Here are Care Providers Oklahoma latest updates as of April 15, 2020

**Telligen Post-Acute Care Collaborative Office Hours!!**

Telligen is extending Office Hours to include all hospitals and post-acute care providers. Dr. Dale Bratzler will be our first guest speaker today, April 15th at 11:00am. We hope you can join.

Wednesday, April 15, 2020 at 11:00-11:30am

Register now at:

[https://conta.cc/3b0cl0x](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fconta.cc%2F3b0cl0x&data=02%7C01%7Clara.brooks%40okstate.edu%7Cf11790cda74047a3cab108d7dff1f73c%7C2a69c91de8494e34a230cdf8b27e1964%7C0%7C0%7C637224102717769788&sdata=bWBunTjXB1S5PkxdvQMy20AE1oQcbUs2rDUXfgkr%2BCI%3D&reserved=0)

Post-Acute Care Collaborative Office Hours will feature COVID-19 and Infection Prevention speakers from across the care continuum including subject matter experts, local stakeholders, and partners from your state. This interactive session will conclude with an opportunity to answer questions.

Dr. Dale W. Bratzler, D.O., M.P.H. will be a part of our discussion during this session. Dr. Dale W. Bratzler serves as Chair of the Hospital Advisory Council at the Oklahoma State Department of Health, Chief Quality Officer at the Oklahoma University Physicians Group, and as Professor of Medicine at the College of Medicine.

**Important Message from OSDH - Long-Term Conference Call on Wednesday, April 15th**

The Oklahoma State Department of Health, Regulation, Prevention and Preparedness will be hosting a COVID-19 **conference call** on **Wednesday, April 15th from 1:00 PM to 2:30 PM.**

The conference call will include information and discussion of the Novel Coronavirus COVID-19 including current guidance, best practices and questions and answer.  The conference call is open to Owners, Operators, Administrator and Executive Staff of Nursing Homes, Intermediate Care Facilities for Individuals with Intellectual Disabilities, Continuum of Care Facilities, Assisted Living Centers, Residential Care Homes and Adult Day Care Centers.

**We have changed our platform to a conference call that will accommodate up to 500 participants.**

Wednesday, April 15, 2020
1:00 PM - 2:30 PM

**Access Information**USA Toll-Free: 888-363-4735
Access Code:  1177868

**CMS COVID-19 Call Later Today with Nursing Homes**

Please join the Centers for Medicare and Medicaid Services (CMS) for a call today on COVID-19 with Nursing Homes, Wednesday April 15th at 4:30 PM EDT.

**Wednesday, April 15, 2020**

**4:30-5:00 PM EDT**

**Attendee Dial In:** 833-614-0820

**Conference ID**: 3770227

[Join via Audio Wedcast](https://engage.vevent.com/index.jsp?eid=5779&seid=1888#/main/simplify)

**COVID-19** [**Update #41**](https://www.ahcancal.org/facility_operations/disaster_planning/Documents/Update%2041.pdf)**| CMS COVID-19 Call with Nursing Homes Today**

Please join the Centers for Medicare and Medicaid Services (CMS) for a call on COVID-19 with Nursing Homes, Wednesday, April 15th at 4:30 PM EDT. CMS leadership will provide updates on the agency’s latest guidance and we will be joined by leaders in the field interested in sharing best practices with their peers. The call will be recorded if you are unable to join. Conference lines are limited, so it is highly encouraged you to join via audio webcast, either on your computer or smartphone web browser.

**COVID-19** [**Update #40**](https://www.ahcancal.org/facility_operations/disaster_planning/Documents/Update%2040.pdf) **|** **Recommendations for When a Resident Wants to Leave the Building**

AHCA/NCAL has developed recommendations to help you address when a resident wants to leave the building to go into the surround community and then return. This could introduce COVID-19 into the building and endanger others. Our recommendations include communicating with the resident and family, requiring isolation, and contacting the ombudsman and the local health department.

**AHCA/NCAL Issues Guidance on Reporting COVID-19 Cases in Skilled Nursing Facilities and Assisted Living Communities**

AHCA/NCAL [updated guidance](https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Ascds%3AUS%3Adb955c6e-d268-472a-8091-e01ad38d6856) to long term care providers about the need to notify their state survey agency about COVID positive residents and staff.

**Attention Care Providers Oklahoma Members!**

Currently we have 47,750 surgical masks remaining at a price of $1.25/per mask each.  This is a “members only” opportunity. We will distribute the masks from our training center once the masks are in our possession. It will be up to the participating members to arrange for a courier to come to Care Providers Oklahoma’s office during the pick-up window. Payments can be submitted via corporate check, credit card or via wire transfer.

Due to the limited quantity, orders will be processed first-come/first-served until the allotment is exhausted.  If demand for these masks is strong enough, we can potentially facilitate a subsequent order.

Shanna Reece and Connie Guinn will be facilitating orders on behalf of Care Providers Oklahoma.  Please contact Shanna or call 405-239-0073 or Connie or call 405-239-0076 between hours of 8:00 a.m. to 4:00 p.m. to secure your requested quantity of masks and to coordinate payment arrangements.  Payments will be expected at delivery or in advance of delivery.  No product can be released without payment. Wire instructions and the “payable to” information will be provided by Shanna and/or Connie once the masks are in the continental US and on the road to Oklahoma.  We hope you find this opportunity helpful as your team capably and professionally serves the residents in your care.

Remember, this is a **“members only”** opportunity and orders will only be accepted until we reach the number of masks expected in this shipment.

### **Expert Offers Tips To Help With Insomnia Among Caregivers**

[McKnight’s Long Term Care News](https://mailview.bulletinhealthcare.com/mailview.aspx?m=2020041501ahca&r=9077144-3084&l=00e-1af&t=c) (4/15, Lasek) [reports](https://www.mcknights.com/news/clinical-news/covid-19-causing-insomnia-among-many-caregivers-these-tips-may-help/), "Stress-related insomnia troubled more than a third of medical caregivers during peak periods of coronavirus activity in China, according to a new study published in Frontiers in Psychiatry." According to one expert, certain "evidence-based actions" may help to prevent or alleviate sleeplessness. These include things such as maintaining "a dark environment" and avoiding "electronic devices before bedtime," and attempting "to refocus pre-sleep thoughts to emotionally neutral thought processes (away from worry, problem solving, planning, rehashing)."

**Reminder: Care Providers Oklahoma Office Coverage**

Care Providers Oklahoma staff will continue to work remotely from home as warranted. We are all still here to assist you with whatever needs you may have so please do not hesitate to contact us as necessary.

**Please visit our NEW Care Providers Oklahoma COVID -19 Resource Page**

Care Providers Oklahoma is providing regular [COVID-19 updates](https://www.careoklahoma.com/covid-19-resource-page/) via our website including all the AHCA/NCAL COVID-19 Updates and past daily Member Updates.

Long term care and assisted living residents are sheltering in place without visitors to keep them safe from #COVID19. Join Care Providers Oklahoma to brighten up their day and send them a message of support via our Facebook page with hashtag **#CareNotCOVID** [**Facebook Profile Pic Frame**](https://www.facebook.com/profilepicframes/?selected_overlay_id=2905473726207118)