

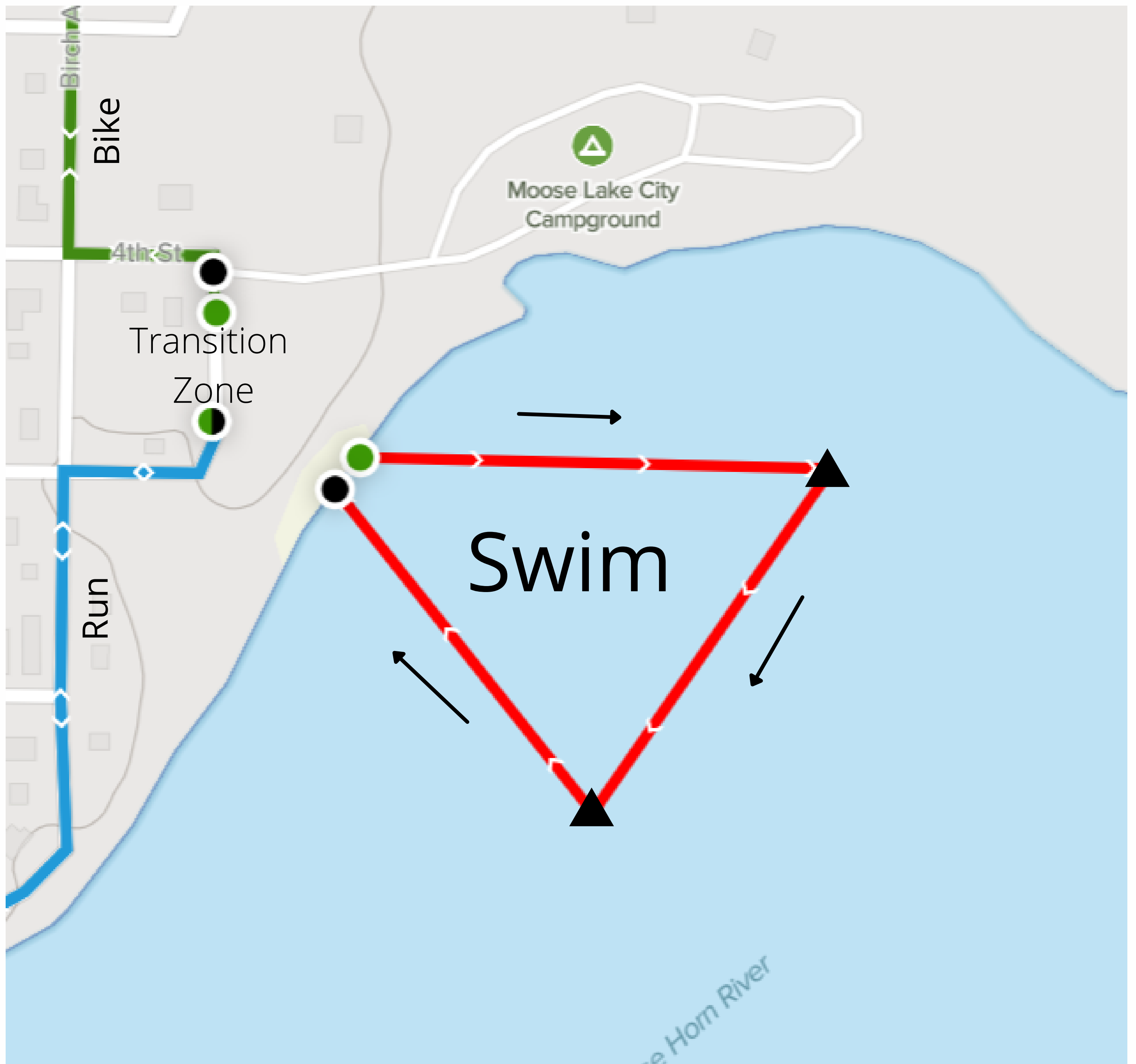


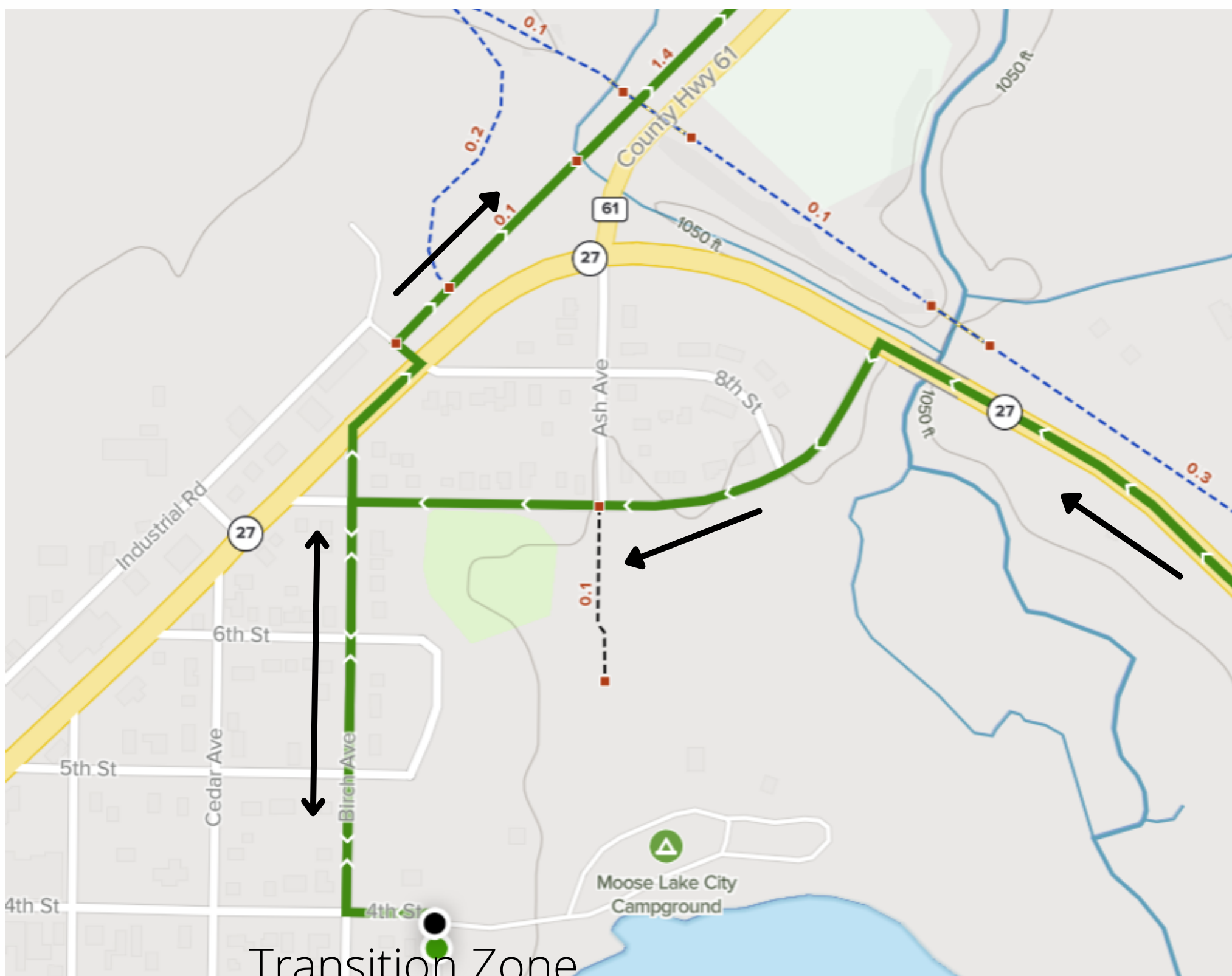
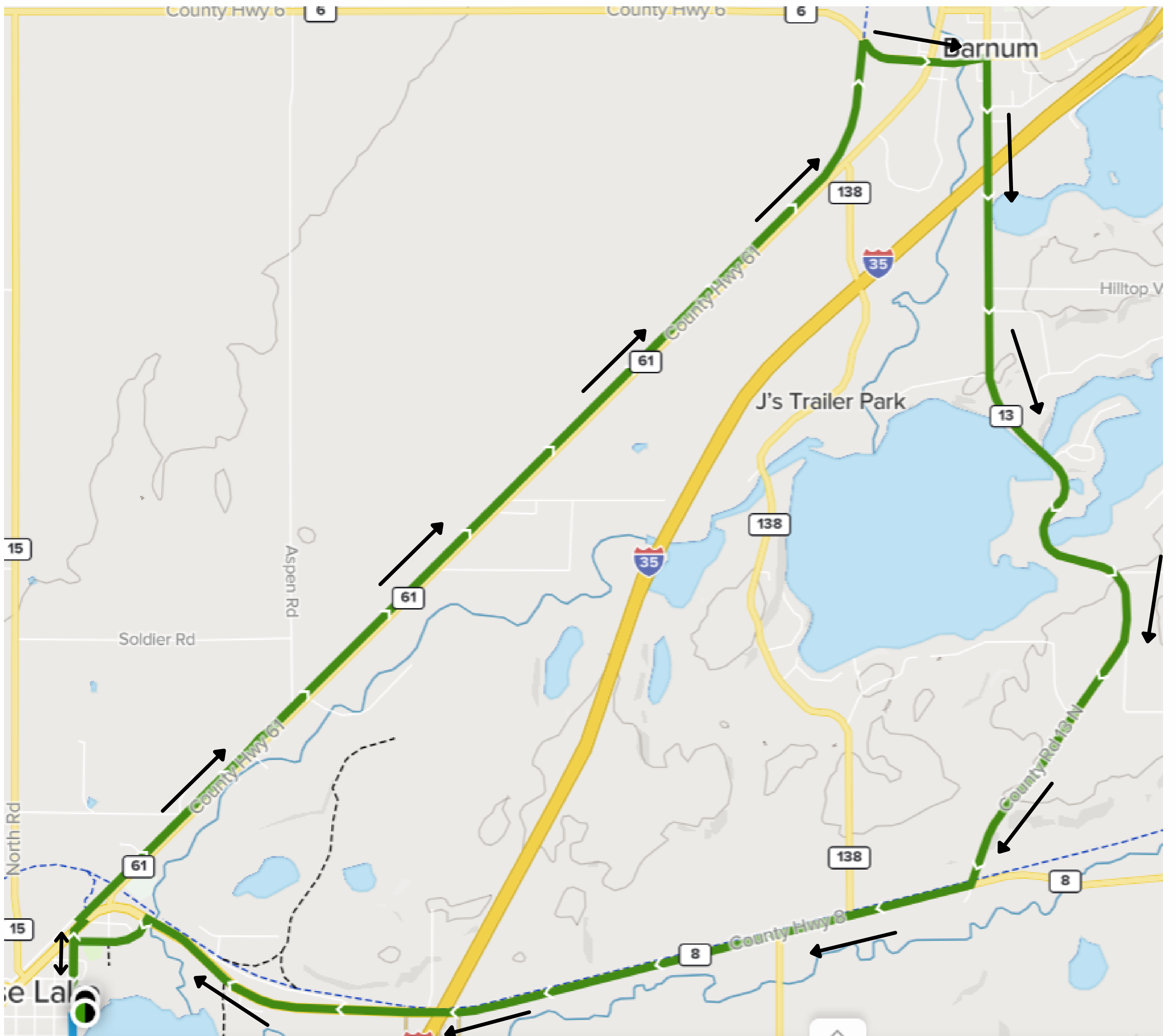
Moose Lake Triathlon

SWIM  .4 Miles

BIKE  12.5 Miles

RUN  3.1 Miles



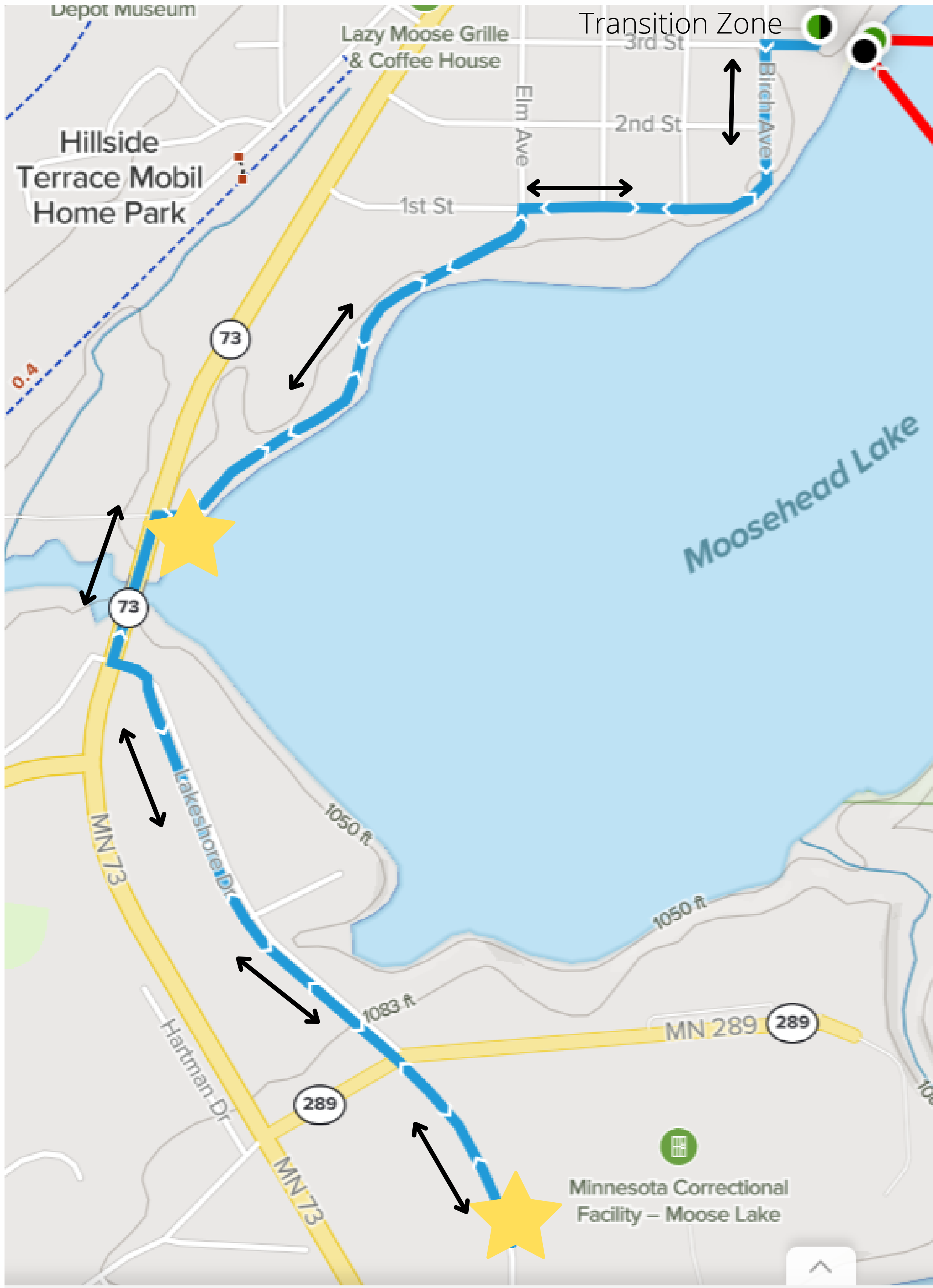


Bike



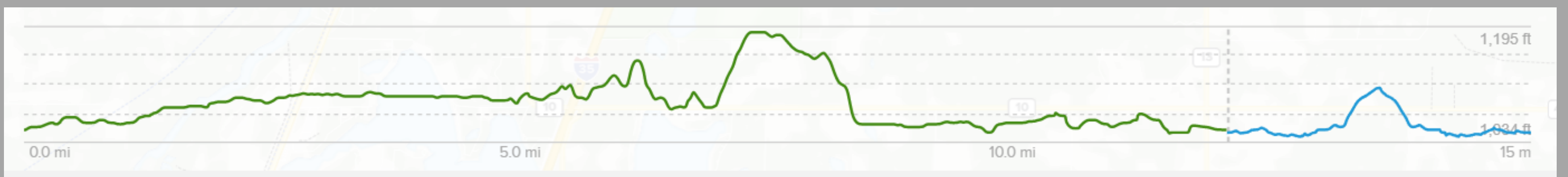
Moose Lake
TRIATHLON

Run



- ★ Water Stations:
1. Moose Horn River Crossing
 2. Turnaround point

Elevation:



SWIM:

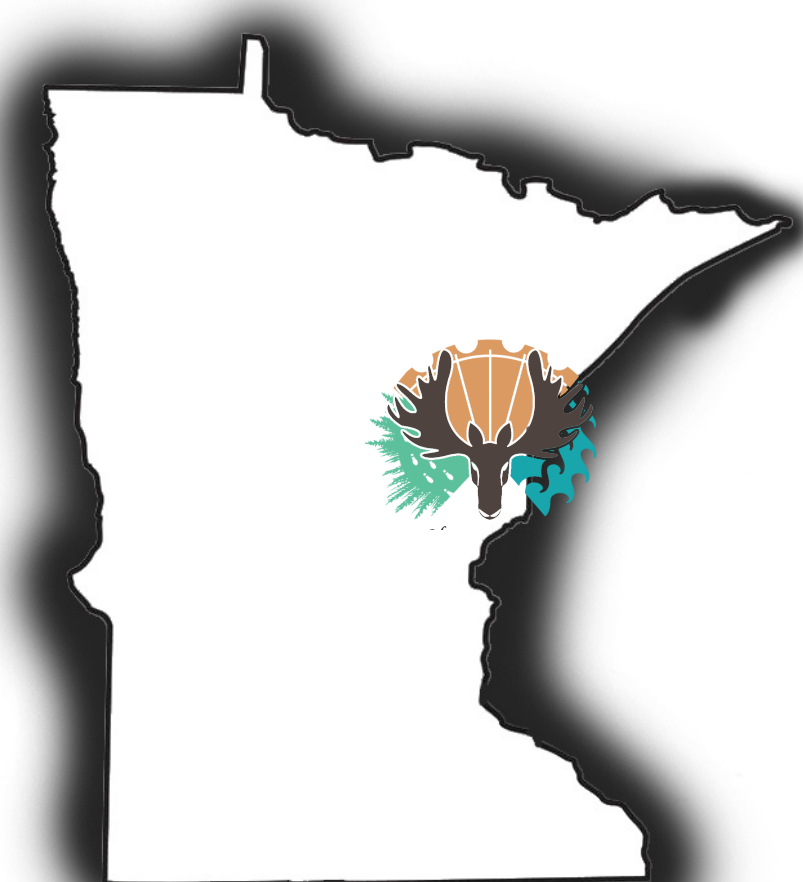
- The swim is held at the Moose Lake City Beach and conducted in a triangular pattern.

BIKE:

- Exit the transition zone heading North. Take the first left onto Couillard Ln and then a right onto Birch Ave.
- Take right onto Arrowhead Ln and follow the shoulder on the right side of the road.
- Cross Arrowhead Ln at 8th Street and enter the Willard Munger State Trail.
- Head North to Barnum, MN on the bike trail.
- At Barnum, MN turn right onto County Rd 6 and head East.
- Turn right onto County Rd 13 and head South. (WARNING: there is a steep downhill as you transition turn onto County Rd 8.)
- Turn right onto County Rd 8 and head West. County Rd 8 turns into Hwy 27.
- Turn left at 7th Street and head back into the City of Moose Lake.
- Turn right onto Birch Street heading South.
- Turn left onto Couillard Ln and a final right turn into the transition zone.

RUN:

- Head South out of the transition zone.
- Turn right onto 3rd Street heading West.
- Turn left onto Birch Ave. Birch Ave turns right onto 1st Street.
- Turn left onto Lakeshore Drive and follow the road until the turnaround point.
- Follow the route back to the Moose Lake City Park.
- Finish Line is on Birch Street North of 3rd Street.



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No refunds.



Hold camera phone to code and register online