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Brick NorCal — Brick NorCal offers a wide variety of classes, including CrossFit, HIIT, strength & conditioning, yoga, mobility and pilates; all in a non-intimidating, inclusive and safe environment where you can have fun, while achieving your fitness goals. The gym features top-of-the-line equipment, showers, FloWater, towel service, protein shakes and a coffee bar, all in a clean and air-conditioned environment. Located at 5480 Sunol Blvd. Suite 6-9 in Pleasanton, Brick invites you to try them out with a one-week free trial. Call today at 925-400-0004 or visit them online at www.brick.fit/northerncalifornia.