

"Wellness Works"

Employee Quarterly Newsletter, July- Sept 2021

Reasons to Get It!!

Get it for **what** you love.
Get it for **who** you love.

Get it for your **co-workers**.
Get it for your **customers**.

Get it for **family** time.
Get it for time with **friends**.

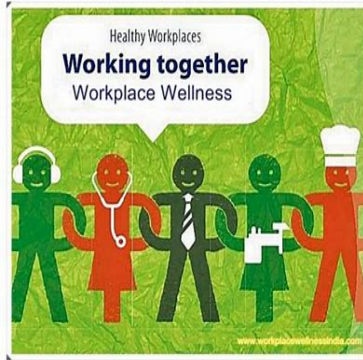
Get it to come **back**.
Get it to move **forward**.

Get the **COVID vaccine**
when it's your turn.

There are a lot of reasons to get the vaccine.
Get your questions answered and find the most up-to-date information.

www.co.freeborn.mn.us/139/Public-Health

A Community of Immunity.



Volunteer Opportunities

Local Blood Drives

Find at: RedCrossBlood.org

Rock-N-Roll The Lakes

Bob Furland: bob.furland@ci.albertlea.org



Albert Lea Boathouse

**Free to the Public on Saturday's
in July and August !!**

**EVERYONE MUST COMPLETE A
REGISTRATION AND WAIVERS
ONLINE. Parents/Guardians must
complete registration for minors
(18 years and younger).**

**If you have any questions, please
contact the office of Community
Education at
35317.**

Chamber Zoom Events

Leadership Reads

**3rd Friday of every month - 7:15 am or
12:00pm. Please call 373-3938 to
register and receive your Zoom link.
This is a fun group. Try it you'll like it !!**

**Worksite Wellness Grants of up to
\$3,000 are available through SHIP.
All grants must be submitted and
approved by October 31st. Please
contact Lana Howe at:
lane.howe@co.freeborn.mn.us**

