

# Frankfort Chamber Member Business Spotlight

## Barre It All Fitness Center Frankfort 7950 Lincoln Hwy., Frankfort

**How long has your business been open?**  
2 years

**The primary business/service offered:**  
Fitness classes for women

**What makes your organization special?**  
We started from the ground up! Our founder, Kelly Lucio, started offering group fitness classes for women at a local park in Chicago. There was a high demand for what she was offering and two months later, she opened her very own studio in the Mt. Greenwood/Beverly community. We are newer to the Frankfort area and take pride in the fact that we keep our memberships affordable for all!

**Best thing you do/serve at your business:**  
Barre It All Fitness is not just a workout, it's a way of life. We offer a comprehensive program in order to meet all of your goals with one membership. Combining HIIT with a variety of strength exercises is the most effective, and smartest way to workout. We offer cardio, strength, barre, and yoga so one membership is all you need!

**Something people don't realize about your organization:** Some people don't know this is our second location and that we keep our memberships very affordable. Members can join for \$79.99 a month or purchase our class packs. We strongly believe that fitness shouldn't cost as much as a car payment. Right now we are live streaming all of our classes. We are offering two months of classes for \$102.15.

**My favorite thing about being a Frankfort Chamber member is:** I get to be involved in so many events!



# BARRE

IT ALL FITNESS

[www.barreitalfitness.com](http://www.barreitalfitness.com)

Facebook: Barrelove773

Instagram: barre\_it\_all\_llc\_fitness

Phone: 872-256-1397. Hours: 5am-8:30pm



*Submitted by Kelly Lucio, Owner*