

Business Connection

Strengthening the local economy and serving members for 70 years



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Business Spotlight



HITT Factory: Bringing Pleasanton a Cutting Edge Approach to Fitness

At HITT Factory, they offer you one thing: High Intensity Transformational Training - the program that replaces all programs. By blending all the best elements of disciplines like boxing and weight training with a comprehensive cardiovascular workout, they are helping Pleasanton get fit and stay fit.

HITT Factory offers a results-driven program that promotes better fitness and overall health in a safe and sustainable process. With their competitive pricing options, you'll have access to the best training in the Tri-Valley without breaking your wallet.

Personal Training

At HITT Factory, their training programs are built around get-

ting your body moving and your heart racing. With the MyZone Personal Effort Monitor, you'll enjoy a built-in Personal Training system with each and every workout. Measure your heart rate as you train and earn points for giving it your all.

The monitor is perfect for athletes of all experience levels because it is customized to your fitness goals and abilities.

Group Fitness Classes

Ready to train like never before? Join their Group Fitness Classes for a total-body training program that will help you see real results on the path to better fitness and health. Their fitness program blends the best of multiple training disciplines to give you a high-

energy workout that builds muscle and promotes weight loss. Their skilled instructors are trained to push athletes in the group classes to be their very best.

Free Fitness Passes

At HITT Factory, they are proud to offer you the best high-intensity training program in Pleasanton - for FREE! For a limited time, they invite you to sign up for a FREE 2-day pass to try out their revolutionary Fitness Training Programs and all the luxuries that come with it.

To check out everything HITT Factory has to offer, visit them at 1279 Quarry Lane in Pleasanton, call 925-967-3265 or email Paul Rubio at paul@hittitnow.com.