

Business Spotlight

Eric's Corner: Raising awareness of epilepsy, connecting our community with resources

Approximately 1 in 26 individuals will experience a seizure in their lifetime. Some 2,000 people in the Tri-Valley (and over 140,000 individuals in Northern California) have been diagnosed with epilepsy. Family and friends of loved ones with an epilepsy or seizure diagnosis are also greatly affected.

Diagnosed in 2010, Eric Nostrand, a local business owner, is now one of those living with epilepsy. After years of raising money for cancer resources at Stanford-ValleyCare's Health Library in Pleasanton, Eric's friends decided it would be important for the library to designate a section on epilepsy resources. Hence, the corner of the library, named Eric's Corner, provides information and resources on epilepsy and seizures.

"For those confronting epilepsy, we are a community of people with experience dealing with the same issues you are and want to help you



Eric's Corner members at a national epilepsy conference in San Francisco.

learn, socialize and to live your fullest life," said Nostrand.

In 2011, Eric met Kim Zamrzla, a local epilepsy advocate, and they collaborated to get the non-profit organization, Eric's Corner, up and running where a website (ericscorner.org) was launched and a Board of Directors was formed of volunteers who have been affected by epilepsy. In addition, support and social groups were

started, community awareness and education programs were created, a newsletter was generated, and an annual golf tournament fundraiser was launched. Now, Eric's Corner has touched hundreds of lives in the community.

Eric's Corner was established to help navigate the various issues for those affected by an epilepsy/seizure diagnosis. Their website, events, support and social groups,



Eric's Corner supporters at a dinner celebrating epilepsy awareness month in November. The picture being held up is of an Eric's Corner member who passed away of SUDEP (sudden death due to epilepsy).

community outreach, newsletter, social media, and other resources offer educational opportunities to help individuals suffering from epilepsy as well as those in support roles.

"Our mission supports those in their quest to live vigorous and healthy lives, and to educate our community about this pervasive and often misunderstood disorder," said Zamrzla.

Eric's Corner Golf Scramble

Castlewood Country Club - Hill Course
with Dinner and Awards at SideTrack Bar+Grill

Monday, May 9, 2022

\$200 per golfer | \$800 per foursome | Limited to first 128 golfers

Register at ericscorner.org to play, sponsor or volunteer!

ericscorner.org
epilepsy resources

SIDETRACK
BAR+GRILL

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UNCLE Credit Union celebrates 65 years as trusted financial institution and vital community resource

UNCLE Credit Union, serving four counties in the eastern region of the San Francisco Bay Area and the Central Valley, marks its 65th anniversary this year. A \$636 million, full-service financial institution, UNCLE has been a trusted provider and major contributor to the communities it serves since its inception in 1957. The multiple award-winning organization has been recognized by both its industry and field of membership for excellence in service, culture, leadership, philanthropy, and financial strength and performance.

"This anniversary holds special significance for us as an organization dedicated to promoting the financial success of our members. It's symbolized by the blue sapphire — which represents loyalty, prosperity, trust and integrity," said UNCLE Credit Union Board Chairman Chung Bothwell, who for more than two decades has been instrumental in guiding the organization's strategic course. "As a cooperative, our returns are reinvested in the credit union to provide the products and personalized service that support our members in reaching important life goals, and creating a more secure financial future. Over six and a half decades, the confidence and faith that have been entrusted in us have enabled us to prosper and thrive for the benefit of our entire membership."

UNCLE Credit Union President and CEO Harold



Roundtree added, "We're honored to commemorate this milestone with a series of events and special offerings to be held throughout the year in each of the communities we serve. The planned celebrations are an excellent opportunity to express gratitude to our members, and to help raise awareness about the many ways credit union membership can help individuals and families improve their financial lives."

Festivities will kick off with six weeks of giveaways and sweepstakes leading up to UNCLE Credit Union's Annual Membership Meeting in early spring. A video to be displayed on the credit union's website will showcase the story of how the organization has evolved. Members will also have the opportunity to earn additional points on credit card rewards, and take advantage of limited-time rates on personal loans and certificates of deposit.



UNCLE raised \$1,812 for Good News Bears in March 2019, which were used to purchase teddy bears for those suffering illness, trauma, loss or loneliness.