

Colony Days 2023

COMMUNITY BED RACES

Friday, June 9th - 6 pm

E. Elmwood Avenue (between library & museum)

Rules, Regulations, and Entry Info



Entry Form [please fill out, all information is required to participate]

A single elimination race with obstacles and stations to help determine the Community bed racing Champion! Racing beds are provided. Team members must be 14 years or older to participate.

Team Name: _____

Captain's Name & Number: _____

Runner#1: _____ Signature: _____

Runner#2: _____ Signature: _____

Runner#3: _____ Signature: _____

Rider: _____ Signature: _____

Waiver of Liability: In consideration of the acceptance of my application for the 2023 Community Bed Races, the above signees hereby release the sponsor, the City of Palmer, the GPCC, and any person officially connected with this competition, from all liability for any injury or damages whatsoever arising from my participation in the event.

Regulations:

- A race team consists of 5 people, 14 years or older. No substitutes, all riders must be registered.
- One member of the team is the rider and is responsible for completing the activities at each station.
- In order to qualify for finishing the race, at least four of five team members must cross the finish line in contact with the bed and three members must also be in contact with the ground when crossing the finish line.
- For safety reasons, all bed riders must wear a safety helmet. You may bring your own (a bike helmet is sufficient) or one will be provided to you. It is suggested that pushers also wear a safety helmet.
- Please feel free to dress up (costumes, uniforms, etc.)
- Beds are provided, but if you want to BYO, send us an email for specs.
director@palmerchamber.org

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