Ulster County Regional Chamber of Commerce

"Creating a Climate Where Business Can Thrive"

ChamberNews 214 Fair Street Kingston, NY 12401 www.UlsterChamber.org



Leadership Ulster: 17 Grads in '17 New Class Begins This September

Naisha Scott was always a shy person and fearful of speaking in front of people.

That all changed when the aquatics director for the YMCA of Kingston & Ulster County joined Leadership Ulster and became the class president for 2017.

"This class has pushed me out of my comfort zone, and showed me that I can push myself to do anything as long as I have confidence in myself," Scott said. "I have also learned that a leader is a person who guides others to success, and ensures that each person is performing to the best of their abilities."

The community leadership and training program, formally known as the Ulster Leadership Development Institute, or ULDI, has been rebranded Leadership Ulster.

Last month saw the graduation of the 2017 class of Leadership Ulster and applications are now being accepted for next year's future leaders.

The 2017 class featured Scott: class vice president Chervl McKeever of HealthAlliance Foundation: Tara Collins of RUPCO; Patrick Galligan of Central Hudson Gas & Electric; Amy King of the Arc of Ulster-Greene; Nicholas Gougoutris of Arconic Fastening Systems & Rings; Marsha Sebro Wood of Gateway Community Industries: Deborah Gremito of MVP Health Care: Jennafer Romanczuk of Sawyer Savings Bank; Michele Sillins of Arconic Fastening Systems & Rings; Cheryl Hanson of M&T Bank; Nancy Howell of New Horizons Resources Inc.: Candice VanDvke of SUNY Ulster: Jennifer Warren of The Wonderly Co.; Amy Niebuhr of Sawyer Savings Bank; John Jeffreys of Ulster Insurance Services Inc.; and Carl Naumann of Ulster Savings Bank.

Leadership Ulster's coordinators are Ingrid Kulick, executive director of the Chamber Foundation, and Jennifer

Alnwick, a vice president for M&T Bank in Kingston.

The graduates were honored on June 12 during a ceremony at Diamond Mills Hotel & Tavern. Inducted into the Leadership Ulster Hall of Fame that evening were James Childs, Fran DePetrillo-Savoca and David Gagnon.

The Leadership Ulster program, which began in 1992, has trained almost 400 leaders who now serve on boards, nonprofits and community organizations throughout the county.

The program begins each fall with a weekend retreat and includes 18 sessions throughout the year where participants hear from community leaders about what made them successful. The list

of speakers is a veritable "Who's Who" of prominent Ulster County leaders.

Warren said she found the speakers "truly inspirational."

"Through Leadership Ulster, I have both learned of and actively experienced the merits of varied leadership styles and ways of work that I can apply to my current work setting as well as my future professional development," she said.

Each Leadership Ulster class also takes on a community project. The 2017 class helped the YMCA of Kingston and Ulster County conduct its 21stannual Kids Classic in April, and also organized a hike at the Mohonk Mountain House in New Paltz to raise money for Leadership Ulster scholarships.

VanDyke said Leadership Ulster allowed her to "see all of the great happenings and organizations in Ulster County."

"It has also opened my eyes to the many things that can be done to make it even



better," she said. "I was born and raised in this area, and being a part of Leadership Ulster has reminded me why I love it so much and why I have chosen to stay here.

"I look forward to continuing to be a part of all of the greatness Ulster County has to offer, and Leadership Ulster is definitely a big part of that."

Applications are now being accepted through Aug. 1st for the 2018 Leadership Ulster class, which starts with a retreat this fall. For more information, contact the Chamber at (845) 338-5100 or go to <u>www.</u> <u>ulsterchamber.org</u>. For specific questions, contact Kulick at <u>Ingrid@ulsterchamber.org</u>.

Kulick expressed appreciation to sponsors M&T Bank, Diamond Mills Hotel & Tavern, Emerson Resort & Spa and Arconic Fastening Systems and Rings.

"These sponsors have chosen to invest in our communities by making Leadership Ulster a vibrant and enriching program with over 400 graduates over the last 25 years," she said.

РЯЗЯТ ЗТО U.S. POSTAGE PAID 12401, ИҮ 12401 РЕЯМІТ #39





West Point Col. Joseph Davidson with Leadership Ulster Hall of Fame Inductees Fran DePetrillo-Savoca, David Gagnon and James B. Childs

Ulster County Regional

214 Fair Street Kingston, NY 12401 Chamber of Commerce 845 338 5100 Fax 845.338.0968 www.UlsterChamber.org • info@UlsterChamber.org

CHAMBER BOARD OF DIRECTORS & OFFICERS

CHAMBER BOARD OF DIRECTORS & OFFICERS		
Donald Verity ~ CHAIRMAN OF THE BOARD	Pamal Broadcasting WBPM	
David Gagnon ~ CHAIRMAN ELECT	Daniel D. Gagnon, CPA, PC	
John Burlingham ~ VICE CHAIRMAN	American Solutions for Business	
Crystal Jacob ~ TREASURER	Catskill Hudson Bank	
Tim Allred ~ SECRETARY	The Williams Lake Project	
Larry Begnal ~ IMMEDIATE PAST CHAIRMAN	Begnal Motors	
Joe Charmello		
Jess Davis	KeyBank	
Scott Dutton	Dutton Architecture	
Jeremy Ellenbogen	Ellenbogen Group, Inc.	
Brian Ginty	Hudson Valley Financial Services	
Debra Harris		
Timothy D. Hayes	Central Hudson Gas & Electric	
Jeff Lowe Lo		
Cecilia Savona Madden		
Su Marcy	United Way of Ulster County	
Michael Paesano		
Kevin Quilty	Community Foundation of Ulster County	
Marjorie Rovereto	Rondout Savings Bank	
Dave Scarpino	HealthAlliance - Member of WMC Health	
Maria TodaroP	hoenicia Festival of the Voice Foundation	
Anthony J. Troccia	Ulster Savings Bank	
	Ũ	

STAFF

Ward D. Todd	President
Robert Hirsch	Director of Business Services and Communication
Carol Ricken	Director of Membership
Valerie Walsh	Office Manager
Allison Costanzo	Administrative Assistant & Graphic Design
Ingrid Kulick	Executive Director Chamber Foundation
	Administrative Assistant
Pico Aulicino	Administrative Assistant
Cindy O'Connor	Bookkeeper
Robert Mitchell	Chamber News Editor

CHAMBER FOUNDATION BOARD OF DIRECTORS & OFFICERS

Kristin Backhaus, Ph.D ~ CHAIRMAN	SUNY New Paltz
Peter Carr ~ VICE CHAIRMAN	
Ryan Occhino ~ TREASURER	
Harris Safier ~ SECRETARY	
Donald Verity ~ CHAMBER CHAIRMAN OF THE BOARD	
Ingrid Kulick	Executive Director
Ingrid Kulick Ward D. Todd Jennifer Alnwick	President
Jennifer Alnwick	
Nancy Clark. P.E	KC Engineering and Land Surveying, PC
Fran DePetrillo-Savoca	Ulster County Tourism
John Eickman	HITS Endurance
Eileen Larocca	Arconic Fastening Systems & Rings
Anthony Marmo	Normann Staffing
Leslie Sewell	Rondout Savings Bank
Sean Soliva	Hudson Valley Federal Credit Union

Chamber News

The official publication of the **Ulster County Regional Chamber of Commerce** is a special advertising supplement to the Daily Freeman

79 Hurley Avenue, Kingston, NY 12401 – A Digital First Media publication

Robert O'Leary, Publisher

Tim Tergeoglou, Advertising Director

Michele Sisco-Martin, Graphic Designer

To advertise, please call (845) 331-5000. To subscribe, please call (888) 699-7699 DAILY FREEMAN

UPCOMING CHAMBER EVENTS

lulv 27 | 5:00 - 7:00 pm

Membership Mixer @ Robert Post Park Town of Ulster

515 Park Road (just off Ulster Landing Road) | Kingston, NY There is no cost for Members and Prospective Members. Reservations are required.

Sponsor: Bank of Greene County

August 1, 2017

Leadership Ulster **Application Deadline**

The program offers interactive sessions with leaders from business, nonprofit, and government sectors, all focused on developing advanced leadership understanding, capacity and significance. For information contact Ingrid Kulick 845.338.5100 x106 or Ingrid@UlsterChamber.org

August 1, 2017

Business Awards Recognition Application Deadline Nominate a Local Business or Business Leader Today!

For a nomination to be valid, the Nomination Form must be complete and received no later than 5:00 pm on Tuesday, August 1, 2017. Download form at www.UlsterChamber.org For Sponsorship Opportunities contact:

Bob Hirsch 845.338.5100 x103 or Bob@UlsterChamber.org

August 10 | 9:00 - 10:30 am

Business Card Exchange Courtyard by Marriott

Conference Room | 500 Frank Sottile Blvd. | Kingston, NY There is no cost for Members to attend. Reservations are required.

Sponsor: Hudson Valley Federal Credit Union

Register for all Events (845) 338-5100 www.UlsterChamber.org

A Mixer Along the Hudson Robert Post Park Gets July Nod

The town of Ulster is the commercial hub of Ulster County and home to one of our community's best-kept secrets: Robert Post Park.

Chamber members can celebrate both when the town hosts the next Business-After-Hours Mixer from 5-7 p.m. on July 27. The park is located at 515 Park Road (just off Ulster Landing Road). Our July Mixer sponsor is the Bank of Greene County.

"I went to a Mixer in January and I said to my boss, 'We should do one.' The town of Ulster has never done a Mixer before," says Lauren Hommel, the deputy town clerk. "I always see restaurants hosting Mixers and I thought it would be nice for the town to host a Mixer.

"I figured we have a great park that is right on the Hudson River that most people don't really know about. It has many amenities."

The park's attractions include picnic tables and charcoal BBQ stands along the waters edge, as well as a playground, basketball court, soccer field, volleyball court, boccie courts, horseshoe pit, fishing platform, bathroom facilities and two pavilions.

"I thought it would be a great place for people to come and meet up over the summer," Hommel said. "It's a great spot to go down on the weekday when it's nice to have dinner or a picnic or kids can go down there and play. It's an excellent, excellent spot."

Town Supervisor Jim Quigley agreed and said he is looking forward to hosting the local business community.

"The town of Ulster has a hidden gem in Robert Post Park," he said. "It's a beautiful venue in a peaceful setting alongside the Hudson River. I would like Chamber members to be exposed to that, and at some point in the future, someone may want to have an event down there.

"The town of Ulster is part of the business community,





and there's no reason why we shouldn't participate and support the business community. I'm expecting an enjoyable time and that the people will get to see some of the best views the town of Ulster has to offer."

Hommel said the Mixer will be centered around the larger pavilion with catering by Savona's Trattoria in Kingston.

Stewarts Shops, which recently opened a new store in the town in Lake Katrine, will be providing an ice cream bar so you can make your own sundaes. Members of the Spring Lake Fire Department will be helping out.

"We figured, why not, in July, especially in a picnic environment, have ice cream sundaes?" said Suzanne Reavy, the town clerk.

Beverages will be supplied by Beer World and Miron Liquor and Wine.

Hommel said she has been impressed with the Chamber's popular Mixers and the networking they provide.

"It was great to connect with other people and see what they do and can bring to the town of Ulster," she said. "I thought that was very interesting.

"The Chamber has been great to us. We've connected with several different businesses."

Reavy said the town is excited to host the Mixer—rain or shine.

"I just hope the weather holds out, and if not, we're just going to party in the rain," she said.

Reservations for the two pavilions at Robert Post Park can be made through the town clerk's office at (845) 382-2455. The town's website is <u>www.townofulster.org</u>.

Chamber mixers are a great way to network and promote your business. Be sure to bring plenty of business cards. This free networking event is open to Chamber members and prospective members. Reservations are a must and can be made by calling the Chamber office at (845) 338-5100 or by registering online at <u>www.ulsterchamber.org</u>.



Thursday, July 27, 5-7 pm Robert Post Park Town of Ulster 515 Park Road (just off Ulster Landing Road) Kingston, NY

Sponsored by:





- Interior/Exterior Signage •
- Vehicle Wraps & Graphics •
- ADA & Wayfinding Solutions
 - Window & Wall Graphics
 - Carved/Routed Signs
 - Sign Maintenance

Kingston 845-331-5800 Wappingers Falls 845-298-5600

www.fastsigns.com



Wing On Over to Route 28 Hickory BBQ Marks 15 Years

not

Steve Slutzky grew up in New York City, but his family vacationed every summer in the Catskills—and barbecue was always a part of the experience.

"We would spend our summers barbecuing and having people come to the house," he said. "We would cook brisket and pork and ribs for hours and throw parties."

Slutzky and his brother, Mark, both had young families, but dreamed of opening their own restaurant. Doing so in New York City was cost-prohibitive, so the brothers returned to the Catskills in 2002 and opened Hickory BBQ on state Route 28 in Kingston.

"We both always liked the area and we found a location that was a former bait and tackle shop," Slutzky said. "It had a lot of what we wanted, such as visibility. This was it."

Mark Slutzky moved to Chicago 10 vears ago, but Hickory BBQ today remains very much a family operation. Slutzky's wife. Jill. and the couple's children are involved.

Hickory BBO offers American-style barbecue and comfort food, but the wideranging menu also features meatloaf, shrimp, steaks and seafood.

"We do all of our own smoking and sauces and traditional barbecue dishes," Slutzky said.

The full menu, which also includes classic sides and homemade desserts, can be found at www.hickorvrestaurant.com.

"We cater over 70 weddings a year plus another 100 parties," Slutzky said. "We're

Protect your business through a local agency – **US**!

Our **convenient** and **independent** insurance agency offers a full range of insurance services. We have access to top carriers to give you the best choices and competitive options. Our insurance products include:

- Commercial Auto
- Umbrella
- Disability

- Workers' Compensation
- Liability

f in

- ... and much more! Property
- Ulster located at ULSTER SAVINGS BANK FOIC

Locations throughout the Hudson Valley ulstersavings.com • (845) 338-6000

Insurance products and services available through Ulster Insurance Services, Inc., a subsidiary of Ulster Savings Bank, are NOT FDIC INSURED.

Ulster County. This is where we do all of our work, but we're doing events in seven or eight counties this summer."

iust

in

Like other businesses in the state Route 28 corridor. Slutzky said the Belleayre Resort at Park Catskill would be a boon for the area.

"We'd be happy to have the traffic and bring more people here," he said. "That's always positive."

While the catering side is a huge part of the business, Slutzky said Hickory BBQ's "enviable" location along state Route 28 has helped boost on-site business.

"You have four lanes of visibility, so that really helps," he said. "It's a well-traveled route, but word of mouth has really helped with our catering business too."

Slutzky also credited Hickory BBQ's "consistency" and a "hard-working staff" for the company's longevity.

"We've remained consistent and energetic all of these years," he said. "We work hard to make sure that every meal you get is the best that we could possibly produce. We rub and smoke all the meats here. We've stayed true to our recipes and to our purpose.





"We've also listened to our customers over the years and added some menu items, such as wing selections, which I think has helped."

Hickory BBO, which employs 20 full and part-time people, boasts two dining rooms with seating for 99 if local businesses would want to hold a meeting there. There's also a patio with picnic tables that can accommodate another 30 or 40 customers.

Slutzky said the restaurant's bar area was renovated to become more of a sports bar.

"We've become kind of a local hangout," he said. "We get locals during the week and on weekends we do really well with weekenders and travelers, particularly skiers in the winter and second homers during the summer."

Hickory BBQ has provided the food

for some of the Chamber's networking mixers. Slutzky also took part in the Chamber's former "Wing Fling" and is a supporter of the organization.

"The Chamber gives you visibility," he said. "They give you some of the tools you need to attract customers.

Hickorv BBQ Ŀ Smokehouse, 743 state Route 28 in Kingston, can be reached at (845) 338-2424 or www. hickoryrestaurant.com.

It's time to get Brilliant!

Area's Best Prices for Direct Mail & Email Marketing



Plans For Every Budget

Come meet Elise, your united problem solver.

We've provided solutions for the Small Business Owner in the Ulster County region since 2003.

The UPS Store is locally owned and backed by the strength of UPS.

From digital, offset, and 3D printing to packing and shipping, we're your one-stop shop.

The UPS Store[®] Print & Business Services united problem solvers ™



15 M

in the King's Mall on Route 9W, Kingston 845.336.4UPS (4877) theupsstorelocal.com/4541 Print online from home or office: tiny.cc/onlineprint



WIEDENKELLER BUSINESS, BONDS, HOME, AUTO, LIFE INSURANCE

My Rates Against the Big Advertisers - These are Actual Rate Comparisons

GEICO Auto Coverage 2 Cars - premium \$1890 vs Ours \$1,104 Travelers Home – Coverage \$581,000–Premium \$2182 vs \$676,000 -Ours \$1383 State Farm-Home Coverage \$257,999, premium \$1,019 vs. Ours \$566 Encompass Home & Rental Property – Premium \$3,273 vs Ours \$1,995 Farmers- Home – Coverage \$443,000 Premium \$2,835 vs. Ours \$1,083 Nationwide Home - \$190,000 Premium \$599.00 vs. \$200,000 - Ours \$420.00 Allstate Home -Coverage \$301,000 Premium \$1,154 vs. Ours \$784



255-7777 Your Independent Agent Representing Many Fine Insurance Companies

Since 1977

171 Main Street, New Paltz, NY 12561

Todd P. Wiedenkeller

Fax: 845-613-3391 email: todd@Winsurance.com

Much More Than Roller Skating Wood'n Wheel A Tourist Destination

The Wood'n Wheel Family Entertainment Center in Ulster Park has come a long way from its humble beginnings in 1974.

When Albert Sorbello first opened the property, it was essentially a roller-skating rink that evolved into an entertainment center in the 1990s. The evolution has continued with the times.

"In the last couple of years, we've really added a lot more stuff," says Albert Sorbello Jr., the founder's son.

The additions include a 26-foot rock climbing wall; outdoor bungee trampolines; and three lanes of 300-foot hillside tubing—regardless of season.

"We can actually run it all year long," Sorbello said. "We're putting a conveyer lift in and we're going to be doing regular snow tubing in the winter."

Chamber President Ward Todd, who recently attended a ribbon cutting for the updated facility, called it a "great tourist destination right in our back yard!"

Sorbello said he is seeking town approval in July to install a three-story ropes course that would feature a zip-line.

"We're trying to come up with some high-end activities that would really be worthy of tourist-type attractions," he said.

Eight years ago, Wood'n Wheel built a 6-acre paintball park where customers can also shoot zombies and other targets, Sorbello said.

"We run the gamut for all ages," he said. "We have something for everybody."

The indoor facility features a skating rink, laser tag, rock wall, bumper cars, gyroscope ride and an arcade.

For the outdoorsy types, you can enjoy the downhill tubing, bungee trampolines, a rock wall, a paintball park and another attraction called "Leaps and Bounds," where people leap from one giant inflatable ball to another. (For hours of operation for the various attractions, please call (845) 331-9680 or visit <u>www.woodnwheel.com</u>.)

Wood'n Wheel also offers "Tyke Time" from 10 a.m. to noon on Saturdays after Labor Day for children 6 and under. The activities include a bounce house, inflatable slide, age-appropriate music and more.

Sorbello said while traditional roller-skating is always popular, it does go through ups and downs. Wood'n Wheel has stayed relevant by adapting with the times, right down to the music it plays.

"We've been able to take the facility and modernize it and modernize our programs to go with what people need," he said.

Sorbello was at the Ulster County Fair in New Paltz

Continued on page 7



Today's Leaders Inspiring Tomorrow's Leaders

REGISTER TODAY!

for the 2017-2018 Leadership Ulster Class Beginning in September Deadline: August 1, 2017



Naisha Scott Class President Aquatics Director, YMCA of Kingston & Ulster County

"The ULDI class has been an amazing experience. I am very grateful that I got to have this opportunity. I have always been a very shy person who has been afraid of speaking in front of a lot of people. This class has pushed me out of my comfort zone, and

shown me that I can push myself to do anything as long as I have confidence in myself. I have also learned that a leader is a person who guides others to success, and ensures that each person is performing to the best of their abilities."

For Information/Application Contact Ingrid Kulick 845.338.5100 | Ingrid@UlsterChamber.org | www.UlsterChamber.org



🖽 M&T Bank





BUSINESS RECOGNITION AWARDS DINNER October 26, 2017

5:30 pm Cocktails | 6:30 pm Dinner & Awards

Diamond Mills Hotel & Conference Center 25 S. Partition Street, Saugerties, NY 12477

Tickets \$100 per person

Nominate a Local Business or Business Leader Today! BUSINESS AWARD NOMINATIONS OPEN

NOMINATION DEADLINE: August 1, 2017 Download Nomination Forms @ www.UlsterChamber.org

SPONSORSHIP OPPORTUNITIES AVAILABLE 845.338.5100

Wednesday, July 5, 2017 • Daily Freeman Advertising Supplement

ChamberNews The Official Publication of the Ulster County Regional Chamber of Commerce

Continued from page 6

last year promoting his business and sharing with people "who don't really realize what we've evolved into." He also appreciates the Chamber's efforts to promote his changes.

"It's definitely catching on what we're doing," he said. "People are starting to get the idea."

Sorbello, who formerly worked in health care, said the best part of his job is seeing

the joy in people's faces and watching them have fun.

"It's such a high when people are having fun," he said. "When I'm here and I see all of these people happy and kids laughing. it's the most unbelievable experience. You can't ask for anything better honestly."

Wood'n Wheel Family Entertainment Center. located at 365 Route 9W in Ulster Park, can be reached at (845) 331-9680 or www.woodnwheel.com.





STEWART'S SHOPS: 1872 Ulster Avenue Lake Katrine, NY

WMC HEALTH PHYSICIANS **ADVANCED** SURGICAL SERVICES: 1561 Ulster Avenue 2nd Floor

Lake Katrine, NY





Barry Sutton

Business Loan

Officer

Meet JOHN & BARRY

Combined, John and Barry have over 30 years experience in commercial lending for all types of businesses in the Hudson Valley. Meet with them today!

Schedule your appointment today by Calling: 845.336.4444, ext. 3175, or 5005 or by Emailing: jdwyer@mhvfcu.com or bsutton@mhvfcu.com **Convenient locations in Ulster, Dutchess and Orange County!**

John Dwver

Vice President of

Business Services





Explosive Taste of Ginger *ImmuneSchein Is The Healthy Choice*

What do you get when you mix organic ginger root, a squeeze of lemon juice and New York State wildflower honey?

The answer, according to those who make the wholesome, healthful potion, is not like anything you've ever tasted or experienced.

"Imagine you're tasting something that catches you by surprise," said Corinna Geib. "A lot of people say it's an explosion of so many flavors. I really can't compare it to anything else, but it's definitely sweet, spicy and tangy."

Geib and her husband, Jason, own the West Hurley-based company ImmuneSchein, which produces handcrafted elixirs known to be the purest and most natural on the market.

"It gives you a good feeling. It goes down your throat and goes all over from your chest to your belly. It's very good for blood flow and circulation so you get that feeling almost at once," Geib said.

The idea for the company came in 2013. Geib, who is from the Black Forest region of Germany, said she had always been entranced with the taste and almost magical properties of ginger. She had long experimented with the root that has a long history of relieving digestive problems such as nausea, loss of appetite, motion sickness and pain.

"I always had a fascination for ginger," she said. "My grandfather was always the inspiration. As an herbalist, he traveled the world.

"He was always standing at the kitchen stove making blends of roots and spices when my sister and I had a cold. That was embedded in me very early on. I didn't know that it would one day be a product."

At the urging of her husband, Geib quit her job in 2013 and opened ImmuneSchein Ginger Elixirs & Tea Haus in Rosendale at a 1,200-square-foot space. Naturally, word got around, particularly as the couple showed up at numerous farmers' markets, fairs and festivals in the region.

They also took the time to chat with those who would stop by their booth to try their immune-boosting elixirs and learn about them.

"People are vocal about their experience. They are often ecstatic because it hits them differently than they expected," Geib said. "It was always important for us to be there in person to educate people about the product and answer their questions."

Continued on page 9

There's a Reason Business Borrows Here



Business Loans & Lines of Credit | Commercial Mortgages | SBA Loans | Credit Cards

NCUA 🗈

Continued from page 8

The result is a company that is enjoying steady growth at a new location. The Geibs moved to 43 Basin Road in West Hurley in late 2016—a time when Jason quit his full-time job to help his wife in the distinctively niche business.

Their new 6,000-square-foot shop not only has a big production and shipping space, but a retail store and offices.

Geib and her husband make all the elixirs in small batches by hand and are careful not to use additives, powders, preservatives or sugar. There is no alcohol, colors or dyes in the eight mixes they produce.

Their classic favor is created with organic ginger root, organic lemon juice and wildflower honey. The other seven are extensions of the classic offering by adding one additional ingredient such as turmeric root, Ceylon cinnamon sticks, hibiscus flowers, elderberries and lavender buds.

The products can be used straight from the bottle as a daily drink or in cooking, baking or mixing alcoholic drinks.

While many customer testimonials on their website (<u>www.immune-schein.</u> <u>com</u>) overwhelmingly give the product a thumbs-up for taste and health benefits, the owners themselves say they've enjoyed good health as a result of taking daily doses.

Jason is Type 1 diabetic, who was diagnosed before they started the company. His wife came up with an elixir just for him using the Ceylon cinnamon, what she calls a healthy option for him if he needed to raise his blood sugar levels.

"I myself feel very healthy, and I haven't been to a doctor in eight years," Geib said. "Of



course, we do what we can by eating healthy foods, exercising and being happy, but the elixirs definitely have an impact on our wellbeing."

Some of the most notable specialty shops and institutions in the Hudson Valley and Catskills carry ImmuneSchein products, including Mohonk Mountain House and Emerson Resort & Spa, which serves it as a drink following spa treatments.

As for the future of the business, Geib has high hopes it will continue to grow at a steady but healthy rate.

"In five years, the plan is to expand at the organic speed that we have so far," she said. "We're also careful not to overextend ourselves.

"We'd like to max out our space, expand our team and keep bringing these wonderful elixirs to more and more people."

ImmuneSchein, located at 43 Basin Road in West Hurley, can be reached at (828) 319-1844 or (845) 389-3497. The website is <u>www.</u> immune-schein.com.





Monday July 31, 2017

Join us for a golf fundraiser to benefit the upkeep and improvements to Dietz Stadium.

Format:

Includes:

.....

Competition in a Best Ball Scramble Foursome

Cost:

- \$100 per person, all inclusive entry fee
- 8:00 am Registration & Continental Breakfast
 9:00 am Shot-Gun Start
- Greens fees (18 holes) & Cart
- Includes Lunch
- Raffle Prizes
- Many tournament prizes / team contests

Woodstock Golf Club Routes 375 and 212 Woodstock, NY 12498

Please confirm your foursome as soon as possible. Limited to 72 golfers. Application accepted with payment in full. Make Check payable to: Dietz Stadium Commission, P.O. Box 2437, Kingston NY 12402

Fill In, Clip and Mail In with Payment.

2._____

My Foursome:

3. ____

Contact: _____ Cellphone: _____

Tee Sponsors Available - \$100 or 3 for \$200 Telephone: 845.331.4788 DietzFootball@aol.com

ANDY WILLIAMS STATE FARM

318 Broadway Ulster Park, NY 12487 www.AndyWilliamsSF.com (845) 514-2793

Andy Williams - Agent

Category: Insurance

Description: Andy Williams State Farm is an insurance office that focuses on making the customer experience amazing. We provide protection in many ways using Auto, Fire, Health, Life and Bank Products. We are conveniently located on Rt. 9W between Kingston and Poughkeepsie. We try to educate the customer on what protections they have to make sure it is enough as this conversation is one of the most important and doesn't happen enough. We do understand that not everyone wants to have this conversation however, so we will quote apples to apples for a simple experience for the client.

AS YOU WISH!

PO Box 993 Millbrook, NY 12545 www.asyouwishservices.com (845) 877-0318

Kelly M Dowd - Owner Category: Event Planning

Description: As You Wish! is an event planning company serving the tri-state area. We assist clients with locating event venues, caterers, entertainment, florists, photographers, rental equipment and more. We also specialize in staffing events, i.e. Day of Coordinators, Bartenders, Chefs and Waitstaff. Whether planning an intimate dinner for 10 or a wedding for 300, the As You Wish team provides professionalism, experience and passion for an unforgettable event! It's your day, your event, your memories ... just As You Wish!

BIG FLUFFY WEB HELP

PO Box 44

Oilvebridge, NY 12461 www.bigfluffywebhelp.com (260) 226-3869

Steve Cunningham - Proprietor

Category: Web Site Development

Description: You don't care how your website works, as long as it works. That's what Big Fluffy Web Help does for you; we make it work. Whether you want a brand new site, or you want to fix your old one, here's what you end up with: a speedy, mobile-friendly, secure website that's discoverable by search engines and helps your business.

Are you a creative, non-techie type? Would you rather be working on your craft instead of worrying about your websites? We might be a great match. We do all that tech stuff -- audits to optimization. And if there's ever a problem, guess what? Poof. It's fixed.

COALITION TO SAVE BELLEAYRE

PO Box 54 Big Indian, NY 12410 www.coalitionforbelleayre.org (917) 865-8299 Tom White - Chair Category: Advocacy Description: Education and Advocacy in support of Belleayre Ski Center as the Economic Driver of Western Ulster County.

DIEGO'S TAQUERIA KINGSTON

38 John Street Kingston, NY 12401 www.DiegosKingston.com (845) 338-2816 Isaac Cruz - Proprietor Category: Restaurants Description: Diego's Taqueria serves deliciously fresh

and responsibly sourced street-style tacos in a spot you won't want to leave!

DIRECT ENERGY SOLAR

1108 King's Highway **Chester**, NY 10918 www.DirectEnergySolar.com (845) 467-0569 **Roger Weisman** - Solar Consultant Category: Solar Energy Description: We provide solar PV Systems to residences and businesses. Local, Ulster County Representative & Consultant.

DR. AMY LOEWENHAAR-BLAUWEISS, PSYCHOANALYTIC PRACTITIONER

134 Fair Street **Kingston**, NY 12401 (212) 627-5861 **Dr. Amy Loewenhaar-Blauweiss** - Psychoanalytic Practitioner Category: Mental Health Services

Description: Mental health counseling, substance disorder counseling, anxiety, depression, trauma work, PTSD.

FURTHER FITNESS

38 Old Sawkill Road **Kingston**, NY 12401 www.furtherfitness.com (845) 481-4187

Jamíe Dreyer - Co-Owner Category: Fitness/Health Clubs

Description: We are a small group personal training gym. Our programs are designed to give active adults the strength and flexibility to do the things they love while reducing injuries. Training groups have 3 - 5 people always coached by a trainer in order to ensure you get the attention you need to perform exercises correctly and safely.

GTM PAYROLL SERVICES

7 Executive Park Drive Clifton Park, NY 12065 www.atm.com (518) 373-4111 Èric Straus - Marketing Coordinator Category: Payroll & Tax Processing Description: GTM Payroll Services has specialized in easy-to-use payroll solutions ever since our founding in 1991. Our success and client satisfaction is based on our industry-leading expertise and extraordinary level of personal attention for each and every customer. Today, we process more than \$1 billion in payroll every year for more than 30,000 employees who work for businesses and families across the country. GTM Payroll Services employs more than 60 people, including certified payroll professionals, licensed insurance brokers, household employment tax experts, and CPAs.

WELCOME THESE NEW MEMBERS

HAMPTON INN BY HILTON-NEW PALTZ

4 South Putt Corners Road **New Paltz**, NY 12561 www.newpaltz.hamptonInn.com (845) 255-4200

Randy Nogueira - General Manager

Category: Accommodations Description: Welcome to Hampton Inn New Paltz in the heart of the Hudson Valley. Our hotel offers a warm and inviting atmosphere perfect for your night away from home. New Paltz has something for everyone. With shopping, hiking, and dining all nearby, there are plenty of possibilities for daily excursions. We are located close to SUNY New Paltz, Vassar College and Marist College. The Village and several restaurants are a short walk from our hotel.

HUDSON VALLEY GIFTS AND ADVENTURES, LLC

721 Broadway Kingston, NY 12401 (845) 853-7660 Valerie Gambino-Carelli – CEO

Category: Gifts - Specialty Description: Hudson Valley Gifts and Adventures provides custom specialty gifts and event planning services to local colleges and universities, couples preparing for their big day and corporations that showcase the diverse and world class craftsmanship and talents of our region while honoring the givers and recipient's unique style, needs and personality. Whether it is providing fresh cider and donuts to our college students in the fall from a local farm, or a welcome basket for your outof-town wedding quests, or a memorable experience for valued employees or loyal customers, HVGA will create a uniquely HV gift or experience that displays your personal brand. Our mission is to buy local goods & services and promote events in an environmentally conscious way that decrease the carbon footprint by reducing transportation, shipping and packaging. HVGA will also donate a portion of the proceeds to local initiatives that are important to the individual and/or organization.

MILLERS CRUISE & TRAVEL

896 Elting Road **Rosendale**, NY 12472 www.JohnMillerTravel.com (845) 523-4500 **John Miller** - Owner Category: Travel Agencies Description: *Six years booking vacations, cruises and all-inclusive resorts.*

STRATAGEM SECURITY INC.

2 Westchester Place **Elmsford**, NY 10523 www.stratagemsecurity.net (914) 777-5700 **Basil Morales** - President Category: Security/Private Investigation Description: Installation of security systems, fire alarm systems, access control, network video and smart home services.

WELCOME THESE **NEW MEMBERS**

WOODSTOCK MUSEUM

13 Charles Bach Road Saugerties, NY 12477 www.WoodstockMuseum.org (845) 246-0600 Nathan Koenig - President Category: Historical Societies/Museums Description: Woodstock, the town, the festivals and the notion.

WHOOSH!

40 Twosome Drive Moorestown, NI 08057 www.whooshstore.com (856) 912-8353 Brett Fangi - Marketing Manager Category: Mobile App

Description: We are a multi-national company that makes parking meters, transit machines and mobile apps. Our US Company, Parkeon US, has 35 employees and is located in Moorestown, NJ. We are committed to working with the city of Kingston and its small business owners to provide the best service possible as it relates to on-street and off-street parkina.

511NY Rideshare Aetna Medicare Allen Ross Architecture LLC Allstate Benefits Aqua Jet Pools & Service Inc. **Boiceville Wines and Spirits** Brad's Barns & Gazebos Broadway Photo Booth Bryant Staffing City of New York Department of Investigation Clinton Avenue United Methodist Church Comfort Inn Construction Tool Warehouse Craig Thomas Pest Control

Crossroads Ventures LLC DragonSearch Excel Auto Glass Corp. **Finkelstein & Partners** Flanigan's Cleaners, Inc.

These Members Have Renewed

Freer Abstract. Inc. Frida's Bakery & Cafe Heartland HERITAGENERGY Jackson Lewis PC JK's Wine & Liquor Junior League of Kingston, NY Inc. Katy Dwyer Design KevBank Kingston Cyclery Kingston Fine Jewelry Kingston Nissan Kingston Overhead Door Kingston Rotary Club Lions Club of Kinaston Mayerick Concerts, Inc. Miron Wine & Spirits Mohonk Preserve, Inc. Never Alone Novella's New Paltz

Ole Savannah Southern Table & Bar Opus 40 Osprev Marine Ltd. Partner Rentals Pestech - Pest Solutions Rondout Golf Club/Ivan's Restaurant Roudigan's Steakhouse Stainless Design Concepts - SDC Star Gas Products Inc. Stedge & Associates SUNY New Paltz SwimKing of Ulster TechCity Town Tinker Tube Rental United Way Of Ulster County VetPath Services - Registered Mill Rock I I C Village Apothecary - Woodstock

Anniversaries:

25 Years Comfort Inn

15 Years Forward Solutions

10 Years Junior League of Kingston **Kingston Fine Jewelry**

5 Years **Boiceville Wines and Spirits**

HITS Endurance

Keyser Funeral and Cremation Service, Inc.

Kingston Rotary Club

Pestech – Pest Solutions

Shawangunk Wine Trail

Stedge & Associates

Did You Know...

A study by the Atlanta-based Shapiro Group found that consumers are 63% more likely to buy goods, products and services from businesses that are Chamber Members.

Become a Trusted Member of the Local Business Community. JOIN THE ULSTER COUNTY REGIONAL CHAMBER OF COMMERCE.

Ulster County Regional Chamber of Commerce

CORPORATE SPONSORS

CORPORATE LEADERS

Rondout Savings Bank Ulster Savings Bank CORPORATE PARTNERS

Hudson Valley Federal Credit Union Central Hudson Gas & Electric

CORPORATE SUPPORTERS

Health Ouest Naccarato Insurance **Emerson Resort & Spa** HealthAlliance - Member of WMC Health Sickler, Torchia, Allen & Churchill, CPA's, PC

SUSTAINING SPONSORS

The UPS Store HERITAGENERGY **Adams Fairacre Farms CDPHP** • Liazon



Duffy and (Rear) Bryan Smith, B.A. Feeney, Kevin Cannon and President Kevin McLaren (RUPCO) and Rochelle Ostrander (Allstate Benefits)

Mixer Sponsor Catskill Hudson Bank with (Front) Jane Garrity, Crystal Jacob, Sandi Tara Collins (RUPCO), Samantha Liotta (Luminary Media), Monique Tranchina



Jeff Siegel (Spencer Daniels Agency), Barbara Klassen (Benedictine Health Foundation) and Michael Gold (Corporate Image Photo Studio)



Scott Klion (The Law Office Of Scott A. Klion), Vicki Thompson and Beth Rennig (both from Salt & Soul)



Iris Oseas (Van Deusen House Antiques), Steve Adams (Knickerbocker Tours), Nancy Howell (New Horizons), Darlene Bover (ESOTEC) and Justin Goldman (Bank of Greene County)