It’s going to be a year of celebration as the city of Kingston officially turns 150 years old in 2022. This is only the second time the villages of Kingston, Rondout and Ulster have merged since 1828, and the city is taking advantage of the 150-year milestone to pay homage to the city it has become. The festivities will kick off May 20 at The Venue Upstate at the Best Western Plus 503 Washington Ave., Kingston. The Memorial City Precinct is partnering with Mid-Hudson Valley Federal Credit Union to sponsor the city’s May Break Fast, a way to support local businesses and bring people together for a free networking event and delicious breakfast.

The city of Kingston is reaching an age that few cities have ever reached. It’s hard to imagine the city without the many years between its establishment and the current year, and how much it has changed. It was founded in 1704 as a settlement on the west bank of the Hudson River, and over the years it has grown into a vibrant city with a rich history. The city’s growth and development is a testament to its resilience and adaptation to changing times. From a small settlement to a bustling city, Kingston has grown and evolved over the years, and it’s hard to imagine what it would be like today without those many years of growth and change. It’s a city that has weathered many storms and continues to thrive, and it’s hard not to be impressed by its sheer size and scope.

The city of Kingston is a vibrant place, and it’s hard to imagine what it would be like without its many years of growth and change. From a small settlement to a bustling city, Kingston has grown and evolved over the years, and it’s hard not to be impressed by its sheer size and scope. It’s a city that has weathered many storms and continues to thrive, and it’s hard not to be impressed by its sheer size and scope. It’s a city that has weathered many storms and continues to thrive, and it’s hard not to be impressed by its sheer size and scope. It’s a city that has weathered many storms and continues to thrive, and it’s hard not to be impressed by its sheer size and scope. It’s a city that has weathered many storms and continues to thrive, and it’s hard not to be impressed by its sheer size and scope.
Flower Power This Mother’s Day

Dancing Tulip Specializes in Delivering Happiness

Hazel Sherburne, the owner of the Dancing Tulip Floral Boutique at 114 Partition St. in Saugerties.

“Flowers bring an immediate smile. They bring instant uplift, even when you’re sad,” said Hazel Sherburne, pointing to a 2002 behavioral study by Rutgers University about how flowers boost happiness. “I do believe that’s why people send flowers to funerals. They cheer people up. They say, ‘I appreciate you.’ There is a fleeting and lasting quality to them. You know they’re not going to last forever, but at that moment, they have an immediate impact on people up. They say, ‘I appreciate you.’ There is a fleeting and lasting quality to them. You know they’re not going to last forever, but at that moment, they have an immediate impact on people.

It was the spring of 2014 when Sherburne opened Dancing Tulip at a smaller store across the street from her current location. Prior to that, she had never opened a floral shop. In fact, she was working part-time at a wine store in the village when something clicked and inspired her to start a new venture. “At the time, the smaller businesses were really starting to come in and ask where they could buy flowers, so I kind of realized there was a niche in the market. I had outgrown the store and moved to her present 2,000-square-foot space. I would have been so upset to have gotten them. It would have disappointed me wickedly. If you’re going to get flowers, give a gosh for gosh sakes, don’t get a sad version of them. Giving that last minute like that guy in the convenience store.”

For Mother’s Day, Sherburne recommends a bouquet of purple or pink flowers, such as lavender, orchids, or a combination of blooms. She suggests a mix of garden roses and lisianthus, along with some greenery to complete the arrangement. Sherburne also makes it a point to source locally whenever possible.

“We have a signature style. Ours is more of a garden approach. We try to always have interesting and unusual blooms,” she said. Almost as important as the flowers to Sherburne is the sensory experience she has created at her boutique. She carries impeccable quality pieces such as pillows, candles, manuscript vases, garden-inspired aprons, cutting boards and other products for shoppers as an adjunct to their flower purchase.

“Think about it. If you could not see your elderly mother, who lived far away, who would you do? You would deliver flowers. We didn’t have to pivot much. When everybody had to shut down and my employees needed to stay safe at home, I continued as a sole proprietor. I ran the business myself. I would go to the wholesalers and pick up the flowers and deliver them myself. We really didn’t have much of a hiccup.”

“During COVID, a lot of people did small weddings and put their money toward flowers and food. They just made it more special on a small term. There was a clear shift in people’s money more toward flowers and food. They just made it more special on a small term. People were trying to support locally. They were trying to support our Main Street, and I got new customers from it.”

“I would have been so upset to have gotten them. It would have disappointed me wickedly. If you’re going to get flowers, give a gosh for gosh sakes, don’t get a sad version of them. Giving that gift has a lot to do with the effort that you put into it,” she said.

“Flowers bring an immediate smile. They bring instant uplift, even when you’re sad.”

The Dancing Tulip Floral Boutique, located at 114 Partition St. in Saugerties, can be reached at (845) 247-1044 or dancingtulip.com.

Thursday May 12 | 9:00 - 10:30 am
Business Card Exchange
Holiday Inn Express & Suites - Kingston
138 U.S. Route 199
Lake Katrine NY
Space is limited. Reservations are required.
Sponsor: Hudson Valley Credit Union

Tuesday May 17 | 5:00 - 7:00 pm
Networking Mixer @ YMCA of Kingston & Ulster County
507 Broadway
Kingston, NY
There is no cost for Members and Prospective Members. Reservations are required.
Sponsor: Sunshine Smiles
Food Sponsor: Rondout Savings Bank

Thursday May 26 | 7:30 - 9:00 am
Chamber Breakfast Meeting
“150th Anniversary of the Merger of the Villages of Kingston, Rondout and Wilbur”
The Upvista at the Best Western Plus
503 Washington Avenue | Kingston, NY
$25 Members | $30 Members at the Door | $35 Non-Members
Sponsor: Mid-Hudson Valley Federal Credit Union

Wednesday June 15 | 5:00 - 8:00 pm
Ulster County Black Business Achievement Awards and Community Connect
Ulster Savings Bank
Corporate Headquaters Main Conference Rooms
180 Schenectady Drive | Kingston, NY

For More Information and Registration Questions
(845) 338-5100
Flower Power This Mother’s Day
Dancing Tulip Specializes In Delivering Happiness

That was in October, and how it’s spring 2022. He’s become one of my regular customers and I miss him these heartless notes about how these treats have helped his dog. That’s why I do what I do,” said Boan.

Boan’s husband, George Boice, even built a 12-by-20-foot kitchen specifically for the company in the couple’s garage. They work as a team making the small-batch treats, mainly on the weekend.

Boan then shared them with her friends’ dogs. As they were being passed around in dog circles, word was spreading about these magnetic meat nuggets, and Peace Love Jerky was born in 2017.

“During my first season at the Kingston Farmers’ Market, a woman came walking by with her rescue dog, Betty. I asked if I could give her a treat, and she said the treat was so good she bought all the dogs see me and run out at the farmers’ markets, there are so many different types of treats out there. It’s roughly an 11-24 hour process, depending on which jerky it is. We cut all the fat off and then cube it, grind it, roll it, freeze it, and slice and dehydrate it. That’s our process to get it porous, so we can be sure it’s fully dried. Generally, we make hundreds of bags a week,” Boan said.

While she said she’s comfortable with the growth of the company—shipping her products all over the United States—she hopes her fellow Chamber members will keep her up if they want to give their pooch something tantalizing.

“Peace Love Jerky Treats, St. Catherine’s Center for Children, can be reached at (845) 706-2205 or peacelovejerkytreats.com.”
**MAC Fitness**

**Kingston Plaza, 338 Plaza Rd., Kingston, NY**

**Our Mixer Host, MAC Fitness with Holly Snow (center) and staff.**

**Our Mixer Sponsor, Bank of Greene County with President & CEO Don Gibson (2nd from left top) and staff.**

**~ These Members Have Renewed ~**

**AMERICAN HEART ASSOCIATION**

- www.heart.org
- Senior Regional Director
- Categorizes: Human Services; Non-Profit Organizations
- Description: Since its inception in 1924, the AHA has grown rapidly in size and influence — nationally and internationally — into an organization of more than 33 million volunteers and supporters dedicated to improving heart health and reducing deaths from cardiovascular diseases and stroke.

**BERGSTRAESSER STRATEGIES**

- Rhinebeck, NY 12572
- www.bergstrategies.com
- Ed Bergstraesser - Founder
- Bergstraesser Strategies
- Categorizes: Consulting/Management Solutions
- Description: Broad international and domestic experience in public and government affairs, content development, corporate communications, and governmental relations. Possesses an accomplished communications background with executive-level experience in the creation and maintenance of strategic alliances, and the forging of partnerships with policymakers and government entities, as well as the implementation of grass roots and financial support efforts. Adept at storytelling (from perspective of a former journalist), crisis communications and executive positioning • Multi-million-dollar budget presentations.

**CRANE ACUPUNCTURE & HOLISTIC MEDICINE**

- 795 Broadway, Suite 8
- Kingston, NY 12401
- www.cranerichardsonmedicine.com
- Jennifer Meta Crane - Doctor of Chinese Medicine
- Categorizes: Health Services
- Description: Crane Acupuncture & Holistic Medicine is a health clinic specializing in the treatment and prevention of chronic diseases. We have a special passion for understanding stubborn conditions that defy standard care. Our services include holistic health consultation, acupuncture, infrared sauna sessions, and custom formulation of herbal medicine. We have a history of success in helping our patients manage chronic Lyme disease, degenerative dysfunctions, thyroid issues, autoimmune disease, digestive dysfunction, hormonal imbalances, insomnia, anxiety, depression, nutritional imbalances, pain management, weight loss, and more.

**HUDSON VALLEY AMBITION**

- Kingston, NY 12401
- www.hudsonvalleyambition.com
- Ryan Naccarato - Owner
- Categorizes: Fitness/Health Clubs
- Description: Hudson Valley Ambition is an innovative outdoor group fitness boot camp. We specialize in dynamic, motivating and providing a comfortable environment for all team members to succeed in. We train 100% outdoor and offer a unique experience that you will go through with an amazing team! In addition to our boot camp, we offer the following services: 1. To 1 Mobile Personal Training (see us to try), Online Coaching, Nutrition Plans, Performance Supplements, Workouts for Sports Teams, Corporate/Business Town Building Events, Family & Friends Fun Days (game)!, Motivational Speaking.

**ULTER STRONG**

- 231 Clinton Avenue
- Kingston, NY 12401
- www.ulsterstrong.com
- Anthony Marra - Board Member
- Categorizes: Economic Development
- Description: ULSTER STRONG SUPPORTS adding good-paying jobs, diversifying the local economy so it’s more resilient, encouraging new investment, balancing environment with local needs, growing local base to support community services including schools, infrastructure and emergency services. We are a subsidiary of Hudson Valley Economic Development Corporation.

**WINSTON FARM**

- Saugerties, NY 12477
- www.winstonfarm.com
- Josh Sommers - Consultant
- Categorizes: Real Estate Development/Investment
- Description: Proposed mixed-use development project in Saugerties.

**XTHECMD**

- 130 N. Front St. Ste. B
- Kingston, NY 12401
- www.xthecmd.com
- Thoa Aungatham - Physician Associate
- Categorizes: Health & Wellness
- Description: Medical aesthetics which include procedures such as Botox, Fillers, PRP injections, RF, laser skin resurfacing, hair restoration from hair loss, sexual enhancement, wellness with IV vitamin drip infusions. We also provide urgent care services and concierge medicine. This includes set visits for upper respiratory infections, eye infections, skin infections, upper respiratory flu,ritis, rhinovirus, bronchitis, gastrointestinal issues, rash, Lyme disease, allergies and more.