## **UNIQUE JURIED ARTS & CRAFTS**

A \$5 admission charge at entry includes a collectible keychain & provides access to the Arts & Crafts Shows in the gyms & The Highland Center daytime entertainment & crafts. Ages 12 & under FREE!

Saturdays: 9 am - 5 pm • Sundays: 9 am - 4 pm

MONTEREY: Highland High & Elementary School Gyms, Courthouse Lawn, Ernie's Lot, & The Highland Center MCDOWELL: Stonewall Ruritan Building

## **PANCAKE & BUCKWHEAT MEALS**

**BLUE GRASS**: Blue Grass Ruritan Building - Blue Grass Valley Road (Rt. 640), seven miles north of Monterey - 7:30 am - 3 pm **BOLAR: Bolar Ruritan Club** - 15 miles south of Monterey at the intersection of Rt. 220 & Rt. 607 - 7 am - 2 pm

MCDOWELL: Stonewall Ruritan Building - Intersection of Rt. 250 & Bullpasture River Road (Rt. 678) - 7 am - 4 pm
MONTEREY: Highland County Public Schools - Myers-Moon

Road off Rt. 250 - 8 am - 4 pm

#### **ADDITIONAL FOOD OFFERINGS**

**MCDOWELL:** Stonewall Ruritan Building: Baked goods, maple products, kettle corn, pork rinds • McDowell Firehouse, Rt. 678: Trout, BBQ chicken, country ham dinners, cotton candy, candied apples, & funnel cakes

**MONTEREY:** North Water Street Food Court: Food trucks & vendors • Mill Gap Ruritans, behind "Ernie's" off Rt. 220: Maple Doughnuts • Main & Side Streets: Monterey Lions Club pork rinds, UMC funnel cakes, Firehouse, & so much more • School: Middle School Bazaar, FFA milkshakes, Cheer & Dance Team food

FOOD OPTIONS ALSO AVAILABLE AT MOST SUGAR CAMPS

#### RESTAURANTS

**Claire's Cakes & Café:** Breakfast, lunch, coffee, baked goods - Monterey Main Street

**The Curly Maple:** Restored general store, gourmet coffee, lunch specials, local goods - Across from Monterey Courthouse **High's Restaurant:** Free pancakes & buckwheat cakes with any order, best darn meatloaf ever, trout, & more! - Monterey Main Street **Hull's Hideaway Restaurant & Tavern:** Maple pork BBQ & tenderloin, pancakes & buckwheat cakes, trout, roast beef - Monterey, Corner of Rt. 250 & Rt. 220

Sponsored by the Highland County Chamber of Commerce P.O. Box 223, Monterey, VA 24465

(540) 468-2550 • director@highlandcounty.org
Events & hours subject to change • Doughnut photo courtesy Mill Gap Ruritans
Join us again next year! March 9-10 & 16-17, 2024
FACEBOOK.COM/HIGHLANDCOUNTY

#### **ENTERTAINMENT**

MONTEREY: The Highland Center off Spruce Street Sponsored by The Highland County Arts Council Saturday, March 11

**Southern Rail Express** (Bluegrass) - \$5 or keychain, **10 am & 2 pm John Bullard Trio** (Classical Banjo) - \$10 (\$2 off with keychain), **5 pm** 

### Sunday, March 12

 $\textbf{Mountain Air} \ (\textbf{Acoustic Americana}) \ \textbf{-} \ \$5 \ \text{or keychain}, \textbf{10 am \& 2 pm}$ 

## Saturday, March 18

Square Dancing with callers Ellen & Eugene Ratcliffe, with Mudhole Control at 2 pm only - \$5 or keychain, 10 am & 2 pm Sunday, March 19

Little Switzerland Cloggers - \$5 or keychain, 2 pm

#### **ADDITIONAL POINTS OF INTEREST**

#### **BLUE GRASS**

Blue Grass Mercantile - Brunswick stew, hot food, maple products

#### **DOE HILL**

**Doe Hill Mercantile** - Local arts, crafts, & antiques

#### MCDOWELL

Grant's Grocery - Homemade chicken salad, country ham, goodies Highland County Museum - Exhibits on the Maple Museum, the Battle of McDowell, Uniquely Highland, & 19th Century Highland Mountain Oasis - 24-hour fuel, deli, maple-cinnamon buns • Closed Sundays

#### **MEADOWDALE**

The Church at the Old Oak - Arts & crafts, BBQ & more food Highland Barn Quilts - Studio tours with Margie Boesch • Closed Sundays

#### **MONTEREY**

Big Fish Cider, Co. - Award-winning local cider & tasting room
Fantastic Finds - Thrift store filled with local wonders
Fast Break - Fuel, fresh fried chicken, pizza
Gutshall's Exxon - 24-hour fuel, propane, tire repair
Heart and Soul Massage - Gem stone mining, games, & more
Highland Inn - Learn about our historic renovation
Jenny Wren Gatherings - Eclectic treasures

Main Street Monterey - The 3rd Space art gallery & workspace
Rockingham Cooperative - Farm store • Closed Sundays
The Gallery of Highland - Selling local art & books all year
The Highland Center - Entertainment, local art, Visitor Center
Twice is Nice - Gently-used clothing for the whole family

#### RT. 220 NORTH

**Ginseng Mountain Store** - "New time" country store, gifts **Rexrode's Country Store** - Fuel, deli, pizza, breads, maple products **Virginia Trout Company** - Feed the fish! Live & frozen trout for sale

#### RT. 220 SOUTH

Valley AeroSpace Team - March 11 model rocket launch

#### HIGHLANDCOUNTY.ORG





**63RD ANNUAL** 

## HIGHLAND COUNTY MAPLE FESTIVAL

March 11-12 & 18-19, 2023

Virginia Maple Sugar Camps
Unique Arts & Crafts Vendors
Delicious Food
highlandcounty.org















Designated a Local Legacy by the Library of Congress in 1999 and the official maple festival of Virginia by the Governor in 2014, the tradition continues every second and third weekend in March. Join us for free sugar camp tours, pancake and buckwheat cake meals, famous Maple Doughnuts, unique vendors, live entertainment, and memories in our rural mountain community.

Layered clothing and boots are recommended, as weather can vary in March. Stay up to date at highlandcounty.org. Have fun at our award-winning COUNTY-WIDE festival!

## **PUFFENBARGER'S SUGAR ORCHARD** 17 Maple Syrup Lane, Blue Grass

On Rt. 637 (Maple Sugar Road) southwest of Blue Grass is Puffenbarger's Sugar Orchard. A vacuum pump is used to increase the flow of sugar water, and miles of plastic tubing make it easier to gather. The process of maple syrup-making is started by reverse osmosis and finished by oil-fired evaporators. Syrup and food available. Owners: Doug & Terri Puffenbarger. Sat & Sun: 8 am - 5 pm 👃 🚍

## LAUREL FORK SAPSUCKERS 10677 Mountain Turnpike, Hightown

Located 10 miles west of Monterey on Rt. 250 off Clay Hise Lane, Laurel Fork Sapsuckers is a family-run sugar camp and Virginia's 2019 Tree Farm of the Year recipient. Enjoy a 3/4 mile loop trail with interpretative signs explaining maple syrup research projects and forest management practices used to increase syrup yields. View various wood-fired methods of evaporating sugar water into maple syrup, including traditional and modern. Food is available with vegetarian options, as well as maple syrup, infused syrups, maple vinegar, ramp salt, and apple butter. Free samples are available. Owners: Ronnie & Sandy Moyers. Sat: 9 am - 5 pm, Sun: 9 am - 4 pm CASH/CHECK ONLY

## **MILL GAP FARMS** 2760 Mill Gap Road, Monterey

Located within sight of Duff's Sugar House, Mill Gap Farms is the first and only producer in Virginia certified organic by the USDA. Anything but old fashioned, they utilize the latest technology from Vermont and Quebec, including electronic monitoring of their maple trees, to produce delicious maple syrup. At the family farm, you can visit Merino, Finn, and Suffolk sheep along with chickens, alpacas, cattle, ducks, and turkeys. Enjoy maple cotton candy and a view of the southern Blue Grass Valley. Also, catch their booth at the courthouse lawn in Monterey! Owners: Kevin & Emily Conner. Sat: 9 am - 5 pm, Sun: 9 am - 3 pm 🕹 🗐

## **DUFF'S SUGAR HOUSE** 3118 Mill Gap Road, Monterey

Located at Fair Lawn Farm southwest of Monterey (4 miles south on Rt. 220, then 3 miles west on Rt. 84), Duff's Sugar House is a small, family-run old-time sugarhouse where the trees are still "opened" by hand and the sugar water collected in buckets. Cooking is done in a wood-fired open pan and finished in an iron kettle. Hands-on participation is encouraged. Enjoy hickory and dandelion syrups, as well as onsite milled cornmeal and grits from Crooked Spur Farm. Owners: Tim & Terry Duff. Sat & Sun: 9 am - 5 pm 👃 🚍

#### ADDITIONAL SUGAR STOPS

Bruce's Syrup & Candies - Main Street, Monterey Frostmore Farm - Courthouse Lawn, Monterey

Can't make it to the Maple Festival? Try the Virginia Maple Syrup Trail all year\* at virginiamaplesyrup.com! \*Not valid March 6 - 19, 2023

# THE SUGAR TRAIL FREE INFORMATIONAL TOURS from actuality. GPS may also be 10 to Hot Springs, VA Bath County, VA Main Town GPS Addresses:

## BACK CREEK FARMS 7781 Upper Back Creek Road, Monterey

Basemap provided by Central Shenandoah

Planning District Commission - cspdc.org

Modifications made by Highland County Chamber of Commerce

Back Creek Farms is a 5th generation maple syrup business which has maintained traditions but added a modern twist! Using both traditional and newer methods, they not only produce pure maple syrup, but they also create infusions and barrel-aged varieties. Tastings are always available. Enjoy watching sugar water flow through tubing and into buckets around the sugar house, browse their gift shop, and walk along beautiful Back Creek. Food and beverage vendors are available onsite with ample parking. Owners: Valerie & Pat Lowry. Sat: 9 am - 5 pm, Sun: 10 am - 4 pm 👃 🚍

165 W. Main Street, Monterey

## SUGAR TREE COUNTRY STORE 185 Mansion House Road, McDowell

Located near the center of McDowell, this operation employs a modern reverse osmosis concentrator and oil-fired evaporator. View antique maple-producing tools on display. This country store features gifts, maple products, apple butter, birch syrup, pottery, jams, cookbooks, old-fashioned homemade bar soap, handmade rugs, and much more. Owners: Glenn & Fern Heatwole. Sat: 9 am - 5 pm, Closed Sundays &

## **TONOLOWAY FARM** 9943 Highland Turnpike, McDowell

Located on the steep slopes of Bullpasture Mountain, Tonoloway Farm is famous for tapping black walnut trees in addition to producing hickory syrup, apple cider syrup, and classic maple syrup for a diverse taste of our Appalachian forests. Tonoloway's unique new sugaring workshop is constructed of heavy timbers from the surrounding forests, and visitors are welcome to hike on the farm and enjoy panoramic mountain views over McDowell. Limited parking is available onsite, with plenty of additional parking along Rt. 250 for those ready to enjoy a short hike to the sugarhouse. Owners: Christoph & Lauren Herby. Sat: 9 am - 5 pm, Sun: 9 am - 4 pm 🛦 🗐

## **SOUTHERNMOST MAPLE** 7738 Big Valley Road, Bolar

Located 15 miles south of Monterey on Rt. 607 (off Rt. 220 on Big Valley Road,) sugar water is gathered with hundreds of buckets and miles of plastic tubing that funnel the sugar water into a piggyback evaporator. A rustic country store carries maple products, flour, honey, jellies, and baked goods. Food includes maple pit-cooked BBQ, Maple Doughnuts, and pork skins. Enjoy breakfast, lunch, and dinner with inside seating, vendors and crafts, free fishing pond for 161 Mansion House Road, McDowell kids, and bluegrass music at noon on Saturdays. Food options 2558 Blue Grass Valley Road, Blue Grass are available Fridays. There are indoor restrooms. 👆 🚍

## Owners: Mike Puffenbarger & family, Sat: 8 sm - 6 pm, Closed Sundays REXRODE'S SUGAR ORCHARD

1564 Maple Sugar Road, Monterey

Located north of Hightown on Rt. 637 (Maple Sugar Road), Rexrode's Sugar Orchard features large maple trees over 200-years-old. The Rexrodes use the wood-fired "open pan" system of evaporation with miles of plastic tubing to gather the sugar water for their maple products. Owner: Derek Rexrode. Sat: 9 am - 5 pm, Sun: 9 am - 4 pm & 🖨 CASH/CHECK ONLY

## **EAGLE'S SUGAR CAMP** 5503 Jack Mountain Road, Doe Hill

Follow signs to Eagle's Sugar Camp, located north of McDowell (off Rt. 654 on Jack Mountain Road) in Doe Hill. Syrup producers for more than 221 years, the Eagles still use open-pan, wood-fired evaporators, as well as the latest advanced computerized oil-fired evaporators. Observe sugar water collected in buckets. Browse local arts & crafts, local honey, maple products, buckwheat, cornmeal, and baked goods. Enjoy home-cooked food, as well as Maple-glazed Doughnuts. Owners: Jay & Betty Eagle. Sat & Sun: 8 am - 5 pm 👆 🚍