

Minute to Win It Game Rules

Round 1

Flip Cup:

Rules:

Place 15 solo cups upside down on the edge of the table with some of the cup hanging off the table's edge. Player must use one hand to slap the rim of the cup causing it to sit right side up again. To win the challenge player must get four cups to sit up within the 60-second time limit.

Hanky Panky:

Prior to game start, player must stand with hands at sides. Once game starts, player may grab the first tissue. Player may only use the same hand to pull the tissues for the entire game. Player may use other hand to hold the box. Player's fingers may not enter the box. To complete the game, player must empty the box and pull the final tissue within the 60-second time limit.

[GSN Minute To Win It - Hanky Panky - Bing video](#)

A Bit Dicey:

Prior to game start, player places a single tongue depressor stick in his/her mouth. When the clock starts, player will pick up and vertically stack one die at a time on the stick. Player may not allow dice to rest against their nose or to touch any part of their face. In the event that a die is dropped or falls off of the stick, player may take a replacement die off of the podium and use it in its place. Player may only use one hand to stack dice and re-adjust them. To complete the game, 6 dice must be stacked one on top of the other on the tongue depressor stick within the 60-second time limit.

[GSN Minute To Win It - A Bit Dicey - Bing video](#)

Stack Attack:

Player will use 36 plastic cups to construct a pyramid like structure. Once built the player must deconstruct it using one hand taking the cups down diagonally making a single stack. Player has 60-second to complete challenge.

[GSN Minute To Win It - Stack Attack - Bing video](#)

Round 2

The Nutstacker:

Using one hand the player must use one chopstick to collect hex nuts to stack creating a face standing tower. Player may collect up to 5 hex nuts at one time on the chopstick. In total 10 hex nuts are needed to construct the tower within a 60-second time limit.

[GSN Minute To Win It - The Nutstacker - YouTube](#) This will not be a team event - 1 player