

# Business Connection

Strengthening the local economy and serving members for 70 years



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September 2020

## Amos Productions pivots into 30th year

Thirty years ago, Jody Amos talked his Mom into buying him a DJ system. He was fresh out of high school and had recently DJ'ed his sister's wedding with a tape deck and some new component called a CD player. "My Mom knew I was very passionate about music and electronics in general," said Amos. "I didn't have to twist her arm too much to get her to cave in."

In August of 1990, Amos bought

a set of turntables, a mixer, a pair of speakers and a microphone, then geared up for his next wedding that upcoming weekend. "Last month, (August of 2020) marked 30 years since I bought my first DJ system and did my first paid gig," said Amos.

Since then, Amos and his team have become a multi-award winning production company with all of the key elements for producing successful events. Staffed with award-winning DJ/MCs, event production managers, A/V techs and video producers, they are dedicated to creating wonderful events that you will cherish for a lifetime.

With the developments of COVID-19, Amos has been forced to completely pivot his business, focusing his efforts on all things virtual. From multi-camera live streamed weddings to virtual fundraising galas to business meetings, conferences, mixers and forums, all of which are being done virtually now, Amos has created a great solution for professional, quality events of any nature.

### Zoomzilla: Live Engagement Studio

The most engaging studio for virtual events designed to be as close to in-person events possible, and quite possibly with a better bottom line. The Zoomzilla studio comes complete with broadcast cameras, teleprompters, lighting, powerpoint screens, podiums, presenter clocks, flip charts, white boards, and more. With the incorporation



For the last 30 years, Jody Amos and his team at Amos Productions have been the #1 choice by many venues and companies throughout the Bay Area for producing successful events.

of advanced audio-visual equipment and some teleconferencing magic, Amos Productions is able to split your attendees out among several screens to enhance your live event experience and interactions with your attendees. We can even help design an engaging program including an enhanced registration process, breakout room activities, sponsorship opportunities, fundraising solutions, and more. We've left some room behind the stage for a custom banner with your branding/backdrop, or an LED wall.

### Micro-Wedding Packages

"For the remainder of 2020, we will be offering services at reduced rates and hours to host 'micro-weddings' to those seeking professional DJ, video, live streaming,

and lighting services," said Amos. Micro-Weddings are small intimate weddings held at the guidelines and capacities set by local authorities. With the incorporation of Zoom and the Amos Productions audio-visual equipment, your viewers will see professionally through broadcast quality lenses and listen in

Regardless of the event, Amos Productions is ready to help you and your organization shine, delivering professional presentations. "You can come to our studio, or we can bring our studio to your space," said Amos. "We understand every event has different needs and we are here to help find solutions for you," he continued.

Learn more about everything Amos Productions has to offer at [www.amospro.com](http://www.amospro.com) or find them on Facebook.



For the remainder of 2020, Amos Productions is offering services at reduced rates and hours to host "micro-weddings" to those seeking professional audio/visual services.

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### GOLD

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Business Connection is a bi-monthly publication of the Pleasanton Chamber of Commerce.

The positions and views advocated here are solely the responsibility of the Chamber.

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**Pleasanton Chamber of Commerce**  
777 Peters Avenue  
Pleasanton, CA 94566  
Phone: (925) 846-5858  
Fax: (925) 846-9697  
[www.Pleasanton.org](http://www.Pleasanton.org)

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# Building a safe and inclusive community, one collaboration at a time

With what is going on nationally with policing and some cities even “defunding” their police departments, I think it is appropriate to speak about it since it affects our quality of life here in Pleasanton.

Our business environment is directly affected by the benefit or lack of public safety.

It is nearly impossible for most of us to understand what it is like to be a person of color in our society or in our city. It is my sincere hope that Pleasanton can become an inclusive community of allies as we move forward.

I believe that Pleasanton, like our nation, has hard work to do

to ensure that everyone's voice is heard within our community. We, at the Chamber, look forward to being a part of conversations, to listening and learning, and to being at the forefront of being inclusive and welcoming to all.

Pleasanton is among the most desirable communities in the country in which to live, work and raise a family. It did not become this way by accident. It was by design and from the commitment of generations of community leaders before us.

Year in and year out, crime data reveals that Pleasanton is among the safest cities of our size in the state. Can we do better? Sure, we

can, and we look forward to working with the Pleasanton Police Department to review its policies to tighten them up, without taking away their ability to do their job. The police department is facing an increasing number of mental health calls. We believe we need to explore options regarding those calls by adding trained medical professionals to aid in those cases.

We also do not want anyone to forget some important facts. Among the many reasons Pleasanton is a safe community is a long-standing commitment to funding uniform officer response times of approximately four minutes for emergencies, and 30 minutes for non-emergencies.

Pleasanton was at the forefront of community policing decades ago, with the creation of the D.A.R.E. program. The incredibly successful

program places officers in schools and helps kids make healthy choices and avoid drugs. Neighborhood watch signs you see all over town are due to great efforts of citizens and our police department. The creation of, and the commitment to, an award-winning citizen volunteer program, and the direct engagement of command staff in community activities are ongoing.

The Pleasanton Chamber is here to support our business community and to work in partnership with all facets of our city to ensure Pleasanton remains a wonderful home for our businesses and residents. We have long been a community of collaboration and your Chamber leaders are eager to be an active part of problem-solving, strategy building and positive progress as we move forward together.



**Randy Brown**  
2020 Chair  
of the Board

## Working together for the good of the Tri-Valley

*Annual Tri-Valley Mayors' Summit provided thoughtful discussion*

‘These mayors that you see before you have spent many, many years in service to their community and working collaboratively together,” said Catharine Baker, who moderated the virtual event. “We’re in a time of great change now because they are transitioning off their leadership roles, and I want to say thank you for the privilege of getting to work with you and for all you’ve done working together for the good of the Tri-Valley,” Baker continued.

A panel discussion of the current challenges and opportunities facing the Tri-Valley was the theme for the annual Tri-Valley Mayor's Summit. Included in the panel were Vice Mayor Kathy Narum (Pleasanton), Mayor Karen Stepper (Danville), Mayor David Haubert

(Dublin), Mayor John Marchand (Livermore), and Mayor Bill Clarkson (San Ramon). Hosted by the Pleasanton Chamber of Commerce, the Tri-Valley Mayors' Summit took place virtually August 26, 2020 and was live streamed by Amos Productions. Video of the entire event is available to view at [www.pleasanton.org](http://www.pleasanton.org) as well as the Chamber's Facebook page.

The event was sponsored by Chabot Las Positas Community College District, Chevron and Stanford Health Care - ValleyCare with participating sponsorships from Alameda County Fairgrounds, Amos Productions, Black Tie Transportation, John Muir Health and Hoge Fenton.

With the Honorable Catharine Baker, California State Assembly-



member, District 16 (ret.) moderating the discussion, and more than 100 years of dedication and experience being represented by these

Mayors, the summit provided new insights and renewed confidence in the Tri-Valley region continuing to prosper for years to come.

## Changing the lives of women and children

Shepherd's Gate's annual Backyard Bluegrass and BBQ Benefit is set for Saturday, October 17, 2020 and this year, it will be an exciting virtual event in the safety of your own backyard. Proceeds from the benefit will help women and children transform their lives from homelessness, addiction and domestic violence.

Musical entertainment by The Petersens, as seen on American Idol is planned for the virtual benefit, and the first 100 households to register will receive a special gift box filled with items for your BBQ. Those unable to attend virtually can still be a part of supporting this vital program by donating online or becoming a corporate or family sponsor. For more information on the event and/or sponsorships, please contact Marcie Senter at [msenter@shepherdsgate.org](mailto:msenter@shepherdsgate.org) or call 510-366-6310.

Shepherd's Gate was established in 1984 by Alice Ann Cantelow. Since then it has served over 13,000 women and children that have benefited from the care Shepherd's Gate provides. Today there are two campuses, in Livermore and Brentwood, providing rehabilitative care to women fleeing abuse and homelessness. Together with community partners, Shepherd's Gate is committed to empower and equip women to personally transform their lives with a lifetime commitment to recovery.

For more information, visit [www.shepherdsgate.org/bbq](http://www.shepherdsgate.org/bbq).

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*Backyard Bluegrass & BBQ*  
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[www.shepherdsgate.org/bbq](http://www.shepherdsgate.org/bbq)  
*A benefit to help women and children transform their lives from homelessness, addiction and domestic violence at*

Shepherd's Gate  
Saturday, October 17, 2020  
6:00 PM-6:45 PM



## Chamber takes positions on state ballot

The Pleasanton Chamber of Commerce's Economic Development and Government Relations Committee carefully reviewed the 12 California Propositions that will be on the November 3, 2020 ballot. They recommended to the Chamber Board of Directors that the below positions be taken, which were unanimously approved by the Board of Directors at their August 27 meeting.

- Proposition 15. Split Roll Property Tax. Initiative Constitutional Amendment. Increases funding for K-12 public schools, community colleges and local governments by requiring that commercial and industrial real property be taxed based on current market value. Pleasanton Chamber opposes.

- Proposition 17. Restores Voting Rights for Convicted Felons Upon Completion of Prison Term. Placed on the ballot by the Legislature through ACA 6. Will permit parolees to vote. Pleasanton Chamber supports.

- Proposition 20. Restricts Parole for Non-Violent Offenders. Authorizes Felony Sentences for Certain Offenses Currently Treated Only as Misdemeanors. Initiative Statute. Imposes restrictions on

parole program for non-violent offenders who have completed the full term for their primary offense. Expands list of offenses that disqualify an inmate from this parole program. Pleasanton Chamber supports.



**Steve Van Dorn**  
Pleasanton Chamber  
President/CEO

- Proposition 21. Expands Local Governments' Authority to Enact Rent Control on Residential Property. Initiative Statute. Amends state law to allow local governments to establish rent control on residential properties more than 15 years old. Allows rent increases on rent-controlled properties of up to 15%

over three years from the previous tenant's rent above any increase allowed by local ordinance. Pleasanton Chamber opposes.

- Proposition 22. Changes Employment Classification Rules for App-Based Transportation and Delivery Drivers. Initiative Statute. Establishes criteria for determining whether app-based transportation (rideshare) and delivery drivers are "employees" or "independent contractors." Requires companies with independent contractor drivers to provide specified alternative benefits. Pleasanton Chamber supports.

## HERS Breast Cancer Foundation 21st Annual Walk/Run Fundraiser

HERS Breast Cancer Foundation announced that registration and fundraising sites for their annual 5k Walk and 5k/10k Run are ready and available. The virtual event takes place the weekend of Saturday, September 26, 2020, through Sunday, September 27, 2020. Proceeds will benefit the Foundation's assistance programs which provide under-served Bay Area breast cancer survivors with post-surgical garments and prostheses, and fitting services.

This event, now in its 21st consecutive year, will bring together breast cancer patients and survivors from all over the Bay Area in a new virtual format due to Covid-19. The Foundation's event committee is working diligently to retain the beloved community event's spirit. Survivors are encouraged to participate with their families and supporters at this event which celebrates life and raises money for HERS, a non-profit organization.

This year's virtual event will kick off on Facebook Live Saturday, September 26, 2020, at 9:00 a.m. with a welcome by long-time supporter KTVU's Heather Holmes. The opening event will also feature the Foundation's traditional Elaine's Memorial Circle with dove release which is a deeply meaningful moment for patients and their loved ones.

The Facebook Live event opening will also feature Shameem and her XTRIM BOLLYWOOD TEAM to lead participants in a lively and energetic Bollywood-style warmup.

A new element for 2020 are prizes which will be announced every hour on Saturday, September 26 between 9:00 a.m. and 2:00



The opening event on September 26 will also feature the HERS Breast Cancer Foundation's traditional Elaine's Memorial Circle with dove release which is a deeply meaningful moment for patients and their loved ones.

p.m. Prizes include items donated by Lo & Sons of New York, Kendra Scott jewelry, In-n-Out Burger, Strider bikes, and The Bar Method Fremont.

Also returning this year is HERS Board Member Anjali Rao to lead a Zoom yoga session on Saturday, September 26 from 10:30 a.m. to 11:15 a.m. This alternative to walking or running is designed for all levels and is \$20 per person. Those interested in yoga should call (510) 790-1911 to register.

Participants are encouraged to dress in themed outfits or fun costumes. Pet owners may register their pets for \$10 per pet and each registered pet will be eligible to win a pet-themed basket. Human registration this year is a low \$20 per person for walkers and runners, regardless of age category or activity. Groups of four may register for \$75.

Call (510) 790-1911 for more info or visit [www.hersbreastcancerfoundation.org/walk-run](http://www.hersbreastcancerfoundation.org/walk-run).

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## Business Spotlight

## Meet PJ Bookkeeping and Tax Services

### Tell us about yourself.

My name is PJ Singh and I am the owner of PJ Bookkeeping and Tax Services in Pleasanton. I am an Accounting Manager by profession and have prior experience in auditing. I have an MBA in Finance and I am also a licensed enrolled agent. When I was in high school, I started helping my family's business in accounting and bookkeeping, and it caught my interest to pursue a career in the same field.

### What is your business?

We offer full charge bookkeeping services, accounts payable, accounts receivable, payroll services, bank reconciliations, credit card reconciliations, profit and loss statements, financial statements, as well as individual, business, payroll and sales tax.

### What sets your business apart from your competition?

My vast knowledge in the field of accounting is something I pride myself on. I keep myself up-to-date on any rules and regulations changes in the field. Recently,

I was able to help out my clients going through rough times due to the pandemic. I helped them change their business plan and assist in applying for the PPP and EIDL loans, which they qualified for and received the loans within weeks, which helped them tremendously.

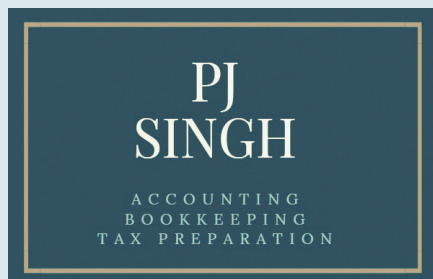
### What should clients know about you?

I am very flexible with my business clients and available 24/7 to answer any questions. I also provide free consultations on any accounting related questions.

Contact PJ via email at [pjsinghbookkeeping@gmail.com](mailto:pjsinghbookkeeping@gmail.com) or call him at (510) 565-0203.



PJ Singh



## Business Spotlight

## Body Balance: Keeping fitness alive, virtually and outdoors

Body Balance is guided by two major pillars: helping others achieve well-being and establishing a supportive community. "During these challenging times, we are more committed to these goals than ever," said owner John Perez.

Located in the heart of historic Pleasanton, Body Balance was founded 22 years ago by massage therapist and nutrition coach Kristi Reed and personal trainer John Perez. Both owners have always had a deep passion for wellness, as have the personal trainers and massage therapists who complete the Body Balance team. With their unique, combined expertise in fitness, massage, and nutrition, John and Kristi have created the Body Balance community, where you can leave your busy life behind, and focus on developing your balanced and healthy lifestyle.

"We're committed to keeping our Body Balance family strong," said Perez. They have been getting creative and adapting so that they can continue to offer health and fitness services given the current circumstances.

Currently, they are offering innovative, one-on-one fitness sessions in outdoor cabanas as well as small group classes, featuring nutritional awareness and meditation. They are anxiously awaiting Alameda County lifting the current health orders to be able to offer therapeutic massage as well.

"We've taken our fitness workouts outside



Kristi Reed and John Perez of Body Balance are offering innovative, one-on-one fitness sessions in outdoor cabanas as well as small group classes.

to keep you safe during this time of social distancing," said Perez. "We will also continue our virtual personal trainer sessions, but for those who prefer working out in person, from a distance, of course, we'd love to see you."

During the outdoor sessions, each client works out in their own designated space, either in the shade under the veranda or, weather permitting, in the space out in front of Body Balance. Each personal training area is marked off to make social distancing easy.

Body Balance is located at 164 Ray Street in Pleasanton.



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# COMPASS



## Membership Anniversaries



During the past two months, nearly 100 businesses renewed their investment in the Chamber, thereby demonstrating their continued commitment to community excellence while realizing the benefits, services and representation associated with membership in Pleasanton's leading business organization.

We recommend that you look first to Chamber members for your business and consumer needs.

### 59 Years

Castlewood Country Club  
Pacific Gas & Electric

### 41 Years

Inderbitzen, Martin W.,  
Attorney At Law

### 35-39 Years

KKIQ  
MacDonald Law Office  
Alpha Omega Print

### 30-34 Years

Mercedes Benz of Pleasanton  
Pleasanton Tulancingo  
Sister City Association  
Gene's Fine Foods

### 25-29 Years

Schwaegerle, Gary-Schwagerle,  
Realtors  
Lawrence Livermore  
National Laboratory  
Foothill Optometric Group  
Gowey, John M., D.D.S.  
Colliers International  
So Unique Painting  
& Decorating

### 20-24 Years

Pleasanton Certified  
Farmers Market  
Oracle  
Bay East Association  
of REALTORS  
AppleOne Employment  
Services  
Autotron Service Center  
Pleasanton Police Officers  
Association  
Roche Molecular Systems, Inc.  
Stoneridge Apartments

### 15-19 Years

SafeAmerica Credit Union  
Tri-Valley Inn & Suites  
Blue Agave Club  
Denali Data Systems, Inc.  
Agape Villages Foster  
Family Agency  
Oak Hills Travel  
UNCLE Credit Union  
Quarry Lane School, The  
Karn, Richard  
Goodguys Rod  
& Custom Association  
Heritage Estates  
Adams Pool Solutions

### 10-14 Years

LPL Financial  
Summit Financial Group, LLC  
Shaklee Corporation  
Time 4 Order -  
Professional Organizing  
Carr Wealth Management, LLC  
PrideStaff

Callippe Preserve Golf Course  
Chase Electric  
Action 1 Property Management

### 5-9 Years

Stoneridge Creek Pleasanton  
Tim Totah Team @ Legacy  
Real Estate & Associates  
PMZ Real Estate  
Softub Inc.  
Darlene Crane -  
RPM Mortgage  
New Image  
Landscape Company  
Pat Mayfield Consulting, LLC  
Pleasanton Girls  
Softball League  
Joan Laursen  
Spinal Health Chiropractic  
CAS InterGlobal LLC  
Barranti Law Group  
Rancho Grande Taqueria #2  
Window Genie of the East Bay  
Bay Alarm Company  
CreekView Health Center  
Medea, Inc.  
Main Street Pediatric  
Dentistry and Orthodontics  
HERS Breast Cancer  
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Does It ALL !

### 1-4 Years

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Vintage Apartments  
Bay Area Tile and  
Hardwood Supply  
LifePlan Lawyer  
AMM Fencing  
Farmers Insurance -  
Wallace Wong  
Micro Tech Resources  
Kathy Bernardez,  
State Farm Insurance Agent  
Dublin San Ramon  
Services District  
Cook, Disharoon & Greathouse  
Pleasanton Military Families  
Ed's Automotive  
& Light Truck Repair Inc.  
S & T Bagel Cafe  
Pastas Trattoria  
Cindy Gee - Better Homes  
& Gardens Tri-Valley Realty  
PYT Construction Corp.  
Golden Bear Shredding  
Poppy Bank  
Law Offices of Jim W. Yu  
La Roza Construction Inc  
SMARTFIT360  
Morehead, Nancy  
Elegance at Dublin  
Assisted Living  
Jill Cash - State Farm Insurance

## Business Spotlight



With a projected opening of winter 2020, "I Can Do That!" will feature three studio rooms and a café/lounge for the local youth community.

## Empowering youth through the arts

"I Can Do That!" was founded in 2016 by two childhood friends with the goal of creating amazing youth theatre. Over the past four years, Shayna Ronen and Jarusha Ariel came to realize something very important: their students were not just looking for training in theatre. They were looking for a place to belong, to be accepted, and to create meaningful relationships.

It was over this time that Shayna and Jarusha became the figures that their students trusted to share success and failures. Their students confided in them with everything from getting an 'A' on a school assignment and to making a new friend to sharing fears of social pressures and even wanting to end their lives. It was through these moments that they realized that their purpose was much bigger than originally planned.

### I CAN DO THAT! PERFORMING ARTS CENTER

As their mission and goal evolved, their vision grew to fulfill this new purpose. "The lease is signed, demolition is complete, and we have a projected opening for winter of 2020," said Shayna, referring to transforming 194 Diablo Road in Downtown Danville into a joyful space for the youth community to connect and flourish.

Upon completion, the 6,000-square foot center will feature three studio rooms and a café/lounge for the local youth community to call their own. "Our expanded goal is to use the power of community, wellness, and the performing arts to fuel our youth," said Shayna. "This is for the individuals who will

become the problem solvers, citizens, and leaders we need in this world."

To date, "I Can Do That!" has raised \$607,832 of the \$750,000 needed to complete this project by the end of the year 2020. They still need community support to reach their goal, and are interested in meeting with local companies, clubs, and individuals who are moved and motivated by their mission of empowering local youth and bringing this youth center to life. Digital donor recognition starts at \$100 and donor wall recognition starts at \$10,000. Shayna and Jarusha believe, now more than ever, that young people need resources to create an empowered view of the world. Check out [www.ICanDoThatPAC.org](http://www.ICanDoThatPAC.org) for more information and to help build a place to belong.



The studio is currently offering outdoor, in-person and virtual theatre classes.



## Business Spotlight

### Bringing innovation to light, bringing health to you

“We are working with many local businesses and making it a priority to weather the pandemic storm by providing cost-effective UV disinfection solutions,” said Eric Liu of Luxglo. “We are committed to helping companies, organizations and families become confident and feel safe as everyone gets back to work and to their regular routines,” said Liu.

Headquartered in Pleasanton, Luxglo designs and manufactures optical products and solutions, offering a broad range of industry leading components and custom designed solutions for use in lighting and communication networks. Luxglo started as an LED and optical communication company and Liu and his team have over 20 years of experience in optics and electronics.

“We are applying state-of-the-art optical technologies to develop the next generation UV disinfection lamps for local businesses, schools, daycares, churches, and families for a cleaner and safer environment during the pandemic,” said Liu.

Unlike competitors that only offer UVC disinfection lamps, Luxglo offers comprehensive UV lighting solutions to provide the optimum results for disinfection and sanitation. Luxglo’s UVC lamps can instantly disinfect an area while the 405nm sunlight disinfection lamps can continuously disinfect and suppress viruses and bacteria.

#### Sunlight Disinfection Technology

While UVC has been widely used in the disinfection process, it is harmful and not practical to widely adapt in the normal living environment. Antimicrobial violet-



Luxglo offers comprehensive UV lighting solutions to provide the optimum results for disinfection and sanitation.

blue light in 405nm region is emerging as an alternative technology for hospital decontamination and clinical treatment and it’s harmless to human eyes and skin. Luxglo’s 405nm product has passed IEC 62471, the photo biological safety test to ensure the safety of the users.

#### UVC Disinfection - Germicidal/Sterilizer Lamp

UVC disinfection lamps are suitable to sterilize, disinfection, remove dust mites, air purification and formaldehyde removal up to 2,150 square-feet of space. It mainly acts on the DNA of microorganisms, destroying the structure of DNA, making it lose the function of reproduction and self-replication. UV germicidal lamps can be used on the surface, water and air of anti-contaminated objects disinfection. Disinfection rate reaches 99.9%.

To learn more about Luxglo and their products, visit them online at [www.luxglo.com](http://www.luxglo.com).

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[CLOUISELL@CANCERSUPPORT.NET](mailto:CLOUISELL@CANCERSUPPORT.NET)

WEDNESDAY, SEPTEMBER 16, 2020



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## Family Caregiver Education CLASSES NOW ONLINE!

If you’re caring for an elderly family member, Hope Hospice is here to help with a free education series, now offered as interactive classes through Zoom video conference.

SEPTEMBER 10	<i>Dementia Basics</i>
SEPTEMBER 16	<i>Dementia Care in the COVID-19 Era</i>
OCTOBER 15	<i>Legal and Financial Issues</i>
NOVEMBER 12	<i>Medicare Overview</i>
DECEMBER 10	<i>Dementia Behaviors as Communication</i>

Register at [HopeHospice.com/family](http://HopeHospice.com/family)



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Hindu Community & Cultural Center  
John Muir Health  
JoAnn Koopman  
LIBERTY Dental Plan of CA, Inc.  
Bridget Lott  
Mary Pilat  
Ptown Push Rods  
Rotarian Foundation of Livermore  
Rotary Club of Pleasanton North  
San Ramon Kiwanis Foundation  
Trevano Fund

#### Thank you to the following for The Crab Feast support:

Dana Borys, CPA; The Hopyard Alehouse and Grill; Linda Canaan;  
J. Phillip Chubb Insurance; JP Seafood Co.; Lance Cavalieri Jewelers; Melo's  
Pizza & Pasta; Pacific Color Graphics; Pleasanton Starbucks; Trader Joe's of  
Livermore & Pleasanton; Benjamin Wong, MBA CFP;  
Zephyr Grill & Bar

And a special thank you to Kohl's  
for their participation in Clothing the Children through Operation School Bell®  
and their employee support of The Crab Feast

**Assistance League® of Amador Valley**  
[www.assistanceleague.org/amador-valley](http://www.assistanceleague.org/amador-valley)



## Local non-profit the recipient of donation

A generous donor has partnered with the Pleasanton Chamber of Commerce to provide a monthly contribution to a small business. The anonymous donation has been named The 214 Gift, and each month, a different Chamber member will be presented with a \$200 check. The plan is to continue this monthly through 2020.

The 214 Gift for July was presented to Spectrum Community Services and Executive Director Lara Calvert. Spectrum Community Services is a registered, private non-profit organization that assists low-income individuals, families, and seniors in their efforts to live independently. They offer—in partnership with local service organizations—a wide variety of community programs and services.



### Meals on Wheels

There is nothing more powerful than giving of one's self in the service of others. Please consider joining our mighty team of Spectrum Meals on Wheels volunteers who give generously of their time and compassion to help their fellow citizens live independent lives. "Volunteers make a world of difference. We simply could not serve the needs of over 250 seniors and disabled adults each day without them," said Calvert. Visit the volunteer page online

at [www.spectrumcs.org/volunteers](http://www.spectrumcs.org/volunteers) or call Carrie at 925-483-1989 to learn how to volunteer.

### Need help with your PG&E bill?

Spectrum's Low-Income Home Energy Assistance Program (LIHEAP) is here for you. Qualified households receive credits to your PG&E bill to help. If anyone in your household has been on Unemployment Insurance this year, there is additional funding to help. We also can help with broken water heaters, furnaces, air conditioning and other energy saving measures through our Weatherization program. Please do not wait for a crisis, get help today. Visit [spectrumcs.org/energy-services/liheap](http://spectrumcs.org/energy-services/liheap) or call 510-881-0300.



Spectrum Community Services Executive Director Lara Calvert accepts the 214 Gift (anonymous contribution) from Chamber President/CEO Steve Van Dorn.

## Business Spotlight

### Therapy with a purpose

TheraCure is a premier physical therapy clinic in Pleasanton, with a focus on pelvic health, orthopedics and ergonomics. Owner Shalaka Gandhir is a licensed, patient-focused physical therapist with 12+ years of leadership experience in clinical management.

"At TheraCure, we approach physical therapy with an emphasis on understanding the root cause of your ailment, creating a personalized and focused plan of care, and maximizing your body's ability to heal naturally," said Gandhir. She has experience in New York, Illinois and California, providing care in pelvic health, orthopedics, sports medicine, home health and geriatrics.

Gandhir also notes that TheraCure can help with urinary incontinence, pregnancy and postpartum, lower back pain, sciatica, neck pain, arthritis, plantar fasciitis, and TMJ pain.



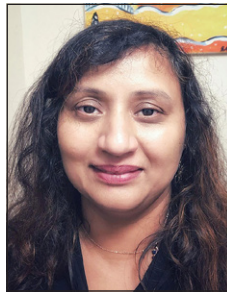
**TheraCure**  
Physical Therapy

"I have been practicing physical therapy since 2005," she said. "Healthcare has always been my passion. I always wanted to start my own practice to be able to give one-on-one time to the patients," Gandhir said.

She decided to specialize in pelvic physical therapy when she needed it after giving birth to her son, referencing that incontinence and pelvic pain are quite common, yet rarely talked about.

During COVID-19, TheraCure is offering services virtually apart from in-person visits. "We combine a hands-on approach with continuing knowledge of medical and therapeutic advancements," said Gandhir.

To learn more about TheraCure Physical Therapy, visit them online at [www.theracurept.com](http://www.theracurept.com), or on Facebook. It is located at 4133 Mohr Avenue, Suite F in Pleasanton.



Shalaka Gandhir,  
PT, MSPT

## Need help navigating through Medicare?



Are you turning 65? I can help. I work with many carriers throughout California to find the best plan for you. And good news, there is never a charge for my services.



Kathleen O'Leary  
510-304-9120  
[kathleen@jbinsurance.biz](mailto:kathleen@jbinsurance.biz)

## Ribbon Cuttings

Creating new jobs, stronger economy



Supporting a healthier community

**Turning Point Chiropractic** — At Turning Point Chiropractic, the mission is to help our community live with vitality through specific Chiropractic Care. They are here to educate, empower, and remind you that each of us is born with the ability to heal from within. The main focus is to restore the body's healing capability so that we can put all of ourselves towards our own missions and passions. Dr. Arnold Koo specializes in neurologically-based chiropractic care for the whole family. He focuses on finding the root cause of your health concerns so that you can see and feel the results. Learn more at [www.turningpointchiro.com](http://www.turningpointchiro.com) or visit them at 6654 Koll Center Parkway, Suite 100 in Pleasanton.



Re-opened with CleanStay program

**DoubleTree by Hilton Pleasanton at The Club** — The DoubleTree Hotel in Pleasanton has re-opened and is safer and cleaner than ever. They know that you are as excited as they are to welcome back travel, even if it looks a little different these days. They also understand that their guests' expectations for cleaning and disinfection have changed. That's why they've created the Hilton CleanStay program, which builds on the already rigorous cleaning standards to provide complete peace of mind during your stay. From the Hilton CleanStay Room Seal to focused disinfection of high-touch areas in the guest room, they're committed to providing guests with a clean, comfortable space. From social distancing to changes to amenities and services, the DoubleTree is committed to protecting your wellbeing. Visit the DoubleTree at 7050 Johnson Drive in Pleasanton.