

Ottawa Business Journal & Ottawa Board of Trade  
present

# FORTY UNDER 40 AWARDS GALA

OTTAWA  
BUSINESS  
JOURNAL



OTTAWA  
BOARD  
OF TRADE

# WELCOME TO THE GALA

## WELCOME TO THE 2023 FORTY UNDER 40 AWARDS.

**T**onight we gather to celebrate 40 of our region's rising business stars. They distinguish themselves with tremendous business achievements, remarkable expertise and their commitment to build a better community through volunteerism.

Preparations for tonight started many months ago, when the Ottawa Business Journal and the Ottawa Board of Trade issued a call for nominations. As usual, local entrepreneurs responded to the vigorous nominations process with great interest.

We pre-screened all of the applications down to 91 finalists. Then our esteemed panel of judges spent more than 100 hours assessing and ranking the finalists. This is how the Forty Under 40 were selected.

OBJ and OBOT gratefully acknowledge the tremendous effort of the 2023 Forty Under 40 selection committee members:

- Michael Curran, publisher, Ottawa Business Journal
- Joelle Hall (past recipient), CPA and wealth adviser with Hall O'Brien Wealth Counsel
- Anne Howland, editor-in-chief of OBJ
- Jeffrey Johnson (past recipient), partner at BDO
- Robert Rhéaume, OBOT Board of Director, CCSR Advisory Services Inc.

On behalf of the Ottawa Business Journal and the Ottawa Board of Trade, let's enthusiastically celebrate these remarkable young achievers and continue to support them as they build a more prosperous, competitive and caring Capital Region.

**Micheal Curran**

Publisher

Ottawa Business Journal

**Sueling Ching**

President & CEO

Ottawa Board of Trade





FORTY UNDER 40

# PROGRAM

Cocktail Reception | 6:00 p.m.

Guests to be Seated | 6:40 p.m.

Welcome Remarks | 6:50 p.m.

Dinner is Served | 7:10 p.m.

Awards Presentation | 8:20 p.m.

Raffle Winners Announced | 9:25 p.m.





# FORTY UNDER 40 AWARDS GALA

## MENU

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### **SALAD**

Naturally grown baby spinach and frisée, poached pear, pumpkin seeds +  
Goats cheese with a red wine shallot vinaigrette

### **DINNER**

Seared grain-fed chicken supreme, mushroom & leek compote + Yukon gold  
potatoes whipped with sour cream and chives + Marsala wine & fresh thyme jus

### **VEGETARIAN**

Moroccan spiced vegetable-chickpea tajine + cardamom basmati-quinoa blend +  
cilantro cucumber-tomato salsa

### **DECADENT DESSERT**

Dark chocolate praline tower with caramel sauce and raspberry coulis



The background of the entire image is a dark navy blue, densely covered with small, irregular pieces of gold confetti, creating a celebratory and textured effect.

# *Congratulations!*

TO THE

## 20223 FORTY UNDER 40 AWARD WINNERS

**Hani Al Anid, Calian**

**Elizabeth Audette-Bourdeau, Welbi**

**Jessica Barrow, Perley-Robertson, Hill & McDougall LLP**

**Ginger Bertrand, Gab Group Inc.**

**Pavel Bogdanov, Ottawa Flowers**

**Jacqueline Bonisteel, Corporate Immigration Law Firm**

**Jesse Card, Youth Ottawa**

**Michele Corriveau, CURAVITA Health Group**

**Derick Cotnam, My Catering Group**

**Bradley Crepeau, Food Cycle Science**

**Brendan Du Vall, Ottawa Senators Hockey Club**

**Andre Fernandez, Invert**

**Dave Hale, Craft&Crew Corp.**

**Julia Heintzman, Soloway Wright LLP**

**Matthew Henley, Al Talos**

**Natasha Hope Morano, NHM Connect**

**Adel Jawhary, Rydel Roofing**

**Victoria La Valle, Cityscape**

**Greg Macdonald, Bathorium Inc**

**Jessie McAllister, McAllister Dentistry**

A background of gold confetti on a black field.

# *Congratulations!*

TO THE

## 2023 FORTY UNDER 40 AWARD WINNERS

**Connor McGarry**, Welch Capital Partners Inc.

**Nitin Mehra**, East India Company

**Emma Mohns**, Kinaxis Inc.

**Michael Nelson**, TACTIQL

**Joseph Pamic**, Power-Tek Group

**Ryan Peatt**, Proxi.id Corp.

**Devan Pennell**, LKC Consulting Corp.

**Kelly Rusk**, Kelly Rusk Consulting Inc.

**Marc Sauvé**, David | Sauvé LLP

**Todd Shannon**, HUMANCONTACT Inc.

**Mahima Sharma**, Forest Products Association of Canada

**Candice Shaw**, Ottawa Rape Crisis Centre

**Tristan Smyth**, Warshield

**Kyle Soutar**, Better Group

**Patrick Taillefer**, Taillefer Plumbing & Heating

**Rohan Thakar**, Brash Inc.

**Thomas Triplet**, BluWave-ai

**Adam Van Cleeff**, Fullscript

**Mary Yazdani**, Genesislink Consulting Services

**Dr. Piriya Yoganathan**, Biotherapeutics Manufacturing Centre,  
Ottawa Hospital Research Institute



FORTY UNDER 40

# CHARITY RAFFLE

## OTTAWA NETWORK FOR EDUCATION JUNIOR ACHIEVEMENT

At this year's gala we are pleased to raise money for our region's next generation of entrepreneurs through the Ottawa Network for Education's Junior Achievement program.

During dinner we will be selling raffle tickets for some incredible prizes:

- Two tickets from Air France to fly from Ottawa to Paris return
- Le Cordon Bleu knife kit and course valued at \$1650
- Signed Claude Giroux Ottawa Senators jersey
- Bathorium gift set worth \$800
- Two nights stay at the Hilton Lac-Leamy



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L'ÉDUCATION

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event design



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# CONGRATULATIONS

**TO THE 2023  
FORTY UNDER 40  
AWARD WINNERS**



**THANK YOU TO OUR PARTNERS!**

TELFER EMBA, BDO, CASINO LAC-LEAMY, DESJARDINS,  
CHAMBERS GROUP INSURANCE, OTTAWA PRINT SERVICES,  
OAKWOOD DESIGNERS AND BUILDERS, OTTAWA  
SENATORS, EVENT DESIGN, MDRN ACTIVATIONS, THE  
WESTIN OTTAWA



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