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## **St. Patrick's Day Breakfast March 17** *Who Will Be This Year's Honoree?*

When it comes to being named the Honorary Irish Person of the Year, you just never know what might happen.

Most of the time the winner is an individual, but last year, the 50<sup>th</sup> anniversary of the event, the Chamber threw everyone a curve by naming three brothers—Louis, Paul and Frank Casciaro Jr., the President, CEO and CFO of the Reis Group Insurance Co., as the Honorary Irishmen of the Year.

Who will win this year? Well, you have to attend the March 17 Breakfast to find that out. This year's extravaganza is scheduled for 7:15-9:00 a.m. at The Venue Uptown.

"This year we are going 'All-Irish' with musical entertainment provided all morning long by the T. McCann Band," says Chamber President Ward Todd. "We'll also feature the amazing bagpipers and drums from the Ulster County Ancient Order of Hibernians and a surprise vocalist, direct from

Ireland. There will be a full breakfast buffet, plus plenty of your favorite 'green' orange juice."

E v e r y o n e who attends will also receive a complimentary green carnation

from J&A Roofing Co. of Kingston.

Of course, the highlight of the morning is the awarding of the 'Royal Order of the Blarney Stone' to the 2020 Honorary Irish Person of the Year.

Frank Casciaro Jr. said he was "very surprised" by the honor last year since his family is full-blooded Italian, or FBI. He



T. McCann Band

speculated it could go to his brother Paul, but the Chamber made it a family affair.

"They've never chosen more than one and I guess they didn't want to leave any one of us out," Frank said.

Paul said he has attended the breakfast for years and wondered if he or one of his brothers *Continued on page 5*  March Breakfast March 17 7:15-9:00 am The Venue Uptown 503 Washington Ave. Kingston, NY



## The Reis Group Is Sponsoring the St. Patrick's Day Breakfast

Louis. Paul and Frank Casciaro Jr

- 2019 Irishmen of the Year

The Reis Group is proud to sponsor the 51st annual Peter B Matthews Honorary Irishman of the Year Breakfast. The Reis Group is Insurance Worth Having.

The Reis Group was founded by Frank Reis in 1966 in the bedroom of his apartment. Since then, through growth, acquisitions and mergers the Reis Group has grown to 4 locations in the Hudson Valley and Capital District with over 50 employees. The businesses that now make up The Reis Group have local histories that go back to the late 19<sup>th</sup> Century.

The Reis Group is an employee owned company that takes pride in providing a workplace culture that is open and inclusive. Our employees are your Ulster County neighbors and patrons. We are a true local business and our employee owners help sustain the regional economy, living, raising families, shopping and enjoying the beauty our Hudson Valley provides us all.

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The Casciaro Brothers are proud to have been The Honorary Irishmen for 2019 and look forward to welcoming the 2020 honoree to this special and rarified club!



We thank you for attending. The Reis Group. Insurance Worth Having.



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## UPCOMING CHAMBER EVENTS

### March 6 | 9:00 - 10:30 am

### **Business Card Exchange Courtyard by Marriott**

Conference Center | 500 Frank Sottile Blvd, | Kingston, NY There is no cost for Members to attend. Reservations are required.

#### Sponsor: Hudson Valley Credit Union

## March 17 | 7:15 - 9:00 am

### St. Patrick's Day Breakfast The Venue Uptown

503 Washington Avenue | Kingston, NY \$25 Members • \$35 Non-Members Reservations must be paid in advance for this event.

Sponsor: The Reis Group

### March 19 | 5:00 - 7:00 pm

### Networking Mixer @ Mariner's Harbor

1 Broadway | Kingston, NY There is no cost for Members and Prospective Members. Reservations are required.

#### Sponsor: Rondout Savings Bank

### March 26 | 6:00 - 9:00 pm

### YUP Meet Up Trivia Night @ The Venue Uptown To Benefit Habitat for Humanity

503 Washington Avenue | Kingston, NY \$10 pp, payable at the door. Registration is Required.



## Mariner's Harbor Ushers In Spring Enjoy A Mixer On The Waterfront

Mariner's Harbor owner Sal Guido remembers Kingston's historic Rondout before the renaissance. There wasn't much along the waterfront and it certainly wasn't the bustling destination it is today.

"When I was growing up, I wasn't even allowed down here," Guido recalls.

In his late teens and early 20s, Guido lived across the street from the restaurant he would one day own. His family, led by patriarch Frank Guido, opened Mariner's Harbor at 1 Broadway in March 2001. About the only other restaurant in the area was Ship to Shore.

"You could slowly but surely see the area begin to change," Guido said. "There are so many nice places now and you just see how the waterfront was able to transform Downtown into a really unique destination spot between New York City and Albany.

"There's really nothing quite like it, especially for boat travel because the Rondout Creek offers such a safe place for the boaters. It was just nice to see through the years how the waterfront has gotten nicer every year, and we're excited about the future down here and Kingston in general."

Mariner's, one of the city's most-beloved restaurants, will be in the spotlight at the Chamber's next Mixer from 5-7 p.m. on March 19.

"We like to hold a Mixer in the spring just to get people to start thinking about the Rondout area again," Guido said, "and not just us, but the entire Rondout area and all the businesses that are down here. It's a good time to start thinking about it.

"The Chamber has always treated us so well and been so supportive of us that whenever [Chamber President] Ward [Todd] asks if we would be interested in hosting a Mixer, I'm very happy to do it and look forward to it.

Guido said business leaders can count on plenty of good food. The spring menu at Mariner's is always unveiled in mid-March.

"I like to showcase some of the stuff we're going to be adding to the menu as the busier time of our year starts," he said.

Mariner's is quiet during the winter and even closes a few days a week, but that will all change soon with Easter, Mother's

Day, graduations, Memorial Day and wedding receptions. The restaurant's popular Friday night music series also will begin soon.

Guido has been a part of Mariner's for all but one year the restaurant has been open.

"We try to change things up a little bit," he said. "Every year we've done some interior design in the place and changed some things around as far as the layout. We'll have even more things going on with the patio once that gets open outside as well as the outside bar.

"We've been here for almost

20 years now, and we've really become a staple in downtown Kingston. There are a lot of really great places, and as busy as Uptown and Midtown are, Downtown is just a nice part of Kingston and it's a good time of year to reintroduce everyone to the Downtown area."

The first Mariner's Harbor originally opened 39 years ago on the waterfront in Highland. The family worked hard to build it up and put it on the national map. It became a magnet for celebrities and was named among the top 500 restaurants in America.

The Guidos closed the Highland restaurant in 1996 and opened at their current location, the former site of the Daily Freeman, in March 2001—just in time for the city's St. Patrick's Day parade.

Mariner's Harbor and the Guido family are huge Chamber supporters. Frank Guido owns Frank Guido's Little Italy in Midtown and Port of Call in Catskill, while Mark owns Front Street Tavern in Uptown.

"The Chamber is such a great outlet for all the businesses and the networking and the people that are involved in it," Sal said. "We have such a close-knit community that every time me or Frank or Mark, whenever we've needed anything, the Chamber has been there.

"Ward has honestly been a part of the family. It's a very wellrun, professional organization and offers benefits that all the businesses are able to take advantage of and we're fortunate to have the Chamber. They definitely support us, and we want to do so in return."

Guido is also buoyant about the future of not only the Rondout, but Kingston.

"I think Kingston is finally starting to realize what a special spot it is," Guido said. "When people come to our city from other areas, they see just how great it is. I think sometimes being here our entire lives we take it a little bit for granted, but it is a special spot, and I'm excited for the future of the entire city of Kingston."

Mariner's, located at 1 Broadway, can be reached at (845) 340-8051.



Chamber Mixers are a great way to network and promote your business. Be sure to bring plenty of business cards. This free networking event is open to Chamber members and prospective members. Reservations are a must and can be made by calling the Chamber office at (845) 338-5100 or by registering online at www.ulsterchamber.org.



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## **Spa21 Adds to Our Healthy Offerings** Located In Former Family Court

We're known for our world-class spas here in Ulster County and the new Spa21 brings a 21<sup>st</sup> century. European flavor to the choices.

Co-owner Claude Dal Farra said while most of the other spas in our area are focused on massages, facials, and manicures, Spa21 "provides cutting-edge treatments in a relaxing, rejuvenating atmosphere, helping you meet your mind/body wellness needs." In fact, the company's motto is "Wellness for the 21<sup>st</sup> Century."

"We don't do any hands-on massage treatments," Dal Farra said. "We're really focused on treatments that are based on technology and science. It's good for people to know this is a very different concept than a traditional American spa. It's much more focused on health and helping people prevent illnesses."

Spa 21 offers more than 20 innovative services, all listed on the company website (www.spa21kingston), including cryosauna, flotation, body contouring, infrared beds, a salt room, and neurofeedback.

"Spa21 uses sustainable, technologybased treatments that harness natural forces to promote physical and mental wellness," according to the company website, where you can also find a description of each service.

Dal Farra and Kevin Cloninger, both of Kerhonkson, opened Spa21 in October in the former Ulster County Family Court building, providing 8,000 square feet of space at 16 Lucas Ave. in Uptown Kingston. Dal Farra is involved with two similar spas in Europe.

"I wanted to open something around here,

and Kingston is such a growing, wonderful community right now," Dal Farra said. "I wanted to do something for the wellness of the community."

"We offer a very large range of services focused on spa treatments for relaxation and destressing," he said. "Some of them are intended to help people prevent illnesses. There are also treatments that are for the mind and body to help people focus when they are





starting to have attention problems and starting to lose memory."

Services can be combined into programs to help support weight loss, detox, sleep, stress, mental fitness, and overall vitality. "Sometimes when people start to get older and they're starting to get a little weaker, they need to increase their vitality," Dal Farra said. "We can help people by building strength when they are starting to get a little weaker."

In addition to a la carte services, clients can buy 3-packs for \$95, or save 50% on all services with a monthly membership (\$145). A day pass for all services is \$295.

Spa21 Kingston, which employs seven people, gets most of its clients from Kingston,

Rhinebeck, Woodstock and Saugerties, Dal Farra said. The spa has a strong social media presence, but also depends on referrals from satisfied customers.

Dal Farra, who also owns a film studio in Kerhonkson and is active in the local movie scene, said the Chamber has been extremely helpful in promoting Spa21, including holding a ribbon-cutting for the grand opening.

"They've been very supportive in getting the word out about us," he said. "They've helped us connect with the community."

Spa 21 Kingston, located at 16 Lucas Ave. in Kingston, can be reached at (845) 481-5316 or www.spa21kingston.com.



## **St. Patrick's Day Chamber Breakfast**

#### Continued from page 1

would someday get the nod.

"We've sponsored it for such a long time and people know we're not Irish, so I would think eventually ... but I was surprised it was all of us," he said. "It was kind of a shock."

Louis agreed that the family privately thought one of them may get the honor some vear

"We've supported and sponsored the St. Patrick's breakfast for well over a quarter of a century. When the three of us were honored together, we were delighted and very surprised," Louis said

Many of the past winners of the Honorary Irish Person of the Year said the gesture turned them into quasi-celebrities for a year.

Paul said people called him to congratulate the family and sent him copies of their picture in the Daily Freeman.

"It really was a lot of fun, and I think anything that's fun is life-changing in my opinion." Paul said when asked if the honor changed his life.

Frank Jr. agreed with his brother.

"It made me feel Irish for a little bit, and I still do, probably until this St. Patrick's Day." he said. "Being that I have no Irish descent, being able to pretend I'm Irish is certainly a pleasure and a privilege just to enjoy a different culture."

Louis said the brothers were "proud to wear our scally caps around all day" after the breakfast.

"It was certainly a gesture that we were extremely flattered and humbled to get." Louis said. "We had been going to these things for years. It was quite nice. It was a lot of fun and we look forward now to being in that lineup this year. We're going to continue to sponsor the breakfast for as long as we're able."

Since the honor is spontaneous, many past winners have suggested you have a general idea what you might say if you find yourself at the podium that morning.

"Since nobody knows who's chosen, it's difficult to prepare a speech if you don't know

you're going to win, so approach it like you're a nominee for the Oscars and come with something in mind," says Frank Jr., "because if you try to do it off the cuff after your surprised like that, it's a little difficult."

Paul said he prefers the less rehearsed route.

"Honestly, they probably should think about it, but I think the fun behind it is seeing people's reactions and how they respond in being surprised so I would highly recommend them being spontaneous," Paul said.

Louis said he often thought that if he were chosen, he would talk about his trip to Ireland.

"I think the crowd is just looking to see vou surprised and will just enjoy a personal message of thanks and gratitude," Louis said.

Todd said advance registration and payment is required to attend this breakfast, which is the Chamber's most popular of the year.

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Chamber breakfast programs are a great way to network with other local business leaders and stav on top of current events. For more information or to register, call the Chamber at (845) 338-5100 or go online at www. ulsterchamber.org.



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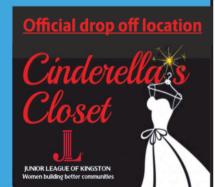
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## **YMCA Looks To The Future** *Pool Upgrade Could Be Done By May*

An underground water main break has closed the YMCA of Ulster County's pool and hot tub since October. but the executive director board and of directors see an opportunity in the crisis.

"We just made a conscious decision that we are going to make an upgrade to our pool that will last for the next 50 years," says Heidi Kirschner, the YMCA's executive director. "It will be an absolutely gorgeous pool once it's done." The renovated pool, which Kirschner hopes can open in May, came in at a cost of \$1.5 million.

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Kirschner said the pool renovation would be the first step in taking a fresh look at the 80,000-square-foot building in Midtown Kingston and how it's used.

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"It was built around the business environment in Kingston back in the '70s, '80s and '90s. That's when you had large businesses here," she said. "Since that time, many of the larger businesses have gone away. The last decade has been tough. You have this large facility and how do you manage it and keep up with it?"

Kirschner said after hiring a consultant, sending out a community survey, and gathering input from the board of directors and employees, the plan moving forward is to keep the "traditional" YMCA programs, including the pool and gym, in their current locations.

"Those areas are still 1970's architecture," she said. "Today, with how the Y runs, we want it to be more open and have a more modern feel. I want to be able to stand in one part of the building and basically hear or see 80-85 percent of what's going on.

"There's a lot of reason for that, not only for the feel and whole ambiance, but for safety reasons, too. We want the vulnerable people who are a part of our membership to feel safe."

Kirschner said the side of the building closest to Pine Grove Avenue will feature community enrichment programs catering to art, music, literacy, seniors and more.

"The Pine Grove side will be more of a community

organization-type setup. That all is being evaluated now," she said.

The YMCA, which marked 150 years in Kingston in 2016, describes itself as a private, not-for-profit, community-based organization "that provides social, health, physical education and recreation services to the residents of Ulster County."

Besides its traditional gym and swimming memberships, the YMCA holds after-school programs in nine local schools and offers school-age childcare, health enhancement and fitness classes, summer camps, scholarship programs for low-income youth and families and physical rehabilitation programs. Go to **www.ymcaulster.org** for a full list.

"We're really trying to branch out and get people more engaged with each other," Kirschner said. "We think if we do that our community is just so much better off."

Those programs cost money and the YMCA is holding its 5<sup>th</sup>-annual Bow Ties & Blue Jeans fundraiser March 14 at the Wiltwyck Country Club.

"All of our fundraisers go into creating money for disadvantaged individuals-mostly youth who can then participate in camp or after-school programs or swim lessons or any of the other programs," Kirschner said.

"We live by three principles: youth development, healthy living and social responsibility."

The YMCA this year will honor Stephen Kennedy, owner of a popular midtown Kingston juice bar known as Turn up the Beat, who works with at-risk youth; Gabrielle Martinez, a local runner who exercises at the YMCA and promotes healthy living; Drew Andrews, executive director of the Center for Creative Education (CCE), who holds classes at the YMCA; and Judy Burns, the YMCA's health and wellness director.

Kirschner said the business community can help by attending fundraisers and also pitching in for the pool and other renovations once the insurance claim is final.

"I've been involved in different communities, and I have to say Kingston and Ulster County are great communities and they do a lot for all of the organizations," Kirschner said.

Kirshner noted that YMCAs have closed in nearby Newburgh and Poughkeepsie.

"That could have happened in Ulster County as well, but the business community knew they couldn't let that happen and they didn't," she said.

Kirschner said the YMCA has also saved money by taking advantage of the discount energy program offered by the chamber. Chamber President Ward Todd has also featured her on the chamber's weekly radio show and allowed her to put inserts in the Chamber's monthly newsletter.

"We get reach like you wouldn't believe through the Chamber Newsletter," she said.

The YMCA of Kingston and Ulster County, located at 507 Broadway in Kingston, can be reached at (845) 338-3810 or www.ymcaulster.org.

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All members are listed on our website with their business descriptions, an interactive calendar of events, discount offerings page and job listings.

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# SPOTLIGHT ON M



Hi, my name is Kelsey VanEtten and I am the Family Services Coordinator and Volunteer Coordinator

for Ulster County Habitat for Humanity. I grew up in Big Indian at the northern end of Ulster County, and after graduating from SUNY Geneseo, I moved back home and started the job search in the Ulster County region. I have always loved my home, so staying here was a no brainer! Soon after I was hired at Ulster Habitat, I moved to Kingston and have loved every minute of it. Ulster Habitat is an incredible organization dedicated to providing affordable housing in Ulster County since 1996. We have built 17 homes since our inception, and Homes 18 and 19 will be completed this year!

Outside of work, you can usually find me at the gym, trying new restaurants and bars around the county, and travelling. I am trying to broaden my horizons a bit, enjoying karaoke at Early Terrible in Woodstock, grabbing a beer at some of the great local breweries, or playing pool in New Paltz. If you see me around say hi, I always enjoy meeting new people! Written by: Kelsey VanEtten

## Our Members Tell Us...

"We feel we are part of the local community, and being part of the Chamber also helps us connect with people and know what the needs are and to find ways to mutually support one another."

Community Products John Rhodes, President



DIAMOND MILLS HOTEL & CONFERENCE CENTER

**SEPT 16, 2020** 

## **Free Mini Ponies Change Lives** Ashokan Equestrian Center For Autistic Children is 2 Years Old!

Antoine Hepkins' and Debra Ann Romano's soon to be 6-year-old granddaughter, who attends the Center for Spectrum Services, is non-verbal and has Autism. As she grew, she had no interest in their Nubian dairy goats, poultry, horse or domestic house cats.

That all changed two years ago when Romano took her to a local horse farm that had several mini ponies for sale.

"When she saw one of the ponies an inexplicable smile came across her face. The only way I can describe it was a joyous look of *recognition*," Romano recalls. "It was the same emotional reaction one has when they haven't seen a loved one for a long time. The real kicker was she reached up and took hold of its halter. I felt a physical quickening, which brought me to tears upon witnessing that. How did she know to reach for the pony's halter?"

Romano could not shake what she had witnessed and couldn't sleep that night, but she didn't want to make a hasty pony purchase. Her daughter called the following day to share some news of a documentary she had just seen regarding Autism-related equine therapy, which coincidentally specifically emphasized success with mini ponies.

Without hesitation. Romano returned to the farm and bought three mini ponies, moving them immediately to her farm in Olivebridge.

"That was the catalyst for us starting the charity," says Romano, who, with Hepkins, formed the Ashokan Equestrian Center For Autistic Children Inc. and serves as president.

Hepkins, who retired after a long career with Mohonk Mountain House and Bank of America, combines his NYU and SUNY New Paltz education with more than 21 years of fiduciary expertise to serve as CFO for the non-profit.

Besides being a fun "Papa" who never refuses to play princess-dress-up or watch "My Little Pony" videos with his grandchildren, Hepkins is also a lifelong professional guitarist/ recording artist who collaborates with Romano on the children's jingles she writes and records.

"We take great pride in our transparency," Hepkins said. "Whether it's \$5 or \$1,000, every penny benefits these beautiful animals, and in turn benefits another family with special needs children. We see firsthand the enormous financial burden our daughter and son-in-law experience when securing entertainment for their three children that is also safe and educational for our special needs granddaughter.

"Our goal is to alleviate some of those costs to other families with special needs children through the gift of our ponies. While some well-funded, equine-related charities charge \$75 per hour to provide therapeutic riding for these precious kids, there will *never* be any charge for what we provide."

Romano explains: "We acquire mini ponies and an occasional retired racehorse from various sources, rehabilitating their health, which averages \$500 per pony, and socializing them. Once their health and human interactions are solid, we interview families who have special needs children, who of course are prepared and experienced horse-folk, with the intention of gifting the ponies to such families.

"The therapeutic effects from little ponies, whether used for riding, to improve motor skills by grooming them, or to just share love and affection, are invaluable. There is wonderful and mysterious magic between little horses and little humans that just can't be explained."

The Ashokan Equestrian Center for Autistic Children Inc. finally saw its vision come to fruition this year, placing two mini ponies and a retired racehorse with new families free of charge.

The charity is funded primarily out of pocket, but supplemented by Romano's careers as an insurance agent, Medicare Advantage/Supplemental Plan agent, wedding officiant, actress and voiceover artist. She is also a published author, holds several NYS licenses and earned a cum laude bachelor's degree from Marist College; she obtained the degree to honor a promise to her late son, Paul.

"It's so rewarding," she said. "The physical work is at times unbearably hard, which at almost 63 I do by myself. Even when it's 8 degrees outside, yes, it's uncomfortable, but I feel very blessed that I never felt like I *don't* want to do this."

Romano and Hepkins are regulars at the Chamber's popular networking mixers.

"What we weren't privy to prior to joining the Chamber was how those Mixer crowds facilitate good-caliber connections, sharing the ethics, integrity and strong family values we do," Romano said. "We want to learn from those more experienced in running successful charities to promote our mission more publicly than we have thus far, while seeking to benefit and empower more of our community in a positive way. Neither of us are very good with social media promotions, nor overly Internet-savvy, so we depend on word of mouth to spread our mission."

The Ashokan Equestrian Center for Autistic Children Inc. can be reached at P.O. Box 1405, Olivebridge, N.Y. or by calling (800) 984-0466. More information is available at: www.ashokanequestriancenter.org





Wednesday, March 4, 2020 • Daily Freeman Advertising Supplement



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#### ACCESS PHYSICAL THERAPY & WELLNESS - SAUGERTIES

338 Route 212 Suite 3 Saugerties, NY 12477 www.Accessptw.com James Gualtieri, PT, DPT - Director Category: Health Services

Description: Access Physical Therapy & Wellness specializes in rehabilitation and expert physical and occupational therapy to relieve pain, weakness, injury, and balance problems. Our new office in Saugerties is conveniently located right off the NYS Thruway ramp at the intersections of Route 212 and Kings Highway. There is plenty of off street parking in our spacious lot and easy, ground level entry to the office. We develop individualized plans for each of our patients to best suit their needs. Our focus is on our patients and getting them back to feeling great and enjoying life.

#### **AFCO OIL COMPANY**

40 S. Manor Ave. **Kingston, NY** 12401 www.afcofuel.com

#### Larry Dunne - Owner Category: Heating Companies & Supplies

Description: Serving the Kingston area for 20 years, AFCO Fuel LLC is an independent, familyowned and operated home heating company. AFCO supplies #2 fuel oil, kerosene, diesel (on and off road), wood pellets and firewood to homes and businesses in the Kingston, Saugerties and surrounding areas. We believe in treating each customer with courtesy and compassion, offering the lowest price possible, while exceeding your customer service expectations! Simply put, we treat you like family! We offer 24/7 emergency services. A variety of payment options are available, including budget and pre-pay.

### **BRIDGE CREEK CATERING**

30 Jenkinstown Road New Paltz, NY 12561 www.bridgecreekcatering.com Jessica Miller - Vice President of Human

Resources

Category: Caterers

Description: Bridge Creek Catering is a full service offsite catering company with expertise in event planning. We work with you to create an innovative seasonal menu utilizing fresh local ingredients that matches your vision and budget. Our staff of Professionals are accommodating, experienced and engaged. We love what we do and it shows.

### **CITIZENS BANK**

273 Wall Street **Kingston, NY** 12401 www.citizensbank.com **Jane Garrity** - Branch Manager Categories: Banks; Financial Services Description: A regional bank that represents the region with pleasure. Full-service bank retail and commercial accounts, mortgages, investments.

### EARLY TERRIBLE

43-45 Mill Hill Road **Woodstock, NY** 12498 www.earlyterrible.com **Gray Ballinger** - Partner Category: Bars/Lounges Description: Boutique yet Rustic Catskill Bar and small Bites. Focusing on Cocktails, Wine, Beer, and upstate Tapas.

### **ETHAN ALLEN HR SERVICES**

53 Academy Street **Poughkeepsie, NY** 12601 www.eapeo.com

**Dean Domenico** - Owner/President Categories: Human Services: **Business** Associations: Pavroll & Tax Processing Description: Serving the Hudson Valley's HR and workforce needs. Locally owned and operated, Ethan Allen HR Services (an IRS-Certified Professional Employer Organization) provides leading human resources support to Hudson Valley businesses and is part of the Ethan Allen Workforce Solutions family, the largest full-service staffing and recruiting agency in the Hudson Valley region. From Payroll services and large group employee benefits, to HR administration and compliance, and risk management, we have you covered.

#### GPRO DIGITAL MEDIA (GASTON PRODUCTIONS)

312 Wall St. 2nd Floor **Kingston, NY** 12401 www.GproDigital.com

**Robert Gaston** - Owner/Founder Categories: Marketing; Digital Advertising; Event Planning

Description: Gpro provides digital media solutions for marketing, graphic design, creative content production, website development and maintenance, social media strategy, public relations and special events. We develop, initiate and oversee long-term media projects as well as short-term marketing solutions. Our specialty services allow clients to focus on their day-to-day business as we explore high-impact marketing opportunities and develop a tailored digital media plan to increase visibility and revenue. Gpro offers a community discount for Ulster County organizations.

### LEGALSHIELD & IDSHIELD

1214 Church Rd. **Saugerties, NY** 12477 www.kevinrshorette.wearelegalshield.com/ **Kevin Shorette** - Independent Associate Category: Legal Services Description: *We protect and empower families* 

and small businesses by providing them with access to affordable legal access and identity theft protection and restoration. In fact we specialize in small business coverage. We also pay commissions to those who want to help us share the mission and service.

### MONKEY JOE ROASTING CO.

478 Broadway Kingston, NY 12401 www.monkeyjoe.com Melissa Brown Brittany Morton - Owners Category: Coffee Houses

Description: Founded in 2000, Monkey Joe Roasting Co. is an independently owned coffee roaster focusing on sustainable, single-origin products, located in the historic Hutton building in midtown Kingston. With the building's original 1902 tin ceiling and tiled floors, it is the perfect spot to while away an afternoon, have a quick meeting, grab an espresso on your way to work or refuel mid-adventure. We offer wholesale for the perfect finish to your dining experience, a staple for market shelves, a locally sourced coffee for guests, and office pricing to keep your staff and you going.

#### RAISING YOUR AWARENESS ABOUT NARCOTICS

172 E. Chester St. Kingston, NY 12401 www.raisingawarenessrun.com Randi Kelder - President Non-Profit Organizations; Categories: Education/Tutoring Description: The mission of R.Y.A.N is to promote sub-stance abuse awareness, share our family's journey to dispel the myths of addiction, eliminate the stigma that is attached to it, and to support organizations that provide healthy programs for the youth of our community. The vision of R.Y.A.N. is to live in a community that is aware and educated about the disease of addiction, where there is no stigma attached to it, and be a place where every person will have access to all necessary resources when seeking recovery.

# **These Members Have Renewed**

ABC Pest Control. Inc. Acorn Hill Associates Ametek Rotron Ashokan Equestrian Center for Autistic Children Inc Astor Services for Children & Families Bond, Schoeneck & King, PLLC Catskill Mountain Printing Services Ceres Technologies, Inc. Culligan Water Company Emergency One Urgent Care & Diagnostic Center Farmers Insurance - New York Life Insurance G. Cuney Construction, Inc. Golden Hill Nursing & Rehabilitation Center Guerin & Guerin Agency, Inc. Hudson Valley Insurance Agency Hudson Valley Mall Ilona Ross Imedview, Inc

## WELCOME THESE NEW MEMBERS

## SPECTRUM REACH

1633 Broadway, 39th Floor **New York, NY** 10019 www.spectrumreach.com **Nicole Ratner** - Field Marketing Specialist Category: Advertising Specialties Description: Ad Sales division of Spectrum. Advertise with small to medium sized businesses.

## THE TORTILLA TACO BAR

38 Broadway **Kingston, NY** 12401 **Ruben Lopez** - Co-Owner Category: Restaurants Description: Taco Bar. Tortillas made from scratch. Serving mostly tacos and dishes made from tortillas. ImmuneSchein, LLC **ISP Home Services** Kate's Lazy Meadow Kenco, the Work and Play Outfitter **Kingston Plaza** M&T Bank MAC Fitness McDonald's of Kingston #837 Metroland Business Machines Inc. **MVP Health Care** NCG Cinema Pie for the People! Pine Ridge Dude Ranch **Pioneer Realty Advisors** R&F Handmade Paints Inc. **RSS** Insurance Agency Schain and Company, CPAs SCORE (Chapter 533) Simply Business Inc. Sportsman's Alamo Cantina, Ltd. Sunshine Orthodontics The Den of Marbletown The Sirius Raw Dog Food Company, Inc. Thomas F. Lindgren, CPA, PC Ulster County Sheriff's Office Ulster Performing Arts Center (UPAC) **USALLIANCE** Financial Vaz-Co Reclaiming Service Village of Saugerties Walden Savings Bank Waste Management Women's Woodstock Cycling Grand Prix Woodstock Day School Woodstock Land Conservancy

## Anniversaries:

<u>30 Years</u> MVP Health Care

## 25 Years

M&T Bank

## 20 Years

Ulster Performing Arts Center

## <u>10 Years</u>

Catskill Mountain Printing Services Esopus Business Alliance Simply Business Inc.

## <u>5 Years</u>

JSP Home Services RSS Insurance Agency Schain and Company, CPAs Woodstock Land Conservancy

## <u>1 Year</u>

Acorn Hill Associates Ashokan Equestrian Center for Autistic Children Inc. Ilona Ross NCG Cinema Pie for the People!



## **February 27, 2020** Diamond Mills Hotel & Tavern

25 S. Partition Street, Saugerties, NY

February Mixer Sponsor





Our Mixer Host, Diamond Mills Hotel & Tavern with (F) Bethany Boyce, Mary Rogers, Gina Hornbeck, (R) Jennifer Cruz, Brianne Ebel, Megan Fells and John Eickman.



Our Mixer Sponsor, M&T Bank with Tara Dickett, Diane Stones, Carly O'Keefe-Grey, Kristin Kless, Jade Garren-Gallo and Scott Wallner.



Erica Cox and Kristin Rossi (both from Savor Beauty & Spa), Jennifer Borrero (Hudson Valley Magazine), Leslie Phillips (HITS), Gina Hornbeck (Diamond Mills Hotel & Tavern) with Katy Sparks (Katy Sparks Culinary Consulting).



Karen Larsen, Curt Larsen, Kathy Larsen, Haley Larsen and Curtis Larsen (all with Larsen Restoration and Design).



Tyler Brown (J.H. Construction & General Contracting), Edwin Maldonado (Murphy Realty Group) with John Hornbeck (J.H. Construction & General Contracting).



Kaden Maguire, Lauren Barbieri and Danielle Auretto (all with Catskill Animal Sanctuary).