commission	Town Office Building
Mon.	7/22	7:00 PM	Board of Selectmen	Town Office Building
Mon.	7/22	7:00 PM	Zoning Board of Appeals	Town Office Building

Weds. – Senior Lunch Café – Noon at the Killingworth Congregational Church parish hall. The cost is \$3 for those 60 and older. Call (860) 388-1611 by 11 a.m. on Tuesday to sign up for the next day's meal.

Haddam-Killingworth Rotary Club – meets every other Tuesday at 6:30 at June's Outback Pub, 184 CT-81, for more information contact Hedy Watrous (860) 526-1337

**Killingworth Women's Organization** – **second Wednesdays,** 6:30 p.m. Killingworth Library, 301 CT-81. New members welcome. For info, contact (860) 663-2244 or info at **kwoct.org**.

Helping Hands, the Killingworth food pantry, is open by appointment to residents in need of food assistance. Call (860) 663-1765 x 401. The Pantry is supported by local contributions and is for Killingworth residents only. Donations can be sent to Helping Hands, c/o Town Hall, 323 Route 81. The Killingworth Library has a collection bin for non-perishable food.

Farm

## Classifieds

Deadline for submitting classified ads for the August issue is July 10th. To submit an ad, email us at krier@killingworthct.com

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#### St. Lawrence Catholic Church

7 Hemlock Dr., Killingworth (860) 663-2576 Rev. Joseph DeCosta Tues @ 7 p.m.; Wed, Thurs, Fri., Sat. 8:30 a.m.; Sat. 4 p.m. Sat. Confessions, 2:30 - 3:30 p.m. Sunday Mass 8:30 & 10:30 a.m.

## The Congregational Church in Killingworth

(United Church of Christ)
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www.killingworthchurch.org
The Rev. Joan Cooper Burnett,
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kwcongchurch@yahoo.com
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Superintendent of Schools
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Fax(860) 345-281
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Tax Collector 508 Youth & Family Services 512
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Non-Emergency	
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Fire	.(860) 663-1785
Poison Control	(800) 222-1222
Resident Trooper	(860) 345-2769
State Police, Westbr	ook Barracks
Phone	.(860) 399-2100

## **Advertiser Index**

ABCO
Barnum Capital Management 4
Chatfield Hollow Farm18Connecticut Roofcrafters21Conway Painting6Connections 10110
D. Rich Stonework
East River Energy
Fortunato Farm
Griswold Plumbing Services 22
Help Is On The Way25Home Away From Home Day Care9House Works17
Indian River Enterprise
Killingworth Animal Hospital19Killingworth Dental22Killingworth Family Pharmacy16Killingworth Garage27Killingworth Kids Center26Killingworth Music4Killingworth True Value28
La Foresta Restaurant & Wine Bar 9
MacKinstry Financial
NatureScapes11
O'Donnell Plumbing & Heating 7
Personal Fitness Solutions
RLD Heating & Cooling5

Roberts Food Center ...... 5

27

Schumack Engineered Construction	
Shoreline Animal Hospital	8
Shore Electric, LLC	7
Shoreline Landscapes	7
Shoreline Masonry Inc	15
The Saybrook at Haddam	5
The Tree Company	
Total Hair	
Townsend Builders Inc	6
Triangle Building Associates	26
William Raveis - Marsha Couture	22
William Raveis - Linda's Team	
William Pitt Sotheby's - Eileen Boulay	16

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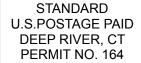
#### Press releases, events, etc:

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