

Business Connection

Strengthening the local economy and serving members for 70 years



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Ribbon Cuttings



Creating new jobs, stronger economy



Strength, cardio and flexibility for people of all levels

Pure Barre — Pure Barre is an effective total body workout centered around low-impact, high-intensity movements that lift and tone muscles and improve strength, agility and flexibility for everybody. Its innovative technique comes in a range of class offerings that target strength, cardio and flexibility for people of all levels, providing clients with self-focused time to transform the body and mind. Pure Barre's four group class formats are taught by highly-trained teachers seven days a week. Join Pure Barre for your first complimentary Pure Foundations class by calling 925.399.1624, emailing at pleasanton@purebarre.com, or visiting their website at purebarre.com/ca-pleasanton.