Healthy at Work

TEAM KENTUCKY

Guidance for Gatherings of Up To Ten (10) People

- Effective July 20, 2020, gatherings must be limited to ten (10) people or fewer. If you host or attend a social, non-commercial gathering of up to ten (10) people under circumstances not explicitly addressed by other Healthy at Work guidance, please follow this document.

- If you are a member of a group particularly vulnerable to COVID-19 (individuals over 65 years old and/or with conditions identified by the CDC as high risk), public health experts recommend you continue to avoid in-person gatherings and remain Healthy At Home.

Individuals attending gatherings of up to ten (10) people must:

- Communicate to individuals to stay home and not attend a group event if sick;

- Remain at least six (6) feet apart from people who are not a part of their household;

- Wear a face covering over their nose and mouth when indoors;

- Wear a face covering if they are outdoors and will be closer than six (6) feet to people who are not a part of their household;

- Wash or sanitize hands frequently;

- Screen and exclude persons with fever, symptoms of COVID-19, and/or direct exposure to COVID-19; and

- Not share food, drink, containers, plates, napkins, or utensils.

Individuals attending gatherings of up to ten (10) people should:

- Remain Healthy at Home to the greatest extent practicable and socialize via Internet, telephone, and other means that allow people to socially distance;

- Limit the gathering size to the smallest number of people practicable;

- Hold the gathering outside whenever possible;

- Sanitize bathrooms and other high-touch surfaces frequently, ideally before and after each use whenever possible;

- Discourage people from sharing items including tools, sporting equipment, vehicles, cooking/grilling ware, and other high-touch objects;

- Avoid touching eyes, nose, or mouth; and

- Discourage handshakes, hugs, "high-fives," and other direct person-to-person contact to reduce social pressure to engage in these common behaviors