

Ingrid E. Kulick Biography

Ingrid Kulick has provided knowledge and guidance to the nonprofit community for over 35 years through roles as management, volunteer and consultant.

In 2002, Ingrid established Forward Solutions, dedicating herself to building organizational capacity and sustainability. She works with human service, health care, art/cultural, historic/tourism, animal welfare, agricultural and educational organizations, as well as for-profit businesses throughout a five-county region. Her work has been funded by the ASPCA, the Dyson Foundation, NYSCA, NYS Office of Parks, Recreation & Historic Preservation, Upstate History Alliance, Dutchess County Arts Council, the Thomas Nyquist Foundation and the O'Connor Foundation. Her scope of services includes Board recruitment and development, strategic and business planning, capital campaigns, resource development assessment and planning, and executive recruitment. Ingrid facilitates workshops for clients, membership organizations, and Chamber of Commerce leadership institutes. A description of her services and a listing of clients are on her website ForwardSolutions.org.

Ingrid's professional experience within the nonprofit community included key roles in the establishment of vital nonprofit organizations. She currently serves as the founding Executive Director of the Ulster County Regional Chamber of Commerce Foundation. She previously served as founding Executive Director of the Kingston Hospital Foundation, Kingston, NY and Saint Francis Health Care Foundation, Poughkeepsie, NY. She was Vice President for Facilities at the Kingston Hospital and Grants Director for Marist College, Poughkeepsie, NY.

Ingrid also brings great understanding to the trustee and volunteer functions. She currently serves as Director of the Reach Out Food Pantry, Hyde Park, NY, on the Operation Support Grant Review Board of the Regional Food Bank of Northeastern New York, Latham, NY, on the Zoning Board of Appeals for the Town of Milan, NY, and on the Kingston High School Internship Advisory Board, Kingston, NY. She previously served on the Association of Fund Raising Professionals Mid-Hudson Valley Chapter (AFP-MHV) Board; as President of the Board of Keli House, Inc., Fishkill, NY; as President of the Board of the Rural Ulster Preservation Company, Kingston, NY as the Chair of the Endowment Committee for the Frost Valley YMCA, Montclair, NJ, and on the Dutchess County SPCA Advisory Council, Hyde Park, NY. Ingrid is also an ordained minister at Reach Out Church in Hyde Park, NY.

Ingrid has been a Dutchess County resident for over 45 years; she and her husband, Alan, have lived in Rhinebeck, NY for the past 30 years.