

# "Wellness Works"

## Quarterly Newsletter, April 2020

### COVID-19 Information

Make the Chamber Website your go-to resource for covid-19 information.

[www.albertlea.org](http://www.albertlea.org)

#### Resources Available:

Governor Executive Order 20-20

Sales & Use Tax Grace Period

SBA Loan Update

Minnesota Unemployment Insurance

Minnesota Employment and Economic Development Resource Page

Unemployment Insurance (UI) Program to help employers avoid a layoff.

Minnesota Dept of Health Guidelines

Restaurant & Dining Options

Support your Local Businesses

Mayo Clinic Health System Updates

Temporary Closure of Bars, Restaurants, and Other Places of Public Accommodation

Shared Work MN

### Rock-N-Roll the Lakes

Continuing to remain hopeful that we will be able to get out and about this summer the organizers of Rock-N-Roll the Lakes are requesting volunteers to help with set, tear-down, registration, handing out t-shirts and bike tags, traffic control, handing out water and

food at rest stops, and bike repair. If your worksite is interested in volunteering for this fun event please call Ed at 507-377-7730 or email them at [rockrollthelakes@gmail.com](mailto:rockrollthelakes@gmail.com).

Event: Saturday July 11, 2020  
Albert Lea

### Staying Connected

The coronavirus pandemic is affecting small businesses in a variety of ways. Things are changing fast and businesses are being forced to adapt. From social media to offering online deals, there are many ways small business owners can stay engaged with customers.

Your customers may be on self-quarantine, but that doesn't mean you can't stay connected and continue providing excellent service. Visit <https://www.uschamber.com/co/grow/customers/stay-connected-to-customers-during-coronavirus> for ways to stay connected.

### Standing Strong!

There is a tremendous strength that is growing in our country through sharing together, praying together, suffering together, and working together.



### Covid 19 Survey

- Right now, there is a lot that's out of our control. But you can help make a difference in understanding the impact individuals and communities have on slowing the spread of #covid19 across the country.
- Blue Zones Project communities are doing what they can to #flattenthecurve. You can help us better understand the impact Albert Lea and Freeborn County are having in our nation-wide effort.
- Flattening the curve can save lives. We can assess our impact on stopping the spread of COVID-19 by taking a quick survey from Sharecare.
- Are we slowing the spread of #covid19? Take this quick survey to see how well you are helping to #flattenthecurve. <https://www.sharecare.com/covid19/survey>
- or visit us at [www.facebook.com/BlueZonesProjectAlbertLea](http://www.facebook.com/BlueZonesProjectAlbertLea)